

3D



SONS OF NORWAY

Shared values. A simple promise.



Third District Today

3D SofN Facebook Page

<https://www.facebook.com/TheThirdDistrictoftheSonsofNorway>

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.



Fra Presidenten, Mary B. Andersen, October 2016

"hooked on a feeling" from a BJ Thomas song

As I write this letter, I have just returned from a weeklong trip to Maine. My goal was to disconnect from electronic media and get out and walk. Since I went with the Philadelphia Trail Club, walk I did!!! But as they say, it is not the destination it is the journey. While planning for my trip I contacted Charlie and Sally Abrahamson from Maine Nordmenn (Charlie was a 3D auditor and LOV treasurer; Sally was the LOV Marketing Director. Charlie and Sally were also instrumental in forming the Maine Nordmenn lodge.) I mentioned that I was going to Acadia and asked if I would pass them along the way; their response we have a spare bedroom with your name on it!

We had some great discussions regarding the Sons of Norway and agreed that the feeling of fraternalism can't be beat. That fraternalism is experienced at the local lodge level, the Zone level and the District level. The fraternal feeling extends to the District President's meetings, the International Board and the home office staff.

The question is do we take full advantage of it? Do we reach out to other lodges whether they are in our zone or not? When you travel through other Districts, do we look to see if there are any SofN lodge activities that fit our travel schedules? Do you read other lodge newsletters for programming ideas and information about their lodge? It is a great way to get to know people from other areas.

We are entering our holiday season where many lodges have bazaars, festivals and great food!! Step over the boundary lines of your lodge and visit other lodges; you will be glad you did!

All the best,

Mary

PS: I forgot to mention that Charlie and Sally took me on a tour of some local lighthouses, check out the pictures in Photos from the Third District.

October 2016 Third District Today (TDT) prepared by Mary Andersen and Kathy Dollymore and all the contributing editors!!!

Vice President Kathy Dollymore

Strong, healthy lodges have members who are engaged, excited and happy to share their experience with others. Help your lodge members be those kinds of members —whether they're new to Sons of Norway or longstanding members. Get new members engaged - New members join because they want to belong to something meaningful—and they want to know that their involvement is important. Help them feel valued and appreciated from day one.

- **Host a new-member orientation.** Welcome new members with a new-member orientation. It's an opportunity to provide them with a better understanding about your lodge and learn about their interests and skills.
- **Conduct an initiation ceremony.** Members only get initiated once—so make it memorable. Help other members get to know the new member by including details about their life and interests in your introduction. This is also a good opportunity to show your appreciation to the sponsoring member.
- **Show them they're needed.** Assigning a new member to a committee can also help to engage special talents and interests. Alternatively, giving new members a simple task connected to a meeting or project can help them feel like part of the team. If they miss a meeting, follow up and let them know you noticed.
- **Ask for their feedback.** After new members are initiated, you might consider asking some of them to meet casually with some board members. A new person's input can provide a new perspective. A few months later, you might take the time to survey them to get a better sense of how they feel about the lodge

Charitable Trust – Peter Hanson – Counselor

If you're a member of the Third District you can feel very proud of the fact that we are the only District in the Sons of Norway organization that has maintained a Charitable Trust. We are happy to provide financial support to members who otherwise would be in financial distress without the help we provide. We currently support three members through our Charitable Trust via donations from our lodges, members and the gains we make with our investment portfolio at Morgan Stanley. The investments are doing well but without donations from our lodges and members they can not keep pace with the demand. You should know that if each the 5,000+ members in our District were to make a one time donation of \$2.50 we could cover our current expenses for the entire year without touching our investments. Think about how much assistance we could provide with a \$5 or \$10 one time gift. Please consider a donation as we finish this calendar year. You can easily find the donation forms on the website at www.3dsofn.org.

Pete Hanson, 3D Counselor

A Note from your Secretary, Karen Olsen-Helmold

Fall is here and many lodges have begun their busy schedules once again. In the near future I will need information from each lodge regarding the date, time and place of your Installation of Officers. If you are not scheduled to have an installation of officers in 2017, I would appreciate knowing that also. Please request your Installing Officer as soon as possible. That request should be sent to me at kolsen2@verizon.net. I will also need a list of your officers to be installed but that can be sent at a later date.

The next item we must concern ourselves with is the 2017 3rd District Directory. For that, I would ask that you send me that information as soon as possible. Again if at all possible please send it to kolsen2@verizon.net.

Lastly, (for now) I will need to know if your lodge wants any extra directories and if so how many. Each lodge gets one complementary directory. Additional directories are available for a small fee. There will be an updated order form on the website with my contact information and the cost for additional directories in a few weeks.

Thank you for your cooperation in these matters. Knowing how hectic the holiday season can be, I ask that you address each item as soon as the information is known to your lodge.

