

THE SLOOPER – 2017

The newsletter of Restauration Lodge 3-555

Monthly meetings held on the 2nd Friday at 7:00 pm unless noted. Book Group meets at 6:00 pm Wallingford Presbyterian Church, Wallingford, Pa

WE ALWAYS WELCOME NEW MEMBERS AND GUESTS - See you in September.....

Happy Flag Day June 14, Happy Father's Day June 18, First day of summer June 20, Happy 4th of July

RESTAURATION LODGE 3-555



Counselor: Greta Hodgson
 President: William Taylor
 Vice President: Greta Grozinski
 Secretary Barbara Meyer
 Publicity Director: Ken Johnsen
 Treasurer: Jorgen Flood
 Social Director: Sylvia Illuzzi
 Cultural Director: Kathy Dollymore
 Membership Chair: Charlotte Berg

Trustees: (Years remaining)

George Beck(3) Rick Nelson(2) Asbjorg Noonan(1)
 Auditors: Al Meyer/ William Hodgson
 Librarian: Charlotte Berg
 Literature Leader: Charlotte Berg
 Historian:
 Sports Director: Rick Nelson
 Hospitality: Betty Ann Alexander
 Community Coordinator: Sylvia Illuzzi w/Board
 Editor: Kathy Dollymore



The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members

Lodge Picnic Sat. July 17, 2016 11:00 a.m. Our 5th Year



Bring your family and friends. Hamburgers, hot dogs, and soft drinks will be provided. Bring a salad or dessert to share.

(And a lawn chair) Rick and Marilyn Nelson have again graciously offered their home for the lodge picnic.

Please call (610-793-1369) or e-mail (rrexnelson@aol.com) Rick if you plan to attend, so we will have a head count.

Directions to the Lodge Picnic— 914 General Wayne Drive, West Chester 19382

The major intersection nearest to the meeting address is at Route 1 and Route 202.

- From the intersection of Routes 1 and 202, go north 3.0 miles on Route 202 to Route 926W (Street Road).
- Turn left on Route 926 (the fifth stoplight along Route 202) and drive 1.6 miles to the entrance to the Radley Run development on the right (the Birmingham Township Police Station is on the left). You will have passed stoplights at S. New Street and Birmingham Road.
- Turn right on General Lafayette Boulevard at the entrance to Radley Run development and drive 0.9 miles to where General Lafayette Boulevard ends at Country Club Road.
- Turn left on Country Club Road and drive 0.4 miles to the first left, which is General Wayne Drive.
- Turn left on General Wayne Drive. Address is on the right, near the back of the cul-de-sac



President William's Message Hilsen All

My Forty Day Trip on a Transatlantic Cruise and time in Denmark and Norway was absolutely wonderful. This trip I visited Copenhagen, Kristiansand, Stavanger, Haugesund, and Bergen. Copenhagen is such a lovely city with many old buildings, palaces, statues and other art work; that I as a history buff really enjoyed. Also, I don't think I have ever seen so many bicycles in one place in my entire life. When you cross the street there, you not only have to watch out for the automobiles but, the hundreds of cyclists as well. They have their own lanes designated for them and you better not be in them when they are coming on those bicycles. My stays in Kristiansand and Stavanger were just to see the cities and enjoy what they might have to offer. I ended up walking, walking, and walking some more and those old cobblestone streets did a number on my feet and legs, but I always find those narrow alley ways and quaint neighborhoods so intriguing so I just kept on walking. My visit to Haugesund found me visiting with a second cousin and his wife for six nights. They took me on some interesting side trips, a hike, and also to a Model Train Club that my cousin is involved as a member. I also spent the 17th of May with them and marched in the parade as well as celebrated the rest of the day's activities with them. One of the neatest things I found was that they took the peoples parade up past the hospital so the patients and workers could see them, and also down past the retirement homes where the shut-ins could view them. There were rowing races, laying of wreaths, coffee, signing of songs and waving of flags, the children's parade, more coffee,

concerts, speeches, more coffee, then the organizations parade to wrap up the official part of the day and then of course, more coffee when we got home after a light evening meal. What an experience that was, and of course, my legs and feet took another pounding. I then moved onto to Bergen where I was supposed to meet another cousin whom I have not met before. Unfortunately, just as we had gotten together she received a phone call from a friend who is elderly and not feeling well and needed to go to the hospital. So, we only had an hour and a half together but, she invited me to come visit her next year when I go back over to Norway. I also spent four and a half hours at the Bergen Regional Office of the National Archives and continued working on my families genealogy. If somebody was to look at all of the pictures I took of the cruise and my time both in Denmark and Norway they would think that I spent all of my time under cloudy or rainy skies and I must admit it certainly seemed that way. Probably only 25% of the days were sunny if that many but, the experience and trip was absolutely wonderful in any case.

I would like to pass on a travel tip to anyone who is interested. When you travel over in Denmark or Norway it pays to either have an international cell phone plan or a tablet with you. The train, ferry, and bus tickets are all 20 to 33% cheaper if you purchase them prior to boarding. All you have to do is go to the website of whatever venue you are traveling on and purchase the ticket ahead of time using your credit card. Then either download it to your phone or tablet or have it e-mailed to you and then download it. Once you get onboard your public transportation just show the driver your electronic version of the ticket on your phone or tablet and you're good to go and you've saved a bunch of money.

Well, on to other lodge business. Our [lodge picnic is at Rick and Marilyn Nelson's home on July 15th](#). It will be from 11 AM until 3 PM (rain or shine). There will be activities and games for all to participate in as well as much food and good fraternal fellowship. You need to [RSVP no later than July 8th](#). This is so we know how much food, beverages, supplies, etc.... to furnish. Attendees are asked to bring a dish, snack, beverage, dessert. It is also recommended that you bring a lawn chair to sit on for the outside activities. Please RSVP to Rick Nelson (rrexnelson@aol.com). Also, please let him know what you are bringing so we can make sure that we have enough different items and not too much of one thing.

If any of you have any ideas or programs that you'd like to see, now is the perfect time to let either myself, Sylvia Illuzzi (Social Director), or Kathy Dollymore (Cultural Director) and tell us what you want to see, hear, or do. We are in the planning stages for next year's programs. If you feel you have a presentation that you would like to give let us know. We're always looking for ideas.

Our Cultural Groups are on summer hiatus for the most part, however, the language group the last I heard is still having some meetings. Contact Greta and William Hodgson at gretakenny@yahoo.com or call them at: 610-259-0884 for the schedule and meeting locations.

Other goings on around our district and local area is as follows:

The Wallingford Presbyterian Churches Strawberry Festival is on June 5th from 5PM until around 8PM.

Plenty of fun, food, and activities. If you have some time, come out and support the church whose facility we use as our lodge meeting place. Wear your Sons of Norway shirts and be seen.

The Land of the Vikings Board is hosting a Summerfest the weekend of August 11 through 13, 2017. This will feature a car show, food vendors, music and other activities. If you're looking for something to do this summer for a weekend come up and join us at Land of the Vikings. Members from all over 3rd District will be attending. Contact information for making reservations is: Bev Budrick the LOV manager at phone: 570-461-3500 or e-mail at: vikingland@tds.net.

Also being held at the Land of the Vikings on August 26th is the Annual Lobsterfest. Bob Carlsen is co-hosting this event along with Ellen Lindstrom whose group the Swedish Meatballs will be providing music. You can stay for the weekend or go up for the day. More information can be obtained from the facilities manager as well as making reservations: Bev Budrick the LOV manager at phone: 570-461-3500 or e-mail at: vikingland@tds.net.

Fredriksten Lodge has again asked up to join with them up at [Land of the Vikings for the weekend of October 6 - 8](#). A perfect time of year for observing fall foliage and you can bet that I'll have one of my infamous field trips planned for the local area. The more lodge members that we have join us the better the time we have. Again, contact information for making reservations is: Bev Budrick the LOV manager at phone: 570-461-3500 or e-mail at: vikingland@tds.net. Fishing season has opened and Land of the Vikings is only a few miles from some of the best fishing in the entire Northeast of the country along the upper Delaware River. What better way to do some fishing with your buddies, son, daughter, or grandkids than to stay up at Land of the Vikings for an extended weekend during fishing season. Give Bev a call at 570-461-3500 or e-mail at: vikingland@tds.net to make your reservations. You fish and they'll take care of the meals.