I wish all the lodges a very successful 2016-2017 season. If you have any questions or concerns, please do not hesitate to contact a member of the 3rd District Board. We are here for you!

Gail Martinsen, Cultural Director



One of the lesser known Norse Goddesses is Sól, the Sun Goddess. Her brother is Máni, the Moon God. Their mother, Mundilfari was killed by a wolf. Sol rides through the sky in a chariot pulled by her horses Alsvid (all swift) and Arvak (early riser) during the day. The gods put iron cold bellows below the horses' shoulder blades to keep them cool during their travels. Máni, rides in his own chariot throughout the night. Both Sól and Máni are chased daily and nightly by the evil wolf brothers, Sköll and Hati trying to devour them. Once in a while Sköll gets close enough to Sól to get a bite out of her causing an eclipse! Hati chases Máni throughout each night. Fenrir, the arch-wolf is the father of Sköll and Hati and their mother is the giantess Hrodvitnir. Eventually, Sköll and Hati succeed in devouring Sól and Máni at Ragnarök causing the sky and earth to darken and collapse!

Following is a verse from the medieval Icelandic historian [Snorri Sturluson's](#), [Eddic](#) poem, "[Grímnismál.](#)"

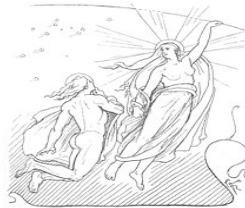
**Skoll is the name of the wolf
Who follows the shining priest
Into the desolate forest,
And the other is Hati,
Hróðvitnir's son,
Who chases the bright bride of the sky.**



"The Wolves Pursuing Sól and Máni" by J.C. Dollman (1909)



"Far away and long ago" (1920) by Willy Pogany.



A depiction of Máni and Sól (1895) by Lorenz Frølich.



The Trundholm sun chariot from the Nordic Bronze Age, discovered in Denmark.

Have a Happy Leif Eriksen Day,



Columbus Day



and a fun Halloween! Gail



"The Son" by Jo Nesbø



I just finished "The Son" by Jo Nesbø and found it hard to put down! Jo Nesbø said that "The Son" was inspired by the bible! Jo's character Harry Hole isn't included in this novel! Sonny Lofthus is the main character! Sonny's father was a policeman in Oslo and Sonny planned to follow in his footsteps, until the day his father was found dead! Sonny's father left a note for Sonny and his mother claiming that he took his life because he was afraid he would soon be discovered as a corrupt cop! It broke the hearts of both Sonny and his mother. She sought comfort with alcohol and Sonny gave up on his dreams and went to heroin! At 18 years old he is arrested and put in one of the most inescapable prisons in Norway! It is, also, very corrupt! Sonny spends 12 years as a prisoner. He is very quiet and liked by all of the prisoners, many go to him and confess their crimes, etc. hoping he will bless them! Sonny ends up serving time for crimes he didn't commit, which covers up for the true criminals. As payment the Prison Chaplain delivers heroin to Sonny in his cell. Many of the prison staff is under the control of the most evil crime overlord in Oslo! One day a prisoner suffering incurable cancer comes to Sonny in his cell to confess his sins. As Sonny is listening he learns the truth about his father! Sonny learns that his father didn't commit suicide! Sonny escapes from the prison and hunts down all of those guilty of the horrific crimes against him and his family! During which time he finds some

good people who teach him love and respect. In the end the corrupt prison superintendent and “The Twin” (Oslo’s most evil crime lord) get what’s coming to them!

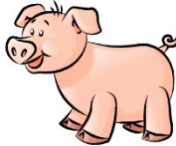
Mørbrad Bøfmedlød Løg (pork fillet with crispy onion rings)

From “Danish Food & Cooking” by Judith H. Dern

Here tender roast pork is garnished with 2 other Danish favorites – the much loved remoulade & delicious crispy onion rings – to make this traditional open sandwich.

Makes 4.

1 pork tenderloin, 1 LB 6 oz
2 slices rye bread
buttermilk
2 leaves lettuce
4 sprigs parsley
¼ tsp. remoulade
4 tomato slices



For crispy onion rings

1 small onion, thinly slice, rings separated
1 cup

salt & white pepper
1 ½ cups all-purpose flour
1 cup vegetable oil, for frying



Preheat oven to 375. Place pork fillet on a rack in roasting pan. Season with salt & pepper. Place pork in preheated oven & cook until meat is no longer pink & juices are clear or internal temperature reaches 160, about 1 hour. Allow pork to rest for 15 minutes before slicing 16 slices about 1/4 “thick. Meanwhile, make the crispy onion rings. Pour the buttermilk into bowl & season with salt & pepper. Add onion rings, tossing to coat evenly & leave to soak for about 10 minutes, then drain, discarding the buttermilk. Place flour in a shallow bowl. Dip the onion rings in the flour to coat them on all sides. Shake off any excessive flour. Heat in the oil in a frying pan. Fry the onion rings in batches, over medium heat until golden brown. Drain on kitchen paper. Butter the slices of bread to the edges, top with lettuce leaves & cut each in ½. Arrange 4 pork slices on each sandwich. Arrange 5 to 6 crispy onion rings over the pork on each sandwich & garnish with 1 tsp. remoulade, a slice of tomato & a parsley sprig.