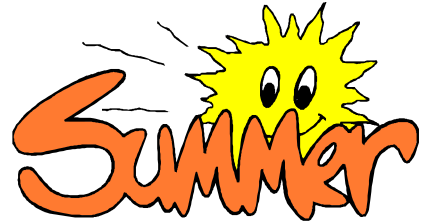
[Ole and Lena's Wedding](#) being held up at Land of the Vikings on [Veteran's Day Weekend \(November 10, 11, 12\)](#). Music will again be provided by Ellen Lindstrom. Contact Bev Budrick the LOV manager and make your reservations and join me. The facility phone is: 570-461-3500 or e-mail at: vikingland@tds.net.

Our [Next Board of Directors Meeting will be 26 August 2017 at 3:00PM at WPC](#). I hope to see as many of you as possible at our Lodge's summer picnic at the Nelson's home. It is always a wonderful time and the event is held rain or shine. So.. until then may you have fair winds and following seas. Fraternaly, William

From our Vice President Greta:

Vi skal ikkje sova bort sumarnatta,
Ho er for ljøs til det.

We should not sleep away the summer night,
It is too light for that.



This is an excerpt from a poem written by Aslaug Laastad Lygre, sadly enough while she was recuperating in a hospital ward for tuberculosis patients, and people were dying around her. How she craved being outside enjoying the midsummer night with fragrances, sounds and mystic that only Norway can offer. And everyone who spent a summer in Norway will understand her sentiment. The nights that are hardly dark at all; just the sun dipping down for then to rise again with early bird song, mist over the water, and buzzing dragon flies.

The Norwegians treasure the mid-summer night, the night before the 24th of June, which, according to Christian tradition, was the birth date of John the Baptist. According to the Gospel of Luke, it is written that an angel came to Mary and announced: 1.33: ...you will bear a son, and you shall name him Jesus. And further: 1.36: ...Your relative Elizabeth has also conceived a son in her old age, and she ...is now in her sixth moth.

Therefore, exactly six months before the birth date of Jesus, the Church celebrates John's Wake, in local language the "Johannesvake", better known as "Jonsok" or "St. Hans Night". The early Christians were eager to replace the old Viking celebration of mid-summer "blot" with the religious tribute to St. John, or Johannes. The summer blot (sacrifice to the Nordic Gods) had been a festive event with much heavy drinking, plenty of food, and dancing followed by romancing into the late night. It usually took place around July 14th. As the country was converted to Catholicism around year 1000, the Church left a heavy impact on the mid-summer celebration. Processions led by the local priest would walk through the seeded fields, carrying crosses, ringing bells, and praying for a bountiful harvest. Among the people the belief in the magic of the long summer night still prevailed. It was thought that the water had special power on the shortest night of the year, and wells, springs and rivers near a church were believed to have healing powers. Sickly, lame, and mentally disturbed people were known to bathe or spray themselves with such water. Among many other locations, the Mary Spring near Troemborg Church in Edsberg, and the Olav spring near Vatvaas Church in Sigdal were believed to heal a variety of human miseries on the St. Hans Night. When the old Hegland Church was torn down in 1845, a large number of canes and crutches were found in the attic, seemingly left behind by sickly people having been healed in the nearby river on St. Hans Night.

It was widely believed that plants and flowers had special magical powers on the longest day of the year. From Valldalen in Sunnmoere there are accounts of farmwives walking through the fields while they collected the prettiest flowers from each patch, tied them into a garland, and while wearing the flowers recited mystical songs and rhymes to the growing plants, thereby enticing the seedlings to render a good harvest. Flowers and herbs picked on a mid-summer night were also thought to have special healing powers. The folklore instructed to pick nine different plants and flowers on that night and keep them next to your bed for medicinal curing. Also if flowers picked on that night were kept under someone's pillow, the sleeper would dream about his or her future spouse.