“Great-Great Aunt Zella’s Kringlas”

From “Tea Rose” by Erin Kelley Marchall

½ cup softened butter	2 egg yolks	1 tp. baking powder
1 ¼ cup sugar	1 cup buttermilk	½ tsp. salt
	3 cups flour	½ to 1 tsp. ground cardamom

Preheat oven to 350. Cream together butter & sugar until light. Beat in the egg yolks. Blend in the buttermilk. In a separate bowl, stir together the remaining ingredients. Blend into creamed mixture & beat well. Divide dough in ½. Wrap each ½ in plastic wrap & place both halves in the freezer for 2 hrs. Work with ½ at a time, leaving the other ½ in the freezer until ready to use. Divide each ½ into 18 pieces. With floured hands roll dough pieces on floured pastry cloth into 7” ropes. Handle dough as lightly as possible. It will be soft, so flour hands & surface often. To shape, bring ends together, overlapping slightly. Twist once forming a figure 8. Place on greased cookie sheet. Bake for 12 to 14 minutes or until lightly browned on the bottom (tops will be pale). Repeat with remaining dough.

Brad Thor - Author



Bradley George Thor, Jr. – Born August 21, 1969

Brad Thor was born on August 21, 1969 in Chicago, Illinois. His family is of Swedish descent and Thor is their real name. He is one of my favorite American authors! I have every book he has written! He was raised in Chicago until he was 8 years old. As a boy Brad loved watching Roy Rogers and the Lone Ranger. The main reason he loved those series wasn't for Roy Rogers or the Lone Ranger, but, for Silver and Trigger! He loved the horses for their loyalty and being such great sidekicks! When Brad was 9 his parents divorced and he was heartbroken! But, before the divorce his parents had a lakeside home in southern Wisconsin and there he fell in love with horses. One of his favorite book series as a child was "Black Stallion". The series showed how powerful and independent horses were and they inspired him to be able to get through the trauma of his parent's divorce! The series helped him to feel powerful and eventually gave him an appetite for reading and a passion for writing. Brad's father was a former Marine and a businessman. He tried to get Brad to study business in college, but, Brad found the subject boring. He graduated from Sacred Heart Schools in Chicago, the Francis W. Parker School and the University of Southern California. He graduated from the University cum laude, where he majored in creative writing, film and TV production. Before writing novels Brad won awards as a creator, producer and writer, plus, he was host of the national public television series "Traveling Lite." Brad was a member of the Department of Homeland Security's Analytic Red Cell program. His novels have been published throughout the world including Norway, Denmark and such places as China, Thailand and Russia!! Scot Harvath, a former Navy Seal and now a counterterrorism operative, is the main hero in Brad's numerous novels. Brad married his wife, Trish in 1998. She is a doctor. On their honeymoon during a meal in Italy, Brad told Trish his desire to write and publish a novel. She suggested that he take a few hours a day to write. While on a train from Munich to Amsterdam, they met a brother and sister from Atlanta. They all discussed their love of books and Brad said that he would love to write a novel. The sister told Brad that she was a sales rep for Simon & Schuster. She suggested that he should send her a manuscript when was ready. So, he wrote "The Lions of Lucerne" which was published in 2002. It wasn't a bestseller, but, it was good enough to get him a 3 book deal!! His latest book is "Foreign Agent". He and Trish have moved from Chicago to Nashville, Tennessee and they vacation on the Greek island of Antiparos.

Norwegian Elkhound



The Norwegian Elkhound is of the ancient Spitz Breed and is the National Dog of Norway! They have been found buried in the Viking Burial Grounds! Their original Norwegian name Norsk Elghund means Norwegian moose dog. He is known for his courage in tracking and hunting elk, moose, bear and wolves. The Norwegian Elkhound is a courageous, friendly, loyal, playful, protective, social and alert medium purebred. He weighs up to 51 pounds, stands up to 20 ½ inches, he has a coarse, straight coat with a soft undercoat. His fur has a black and white coloring, often stated as grey or silver. An ideal elkhound has a tightly curled tail. He needs lots regular exercise. He is easy to train, willing to obey and listens well. The Norwegian Elkhound is a great watchdog plus they're good at herding, tracking, hunting and sledding. He is found to be above average in working/obedience intelligence. He is very adaptable, he can respond and alter to the environment. As a watchdog he will bark and alert their master about an intruder. His life span is 12 to 16 years, but, some have lived to 18 years and older. But, his best qualification is that he is great with children and will be an excellent family pet! He was recognized in the Kennel Club is 19

Andy Mathisen, 3D Sports Director

No Report Issued

Zone 1 – Stephen Helmold–Director

Zone One Happens

Oct 21-23rd Zone 1 & Zone 4 at LOV

Nov 6th-Norden Lodge event to see “Young Frankenstein” at the Star Playhouse

Saturday, November 12th Loyal Lodge’s Scandinavian Bazaar

Friday, January 20th Henrik Ibsen officer installation at St. Mark’s Church.

Sunday January 22nd Norden & Loyal Joint Officer installation at St. Peter’s Church at 1PM.

Saturday, March 18th Zone One Cod Fish Dinner at St. James Lutheran Church.

March 19th Norden Lodge will host the Lord of the Dance by the Red Hot Mamas.

April 30, 2016 Norden Lodge celebrates 80 years at the Marconi Manor, Islip

Zone 2 – Alan Lokensgard – Director

No Report issued

Zone 3 – Paul Kornbrekke – Director

NOREG LODGE:

Noreg Lodge is adopting a family of 4 with 2 special needs children that has fallen on hard times for Christmas presents

The **Ladies Auxiliary Annual Scholarship** to a Marlboro High School recipient was won by Jessica Campisi. Jessica's plan is to become a Psychiatrist. She would like to get her Biology degree at Seton Hall University where she plans to develop the fundamental understanding of basic sciences that she will utilize throughout her career. After attending Seton Hall she plans to attend Medical School. Jessica writes "as medical school is both difficult to get into, and to pay for, this Scholarship would aid me greatly in paying for my undergraduate tuition and could relieve some of my debt as I enter medical school"

Oktoberfest! October 15th 2:00PM \$15per person Soup, Wursts, Potatoes - Music & Fun get your tickets at October 1 business meeting or RSVP to cabrem26@gmail.com [732-842-2751](tel:732-842-2751) by October 12. Takk og Se Deg Der!
Bazaar - the bazaar is coming soon and we need help. Saturday Nov 19th is the day - have you never worked at the bazaar? It's fun, and lots of people come in their bunads and scandi sweaters. There is Shopping for Scandinavian items and eating Norwegian meatballs.

Zone 4 – Kari Williams – Director

HUDSON VALLEY LODGE # 432: Lodge members will have a dinner on October 8th to celebrate Leif Erickson. On November 6th there will be a Craft Fair held in Freehold, NY. Lodge members and family and friends will celebrate Christmas on Saturday, December 10th.

NORSEMEN LODGE # 572: On October 8th the members will be "Digging our roots", on November 12th members are asked to bring food for the Food Bank, and enjoy a Harvest Pot Luck Dinner. December 10th in the annual JUL Party.

NORRONA LODGE # 467: Lodge had a dinner at a local restaurant on Sept. 25th No further plans announced.

OSLO LODGE # 438: Members had language class on September 17th, and "Visions of Norway" by Milton Franson. No further plans announced.

TROLL LODGE # 476: On October 14th, the lodge will celebrate Leif Erickson, and members will serve an Oktoberfest Dinner of Brats, German Potato Salad and more. On Saturday, November 12th is the annual Scandinavian Holiday Fair in Mahopac. On Saturday, December 10th is the annual Christmas Party at the Traveler's Rest.

SCANDINAVIAN HERITAGE SOCIETY LODGE # 433: Lodge members celebrated the lodge's 70th Anniversary on September 17th in Rochester w/ an interactive program. On October 15th, visiting the lodge will be Jason

Hoffman to discuss Scandinavian Exchange, and November 19th Joan Callahan will tell of her Summer Adventures. December 2nd is Lutefisk Dinner.

Zone 5 – Ingrid Hammen– Director

First I want to thank everyone for their get-well wishes this summer. After my wonderful trip to Norway and Denmark in July, I became severely sick and ended up in the hospital for 5 days. Thankfully, a lot of praying by me, and my family and friends worked ... and I was released from the hospital. Being home again was magic – my cats went wild! Mange tusen takk to my “Great White Spirit” who answered my prayers.

Gateway to Florida – Jacksonville - will be having a Leif Erikson Celebration and Viking Boat Regatta the weekend of October 7th and 8th in St. Augustine! This is always a fun time for the lodges in Florida who come together to renew friendships and have fun racing our Viking ships! Kent Larson tells me that there should be four Viking boats racing in the regatta! There will be a ZONE 5 meeting on Saturday, October 8th after the regatta. If your delegates and/or alternate delegates cannot attend, please send a (delegate at large) to represent your lodge at this meeting.

Gulf Coast Vikings – Gulf Coast Vikings Board of Director’s has been busy planning entertainment and programs for 2017. They will be holding three fundraisers next year – Paperback Book Fundraiser, Scrip and selling Scandinavian Kitchen Witches (you better ask Shelley or Harriet about this!!!) They will also have their Jultrefest on December 10th at the Plantation. Their first meeting of the fall was September 17th and it was their annual Suppe Natt!