Also children in Norway took an active part in the mid-summer celebrations. Boys and girls would dress up like brides and grooms and form a procession to the local church, eagerly cheered by the regular church goers. The procession was called a "Jonsok wedding", and in some locations the term was also used for weddings that were established on false premises.

Already in pre-Christian times the shortest night of the year was celebrated with a "brising", or bonfire. There were competitions among the land owners who would build the largest and longest burning fire. The smoke from the fire was thought to chase away evil spirits, particularly prone to lurk around on St. Hans Night. Boys competed among themselves who could jump the longest over the embers, or run the fastest through the smoke. The bonfire burned all night until only the embers glowed in the yearly day light, with forebodings of darker days ahead. Some youngsters spent the night in self constructed dwellings made of twigs and branches. Surely some mid-summer romancing occurred as a result of the outdoorsy sleeping arrangements. When the pietism in the early 1700 reached Norway, all worldly celebrations of the St. Johannes were discouraged by the church leaders. The idea of a strictly religious emphasis on the mid-summer celebration did not turn out to be very popular. In 1770 the St. Hans Day no longer was an official holiday, and the Norwegians felt free to celebrate the event in whatever fashion they pleased. And they did.

Today the ancient tradition of enjoying bonfires near ocean shores, inland lakes, and rivers is the most common celebration of the shortest night of the year. Live music, dancing and grilled food are part of the festivities. Local communities may arrange transportation for the old and others to and from the local bonfire, and arrange for games and races for the children. I venture to say that St. Hans night is the third most popular festivity after Christmas and the Independence Day.

So make a point of lighting something this 23d of June, the grill would be great – or even a candle on your table. And imagine the summer spirits of Norsemen lurking in the dark. Maybe you will see the shimmer of a summer pixie fluttering among the bushes. And just to be on the safe side, pick nine different flowers to decorate your bed stand.

Have a great summer!

References: Norwegian Institute for Cultural Studies, Wikipedia, The Bible, Ynglinge-saga (Snorre's King Sagas).

From our Literature Leader Charlotte



Note: We have a library of books and movies for members even if you are not part of the Literature Group. Enjoy your summer reading and come back in September and add your views. Come see what we have for your reading and viewing pleasure.



From our Social Director Sylvia:

We are working on the agendas for the upcoming year. We hope you attend the meetings to enjoy and become part of the programs. In the meantime, enjoy your summer and hope to see you at the Nelson's July gathering.

From your Editor / Cultural Director Kathy:

Midsummer in Norway---Historical Roots

St. John's Day or *Jonsok* is celebrated on June 24 and is a religious holiday commemorating

the birth of St. John the Baptist. Prior to the introduction of Christianity to Norway, the date was used to celebrate the summer solstice, the longest and brightest day of the year. Because of the dual history surrounding the date, the remaining Midsummer traditions are an amalgamation of both Pagan and Christian customs.

Did you know?

- The practice of "awakens" the sun. It was also thought to roam
- According to folklore, medicinal plants and herbs were believed to be at their peak potency during the summer solstice, lending support to the belief that supernatural beings were prone to scour the countryside collecting ingredients for their potions at Midsummer.
- In the 19th century it was popular in western Norway for children to dress in bride and groom outfits and participate in mock weddings as a symbol of new life.
- According to Christian legends, the crucifix at Rødal stave church in Norway was believed to contain special powers. During Midsummer, the crucifix was said to sweat, giving off healing power to those who touched it. Devotees made annual pilgrimages to the church up until 1840.
- St. John's Day was observed as a public holy day in Norway until 1771.
- The most popular foods consumed on Midsummer's Eve are fire roasted items like hot dogs or pølse and picnic fare such as pickled herring, smoked salmon or open-faced sandwiches. Norwegian strawberries and *rømmegrøt* are also common treats.
- In celebration of Midsummer the Norwegian town of Ålesund constructed a massive bonfire of wooden pallets 132.71 feet in 2010



John the Baptist. Prior to the introduction of Christianity to Norway, the date was used to celebrate the summer solstice, the longest and brightest day of the year. Because of the dual history surrounding the date, the remaining Midsummer traditions are an amalgamation of both Pagan and Christian customs.

lighting bonfires during Midsummer comes from the belief that fire ground for the next growing season and gives renewed strength to the land. It is also believed to scare away evil supernatural spirits and witches who were more freely this time of year.

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St. Olav's Day....July 29



The feast day of St. Olav (995-1030), also known as **Olsok**, was at one time observed throughout Norway, although today the primary celebration takes place in Trondheim. It commemorates the death of Olav Haraldsson—the second King Olav—at the Battle of Stiklestad in the year 1030. By 1070, work had begun on Nidaros Cathedral, which was erected over King Olav's grave and drew crowds of pilgrims during the annual Olsok days throughout the Middle Ages. Although it is said that King Olav did not display many saintly qualities during his reign (1015-28), he was responsible for introducing Christianity, and legend has embellished his reputation over the years, so that today he is also considered the champion of national independence.

St. Olav is the patron saint of Norway, and his name is identified with the highest Norwegian civilian decoration. The anniversary of his death is still marked by religious services, fireworks, and public merry-making. Every year the battle in which he died is reenacted by a large and colorful cast, occasionally drawing a well-known actor such as Liv Ullman, during the **St. Olav Festival** in Trondheim.



Learn Norwegian this summer for FREE!
 Duolingo has an online course in Norwegian that is brand new and FREE. Be sure to check this site so you can start learning this summer. Perhaps we can all be fluent by the fall, or at least say hello, nice to see you again. We'll try it out! Wouldn't that be nice?
 Check this out: [https://www.duolingo.com/course/no-BO/en/Learn-Norwegian-\(Bokm%C3%A5l\)-Online](https://www.duolingo.com/course/no-BO/en/Learn-Norwegian-(Bokm%C3%A5l)-Online)

JUNE, JULY, AUGUST BIRTHDAYS

GRATULERER MED DAGEN



HAPPY BIRTHDAY
JUNE

- Cooper Beck
- Jonathan Beck
- Karen Engeseth
- Erik Flood
- Jorgen Flood
- Edith Strickler

HAPPY BIRTHDAY
JULY

- Jonathan Forrest
- Josephine Horton
- Doris Jensen
- Ken Johnsen
- Rayna Miller
- Margaret Brinson

HAPPY BIRTHDAY
AUGUST

- Christopher Cripps
- Bernadine Geary
- Aidan Miller
- Annika Nelsen
- Sherryl Ann Strand
- Sonia Forrest
- Arve Holt



Crownprincess Mette Marit's birthday (Kronprinsesse Mette Marits fødselsdag)



A donation is only \$5.00 per year. Become a booster Send a check to **Jorgen Flood**- 719 Bradford Terrace, West Chester, Pa 19382 Make it out to **Restauration Lodge**, in honor of, in memory of or tusen takk. Mark Booster in memo line. **ALL DONATIONS APPRECIATED.** I have room for more members that would like to join us. The dates following the names denote the end of this annual support

Restauration Boosters

- | | |
|-----------------|-------|
| Rick.Nelson | 2/22 |
| Karen Engeseth | 4/18 |
| Kay Childs | 4/18 |
| Greta Goszinski | 1/18 |
| Arve Holt | 12/26 |
| Sheryl Strand | 12/18 |

In Memoriam

Signe, Carl and Roy Jahren
 (by Sylvia Illuzzi) 1/18

Congratulations from



Fra Presidenten, Mary B. Andersen, June 2017

Mange bekker små gjør en stor å.

Many small streams make a large river



Streams ebb and flow as do our lodges. If you look closely there is a rhythm to our lodges and each is unique. Some lodges hunker down and “go dark” for the winter coming to life again when Spring arrives. Other lodges suspend formal meetings in the summer and turn to more casual activities like picnics.

There are times when melting snow or heavy rain causes the stream to flow swiftly; it’s power is amazing. In times of drought, a small trickle of water may reveal the stream.

Let’s harness the power of the stream by engaging our lodge members. Let the stream of new ideas flow. If the water gets too rough, try to redirect it. Better yet, before you try to redirect, go for the ride, it could be wild and exhilarating. Try not to dismiss new ideas, but rather adapt them to the

uniqueness of your lodge. A little tweak here or there could make all the difference.