Gulfstream – Gulfstream lodge met on September 11th. They had a moment of silence to honor the people who perished 15 years at the four tragic events that occurred that day. After their dinner, a social service worker from the Martin Nursing Home in Stuart gave a presentation on Living Wills, DNR’s, Durable Powers of Attorney and other things that seniors should be aware of. Gulfstream also had a picnic in June at the Hammen residence in Port St. Lucie. Each year they pose in front of their Viking boat, Falken, for a group picture and then it is posted on their Facebook page. Gulfstream is having their 45th Anniversary Celebration on Sunday, November 6th at the St. Lucie BPO Elks Lodge #2856 in Port St. Lucie, FL. All Sons of Norway members are invited to attend. The cost is \$15/pp and reservations are needed. A flyer will be coming out soon about this event!

Lauderdale Lodge – Lauderdale Lodge has sent around a flyer inviting members of Sons of Norway and guests to their annual Halloween Hostfest on Saturday, October 8th at 7 p.m.! There will be a costume party for the children. This will take place at the Scandinavian Center, 2950 S. Flamingo Road, Davie, FL. Menu: Pork Roast w/sauerkraut, whole green peas, carrots and potatoes Price at the door: Adults - \$25.00*, Children under 12 – Free Please bring desserts or cookies to share and donate raffle items.

Email: ginesilveira@aol.com or call us at 954-2434506 to let them know you are coming!

I will be in touch with the other lodges very soon to find out what’s been happening the past few months. I will have a more thorough report in the next 3D Newsletter (TDT). Mange tusen takk! , Ingrid

Sun Viking

Sun viking celebrated its return to meetings in September with lodge-supplied hero sandwiches and a cake which said "Welcome Back!" Members provided side salads. A nominating committee for elections of 2017 officers was asked for and VP Larry Field volunteered to chair the committee. We closed with "Happy Days Are Here Again."

October's meeting will celebrate Leif Eriksen Day (October 9) with open-faced sandwiches provided by members, and a cake from the lodge. For fun, members may wear Halloween or Viking costumes, with voted-on best will receive a gift card. Randi T. Haverstrom, President

Zone 6 – Eric Bjorseth– Director

RESTAURATION LODGE

Friday October 14- Have you read your Viking Lately??

Program on articles from the Viking Magazine and questions, answers, prizes.

Wallingford Presbyterian Church, 110 E Brookhaven Rd, Wallingford, PA 19086

6pm Literature club, 7pm meeting

BONDELANDET LODGE

Friday, October 21

Svein Klinge of Norway Bondelandet Lodge will be speaking about "The Birkebeiners". The meeting will be held Friday, October 21 at ST.

Thomas Episcopal Church, 301 St. Thomas Road, Lancaster PA, starting with social time at 7:00 PM.

Questions? Call Jeanne Addison (717)793-7428.

NORDKAP LODGE

95th Anniversary at the Hunt Valley Inn, Hunt Valley, Maryland, October 15, 2016 from 1:00-5:00 pm

Contact Shirley Knutsen for information at 410-871-3047

FREDRIKSTEN LODGE

LOV COUNTRY WEEKEND – Oct 7 – 9. Time is running out to make your reservation at Land of the Vikings for our traditional lodge weekend. Call Beverly Budrick at 570-461-3500 to reserve your room. A Country-Western style weekend is planned. Also bring a new, wrapped gift (worth about \$5) to play Crazy Bingo. There will be a surprise Quiz?!

FLEA MARKET & BAZAAR – Sat. Nov. 12. Doors open 9 am. The Flea Market has always been our best fund-raiser so let's all help! Bring family and friends - make this a day of great shopping.

WASHINGTON LODGE Lutefisk Dinner. By Popular demand. The dinner will be held on October 22 at 5pm. Stay tuned for location (either at the Lodge or Christ Church Lutheran, across from Lodge). Inquiries to hospitality@norwaydc.org or call Susie at 703-861-4071

Zone 7 – Dirk Hansen – Director 4

As of this writing I, as zone director, am focusing on visiting each of the lodges of my responsibility as all are returning from their summer breaks. During September, I visited my own lodge, Southern Star as well

as Hampton Roads and North Carolina Vikings. October will be a busy month for me travelwise as I am going to my own lodge on the 9th, Norsk Carolina the following week, Blafjell the week after that and then to LOV for the board meeting. I have tentatively planned on visiting the start-up Trondheim lodge in November and we will have to wait and see if the state of Tennessee factors into my travel plans for the future. I am also planning a zone meeting for the spring of 2017 with a location in the Raleigh or Charlotte areas the most likely venues.