When the stream begins to dry up, look for any logjams that prevent the water from flowing (“we never done it that way before”) and offer encouragement to those leery of change. Look for bends in the stream that may be diverting the water (“don’t like driving at night”; “too many after school activities on the night of our meeting”) and see if you can remove obstacles (e.g., ride sharing, meet at a different time every now and then). Don’t be afraid to put your toe in the stream and take the pulse of your lodge, its activities, its members. Is it time to restock the stream with new ideas? Is it time to give your long serving lodge leaders a break? or just offer help navigating the ebbs and flows of the stream?

Think about your lodge as small stream which together with other lodges in the Third District create a larger stream. Likewise, think about each District in the Sons of Norway as a stream, and we have a mighty river! Always remember that you are not alone, you are part of a larger vibrant organization. Maybe it is time to explore new waters, see what other lodges do and gain new ideas? Have a safe, happy and health summer!

All the best, Mary

Dear Dennis,

Here is a copy of the letter I sent to the “Viking Magazine.”

The 99th Infantry Battalion (Sep.), perhaps better known as the Viking Battalion, is celebrating the 75th anniversary of its activation this year on Saturday August 12th

Could you please have your Newsletters contain the following information:

On August 12, 2017, the 99th Infantry Battalion (Separate) will be holding it 75th Anniversary of its creation at Camp Ripley, MN. We are looking for any member of your lodge who may have served in this battalion, or if any Sons of Norway members have any information about the battalion, it would be greatly appreciated.

This 99th Battalion was made up of Norwegian Americans who could speak fluent Norwegian and could ski, well as Norwegian seaman who were left without a place to go when Germany invaded Norway. If you have any names of people who served and were Sons of Norway members, or any memorabilia they would consider contributing to the 99th Infantry Battalion (separate) museum at Camp Ripley please let me know. You can reach me at dennisrusinko@aol.com or call me at 612-789-2272 or my mailing address at Dennis Rusinko 617 24th Ave NE. Minneapolis, MN 55418

at Camp Ripley, Minnesota. These soldiers were all Norwegian Americans or Norwegian nationals, and the criteria for joining was the ability to speak Norwegian. The board members of the Educational Foundation represent the soldiers, and friends and families of these soldiers. Over the years, we keep up with reunions, we support the display of the 99th at Vesterheim Museum in Decorah, Iowa, we offer DVDs of Steinar Hybersen’s “Viking Battalion” and Gerd Nyquist’s book, “99th Battalion” for sale, we present the history of the 99th to groups such as Sons of Norway lodges, we participate in presentations with others regarding WWII, and we are collecting and archiving photos, records and memorabilia of the 99th all to keep alive the history of these soldiers.

The Foundation extends an invitation to all members of Sons of Norway to participate in our celebration. We hope many will join us, certainly, there are members whose relative or friend was one of these special soldiers who fought so bravely through WWII and ended their tour of duty in Norway after the liberation in 1945. The Anniversary event will be held at Camp Ripley, site of the activation. Starting at 1:00 in the afternoon, in the area in and around the Minnesota Military History Museum, there will be WWII reenactment soldiers, Viking reenactors, an Antiques Roadshow of 99th photos and memorabilia, and tours of the museum which includes a section dedicated to the 99th – all this while the Red Rock Swing Band entertains with music. Our anniversary dinner will be at 6:00 held in the Hangar at Camp Ripley. Our guest speaker is world renowned historian Dr. Odd Lovoll, speaking on life in Norway during the war. - A \$20.00 advance charge for dinner is required; send a check to the 99th Inf. Battalion (Sep.) Ed. Foundation, P.O. Box 14521 Grand Forks, ND 58208-4521.