I would like to take this opportunity to inform all who read this of the upcoming 20th Anniversary Celebration of Blafjell Lodge 3-646 scheduled for Oct 22nd. I am sure that President Rohrback would be pleased to see any of our district members in attendance. Please contact Sharon directly or myself, Dirk Hansen if you would like details about the event. It should also be a very nice time of year to be in the Blue Ridge Mountains.

I had a fun time at Hampton Roads and it was good to see Ralph again. A tree fell in the neighborhood of their meeting hall and there was no power for the meeting and it got pretty dark by the end but everyone improvised very well and it turned out fine. Even Tim Boyce, guest speaker and the man responsible for bringing Odd Nansens WWII diary back into print was able to deal with the outage without missing a beat. If you haven't invited Mr. Boyce to speak at one of your meetings, I highly recommend your lodges think about featuring him in one of your future programs.

Southern Star lodge kicked off the fall with a wine and cheese table. A good turnout but I can't help to note that over the summer we lost five more members for various reasons. This is a trend for Southern Star that needs to reverse itself soon. There are a couple of good programs planned for October and November and publicity will need to be a priority for this lodge.

North Carolina Vikings, in Raleigh are the other side of the coin for membership success in that they gained 6 new members of the summer. Well done Mike Tilder and your team. Also, it should be noted, that they have changed their bylaws to allow for 2 year terms for lodge officers. This will allow the current board to remain in place through 2017.

Norsk Carolina, in Charlotte, and Blafjell both have a great lineup of fall programs and I am looking forward to my visits to these lodges in October. Both of these lodges along with Hampton Roads are gearing up toward the election of a new board of officers for 2017-2018. They all have one thing in common and that is an abundance of talent from which to draw from for lodge leadership.

Fraternally, Dirk Hansen

The Scandinavian Christmas Fair in Raleigh, North Carolina is an authentic celebration of the traditions of the Scandinavian countries, Sweden, Norway, Denmark, Finland and Iceland.

The Scandinavian Christmas Fair is sponsored annually by SWEA (Swedish Women's Educational Association) and the Carl Larsson Lodge of the Vasa Order of America.

Held in the Holshouser Building (the round building) at the NC Fairgrounds

Admission \$7 for those 13 and up

Learn more at <http://www.scanfair.org/>

State of LOV – Roy Berntsen - LOV Chair

State of LOV Report

Roy Berntsen, LOV Chair

Hi Everyone, The summer seemed to fly by. I can't believe it is time for the work weekend. We have several people who contacted Rick and should have a chance to get a lot of projects done. Rick Budrick is taking his position as Buildings and Grounds Chair above and beyond. With him being on sight it works to our advantage to get things done. I speak with Rick several times every week and he has been repairing, fixing, correcting, the various tasks around the lodge and the property. The electric box in the manager's

office has breaker boxes instead of the 15 or 20 AMP fuses, the fire extinguisher was checked and updated, the banister down from the boardroom has better railings, and more. I went up last weekend to assist Rick with pulling wires to connect the main water pump to our system in the main lodge and verify the generator is working properly. They all are. I will report next month on all the projects that we completed and who joined us to help.

I understand that some people have been having trouble with getting through our phone and internet systems. The good news is that we hope it is again fixed and the sad news is that there is only one company that services our area and if they go down so does all our systems. It seems to have happened often during the summer and hopefully the phone company has it corrected. IF you cannot get in touch with LOV for any reason, **please do not hesitate to contact me or Barbara at 516-791-3983**. That would be the only way we know there is something wrong and to contact Bev and the phone company. We can take the information down, get it to LOV and then either have Bev or Barbara get back to you with the information. I apologize for the inconvenience but at times our hands are tied when it comes to only having one company and the down system.

The Third District Board met and elected me and the other LOV Board officers. I accepted to be the LOV Chair for the next two years, Billy Karpack accepted to be the LOV Vice-Chair, William Taylor accepted to remain as the Marketing Chair, Barbara accepted to remain as the Secretary, and Helen Timoney accepted to be the Treasurer. We have a new Buildings & Grounds Chair Rick Budrick. Helen and Shirley Erland (auditor) are working on updating the LOV financial categories. There have been so many added over the years that there are more than 100 categories. It was time to reduce that number to make the financials easier to manage. We also have additional members who will be part of the LOV Team. Maureen Cooper agreed to continue with our Facebook page. If you would like to join the team, please let me or the secretary – Barbara – know. Again the five LOV Officers: Billy, Barbara, Helen, William and myself. ***We are also working on asking someone from each zone to be a LOV liaison; all we are asking is to spread the word about upcoming events your lodges may be interested in attending, plus getting that interest about LOV to the members in your zone. Please let me or any member of the board know if you would like to help us with this.***

Bev and Marie attended the Food Safety seminar and the test for the application. We are all up to date with our various licenses.

We had many weekends booked for the fall already, but you can join the fun on any of these weekends. Some dates may change, but this is how it stands at the moment. Please join us on any of these weekends. You will meet people from across the district.

September 30th weekend = Oktoberfest

Oct. 7 - 9 weekend = Fredriksten/Restauration

Oct. 21 – 23 weekend = Zone 1 & 4

Halloween Party

October 28th weekend = 3D Bd Meeting

November 10 – 13 = Ski for Light

November Hunting for Pennsylvania

November Hunting for New York

December 10th = Basket Social

Dec 30 – Jan 1 = New Year’s Eve Gala.

2017 - January weekend = Johannessen Family

2017 - February 19 – 26 week = Ski for Light

We are working on the schedule for 2017. The dates above are on the books. Another *Lobster fest* is planned. An *antique car show/vendor* weekend, a *Meet the King* play weekend, *Ole & Lena* weekend, the *golf* weekend, and others. If you have an idea, please let William know at: awtout@aol.com and we would be glad to add it to our list. Looking to the future we are also checking out the sites for antique car shows to invite them for August 2017, alongside inviting vendors and having a basket social. The LOV Board hopes to involve the community to bring in more business.

As I am sending this off before we have our work weekend scheduled for this weekend on September 16 – 18. We are preparing for the winter months plus doing a lot of other projects. There are a few safety items that will be on the schedule

to get completed. As in the past, please continue to contact me with any thoughts or suggestions. Nothing is too big or too small.

Again you can always check us out on Facebook. Our numbers are rising all the time. I thank all of those who are checking us out. It is great to have the support and the interest. Don't forget you can send Barbara a note at: barbaraib1230@optonline.net if there is anything you think should be added to our web or to our Facebook sites. Check out the Facebook page on: <https://www.facebook.com/Landofthevikingslov/> or just put in Land of the Vikings and it will take you right to the Facebook page and the district web site.

Come and visit with us. I know you will not be disappointed.

Remember we must "use it or lose it."

Don't lose out and sign up for your weekend now. For reservations call:

Ph. 570 461-3500 Email vikingland@tds.net Beverly & Rick Budrick



Land of the

Vikings (LOV) is now on Facebook. [facebook 3D SofN Facebook Page](https://www.facebook.com/TheThirdDistrictoftheSonsOfNorway)

<https://www.facebook.com/TheThirdDistrictoftheSonsOfNorway>

Community Involvement – Spotlight on Bernt Balchen Lodge

We are a fraternal organization and fraternalists are known for giving to the community. See the What is a Fraternal Benefit Society video on the [SofN homepage](#) for more information regarding fraternal organizations. The following was taken from the October Bernt Balchen newsletter and this is probably just the tip of the iceberg as far as their community involvement! If you are in the area on October 15th, join the road crew!

ADOPT A SCHOOL COMMITTEE: Bergit Pinkston, Chair, reported that plans are being made to visit the Treasure House PreSchool in Hawley in early November. Help is needed. Please call Bergit at 570-685-1477 and let her know you will help her by visiting the school with her. The kids are always glad to see us and are very enthusiastic, making it a lot of fun for us, too!

ADOPT A HIGHWAY COMMITTEE: The next cleanup date is Saturday, October 15, 2016, and we will meet at the Moriah Cemetery at 11:00 AM, covering the area from Forest Fire Department up to the Rowland Bridge. We will be joining the Mens Club of Bethel Lutheran Church and members of the Lackawaxen River Conservancy. After the cleanup, we will have lunch at the Inn at Lackawaxen, compliments of Bernt Balchen Lodge. We hope to see some of you there - we need a lot of help. If you have any questions, please call Bergit Pinkston at 570-685-1477.

Photos from the Third District



Oslo Lodge, # 438 member Jay & Margot Erikson touring the viking ship "Draken Harald Fair Hair" as it docked in Central New York on way to NYC in late August-Sept.



Gulfstream Lodge- Harald Eide gives member, Kit Gagnon, her 5 year membership pin.