We hope the Sons of Norway will be represented at our celebration. Anyone wishing to bring and share photos and memorabilia is encouraged to do so. Come and learn, make friendships and renew old ones with us. Regards,, Irene Starck Thomas, board member - 320-843-3967



In the picture of the 3 students behind the table they were preparing the waffles. You can see the waffle irons, and the pitcher of batter. In the picture of the 3 adults, it is the two Chefs and me. Greta Hodgson took the pictures. The event took place on March 25th, which is Waafeldagen (W + a with a circle over it). Waafeldagen at the American Swedish Museum is open to the public for a price of about \$12.00--all you can eat waffles, strawberries, whipped cream and coffee--What's not to like??? We saved enough on the lower price for members and the members' discount in the Gift Shop, to make becoming members worth it for us. By the way, the Gift shop has some high-quality items and even a few Norwegian selections! We would do Waafeldagen again! The students are in the Culinary Arts program of the Murrell Dobbins Career and Technical Education (CTE) High School, located at 2150 W. Lehigh Avenue, Philadelphia, PA 19132. I am a Spanish and Social Studies teacher there



FLAG DAY, JUNE 14, 2017

Show your pride for the USA! Display your flag and thank God for all His blessings!

Father's Day is on SUNDAY, JUNE 18, 2017

Thank you to all fathers for all they do for us and how special they are!



NEW KRONER DESIGNS SPORT A MODERN LOOK The Central Bank of Norway (Norges Bank) has unveiled a series of new kroner bills that will be phased in beginning in summer 2017. The designs are a departure from the current Norwegian banknotes in several aspects. This will be the first Norwegian money that does not feature a human face. All of the motifs pay



tribute to the sea, which has played a pivotal role in shaping Norwegian culture. Norges Bank held a design contest, proposing the following themes:
 50-kroner: The sea that binds us together
 100-kroner: The sea that takes us out into the world
 200-kroner: The sea that feeds us
 500-kroner: The sea that gives us prosperity
 1000-kroner: The sea that carries us forward

Norwegian suksessterte is one of the easiest ways to celebrate spring and Norway all in one go. This classically Norwegian cake is often eaten during Easter but also during confirmations where young Norwegians are affirmed into the Church of Norway, christenings, and birthdays. If you receive this cake as a gift or if one is made for you during one of these events, make no mistake, you are loved and you are special. Norwegian suksessterte, or suksesskake as it is sometimes called, is eaten to mark special occasions, usually ones a bit more official or stately if you will. If you want to be extra fancy, double this recipe and make a two-layer version. Norwegian suksessterte, or “success tart,” features a custard frosting and gluten-free almond meringue sponge. It is made with ingredients you find in every grocery store. It’s not overly expensive to make, is always a crowd pleaser, and is, like most Norwegian cakes, uncomplicated.

Suksessterte

Custard frosting:

100 ml (1/3 cup + 1 tsp.) heavy cream
125 g (1/2 cup + 2 tbsps.) granulated sugar
4 egg yolks
1 vanilla pod, seeds removed
150 g (1/2 cup + 2 tbsps.) butter

Gluten-free almond sponge:

4 egg whites
150 g (1 1/2 cups) powdered sugar
150 g (1 cup) ground almonds



Vanilla custard frosting:

Combine the cream, granulated sugar, vanilla seeds, and egg yolks in a saucepan. While continually whisking, bring the pan to a medium heat until the custard is thick enough to coat the back of a spoon. This should take about 7-10 minutes. Strain the frosting through a fine strainer or sieve and mix in the butter. Allow to cool slightly, then cover with plastic wrap and place in the fridge. Allow the mixture to cool for around 2 hours, or until thoroughly cool and thick.

Gluten-free almond sponge:

Preheat your oven to 175C/350F. Using a standing mixer or hand mixer, whisk the egg whites until soft peaks form, then mix in the powdered sugar and chopped almonds by hand. Place the mixture in a greased spring form pan and bake for 30-35 minutes or until the edges slightly pull away from the sides. Allow the cake to cool on a baking rack for 30-45 minutes, then assemble. Smooth the frosting over the top and sides of the cake sponge, then decorate with chopped almonds, mini chocolate chips, almond slivers, or shaved dark chocolate. Serve at room temperature. For Information about Norway and more recipes check out [The Norwegian American](http://www.norwegianamerican.com/) <http://www.norwegianamerican.com/>



ENJOY THE
SUMMER