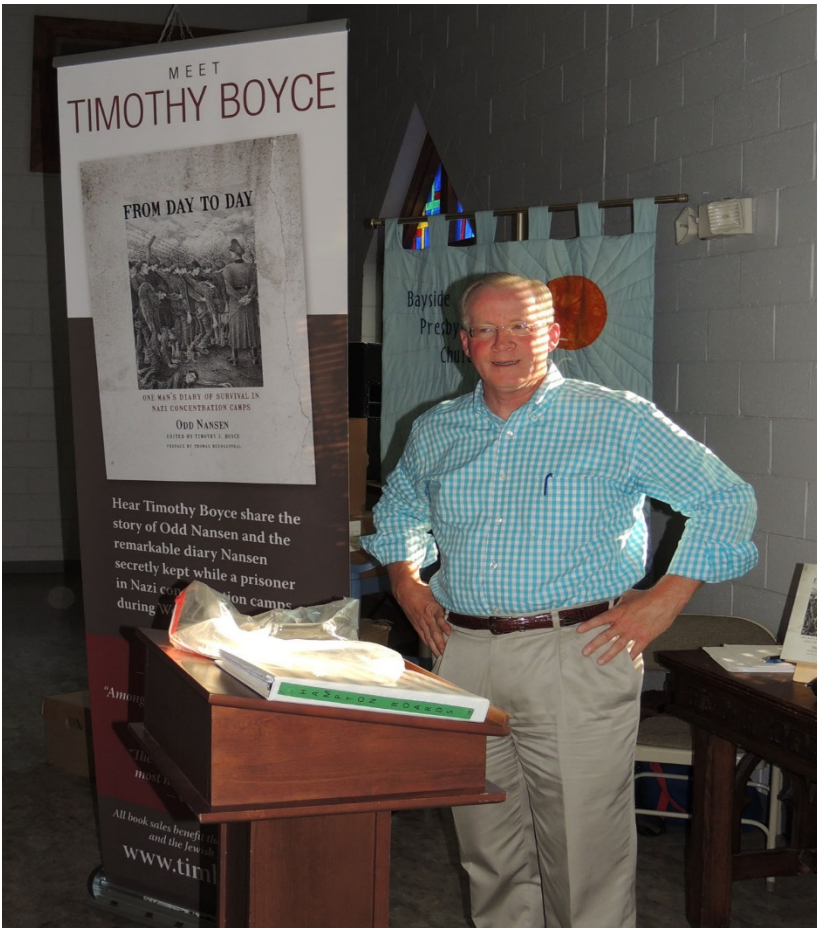


Members of the Maine Nordmenn lodge of the Sons of Norway have rehabilitated the non-seaworthy 19' sailboat (originally built at the Sample shipyard in Boothbay) into a Viking Ship! This impressive craft will be visiting Congress Square Park, Portland, Maine on Leif Erikson Day, Sunday, October 9, 2016. 10:00am – 5:00pm

The ship will be on display during the daylight hours and members of the Maine Nordmenn will be there to tell you a little bit about the ship, the lodge and the Vikings. This is a great photo opportunity for the whole family! Remember, Leif as the first European to reach

North America, hundreds of year before Columbus!

The picture shows the maiden voyage of our Viking Ship at the Windsor Maine 4th of July parade. Then as you can see we will be displaying it on the ship on Oct. 9th where we will have lots of information about our lodge available. This event is also on the Congress Square Park Web page with picture of Viking Ship. For our Veterans Day project, we are joining with the national organization "Chase the Chill." Our members are knitting hats, socks, mittens and scarfs, which will be available to Veterans that need them at Congress Square Park in Portland Maine. This, knitted goods, will have tags that identify them as having been donated by Maine Nordmenn. We will have members at the park after the Veterans Day Parade, where these items will be available



Sons of Norway Hampton Roads Chapter -
September Lodge Meeting Guest Speaker

We were honored to have and highly spell-bound by Timothy Boyce, editor of the newly revised and republished account by Odd Nansen of his 3 1/2 years in various Nazi concentration camps.



Mary Andersen visiting with Sally and Charlie Abrhamson of Maine Nordmenn in Portland, Maine

2016 International Convention in Tacoma, Washington



With amazing views of Mt. Rainier, the 2016 International Convention was held in Tacoma, Washington.

Sons of Norway members from across the Order gathered in Tacoma to conduct the business of the Sons of Norway.

There were 31 resolutions to be addressed, some of which were handled via a consent agenda and some of which were withdrawn. Resolutions sometimes generated discussion resulting in amendments; as to be expected some resolutions were passed and some resolutions were defeated.

We would however like to mention two resolutions that were passed. Ask your International Convention delegate to report other issues to your lodge or Zone meeting!

Dues – Effective January 1, 2018, the US dues will be \$60 for an individual and \$95 for a family as follows:

\$60 Individual Dues	International	\$32
	District	\$14
	Local	\$14
\$95 Family Dues	International	\$42
	District	\$25
	Local	\$28

As of January 1, 2018, existing Life Members and Golden Members will keep their status with the current discount formula.

D3 passed resolutions relating to fraternal fees which became moot with the passage of this resolution. We will be analyzing the impact of this resolution on D3.

Nominations from the floor – will no longer be permitted. Candidates for District Office must be submitted to the District Nominating Committee 30 days before the start of the District Convention.

We would be remiss if we didn't share with you a great video – Sons of Norway, Shared Values. A Simple Promise. Sons of Norway began with shared values and the simple promise of financial security. Like-minded people coming together to protect their families, celebrate their culture and strengthen their communities. [Watch the video](#) to learn more.

Parting remarks

Leif Erikson Day October 9th Remember Leif Landed First



A reminder from Roger Sean –

Now, just a reminder:
leaves grow on trees!
LEIF RHYMES WTH SAFE !!!!!!!