



SONS OF NORWAY

FJELL-LJOM.. (MOUNTAIN ECHOES).. BLÅ FJELL LODGE 3-646
FEBRUARY 2021 Newsletter

Newsletter is sent Saturday two weeks before a
 mtg. Input is due the Thurs before it goes out.

Administrative officers:

Co-President: Sharon Rohrback 540-774-0006

Co-President: Cheri Johnson 540-989-6330

Vice President: vacant

Corresponding Sec'y: Kathy Clark 540-977-2349

Recording Sec'y: Marilyn Barrier :1-972-697-0696

Treasurer: Cheri Johnson 540-989-6330-

Editor: Sharon Rohrback 540-774-0006

Blå Fjell's website: sonsofnorwayblafjell.org

Facebook group: <http://www.facebook.com/SonsOfNorwayBlaFjell>

Mission Statement:

The mission of the Sons of Norway is to preserve and cherish a lasting appreciation of the heritage and culture of Norway and the other Nordic countries.

Regularly scheduled meetings:

Fourth Saturday of each month, 1:00 PM.

FEBRUARY 27, 2021 MEETING BY ZOOM

The in-person meeting was cancelled due to lack of meeting site.

Continue to collect stamps for Tubfrim and canned goods for Salem Food Pantry to bring to our next in-person meeting.

MARK YOUR CALENDARS

Meeting dates may be impacted by winter and/or COVID restrictions.)

- Feb 27, 2021:** Meeting 1-2:30pm. Location at home using Zoom. Program TBD.
Mid-Feb/Mar date TBD. Feb Sami Day at Faith Christian to be rescheduled. Teacher illness.
Mid-Mar date TBD. March Colonial Day at Faith Christian to be rescheduled. Teacher illness.
- Mar 27, 2021: Meeting 1-3pm. Location TBD. Program TBD.
- Apr 24, 2021: Meeting 1-3pm. Location TBD. Program TBD.
May 15, 2021: Local Colors format TBD by Local Colors Board. Event Chair TBD.
- June 26, 2021: Meeting 1-3pm. Location TBD. Program TBD.
- July 24, 2021: Meeting 1-3pm. Location TBD. Program TBD.
August 2021 Summer break.
- Sept 25, 2021: Meeting 1-3pm: Location TBD: NORDIC Auction/bake sale. Event Chair TBD.
Oct 8, 2021: Leif Eriksson Day at Faith Christian. Event Chair Cheri Johnson.
- Oct. 23, 2021: Blå Fjell Lodge 25th Anniversary. Location/Time TBD. Event Chair TBD.
Nov 5, 2021: Viking Day at Faith Christian. Event Chair with five Blå Fjell aides.
Nov 10, 2021: Indians to kindergarten class at Faith Christian. Event Chair Cheri Johnson.
- Nov 27, 2021: Meeting 1-3pm: Location TBD. Program TBD.
Dec 13, 2021: St. Lucia Festival procession at St. Andrews Catholic concert. Chair Cheri Johnson.
- Dec ??, 2021: Blå Fjell Lodge Julefest/St.Lucia. Date/Location/Event Chair all TBD.
(indented, italicized items indicate Blå Fjell annual non-meeting events we participate in on behalf of Sons of Norway.)

MEMBER NEWS

FEBRUARY BIRTHDAYS:

JoAnn Stephens-Forrest 2/20

FEBRUARY PRAYERS

1. **For Joe Lindsoe and family.** It is with sadness that we report the death of beloved longtime charter member of Blåfjell Lodge, wife of President Emeritus Joe Lindsoe. We pray comfort for Joe and the family. Betty Lindsoe's passing at the age of 91 on Wednesday, January 13, 2021 has been publicly announced by Heritage Funeral Service & Crematory in Lynchburg, VA. (thank you to Lars Hagen for sending notice to Joann Barfield.

2. **Bob Rohrback requests prayers** upon receiving a diagnosis of Stage 4 Liver cancer on Jan 23, and now also Lung Cancer this week. He has had to have fluid removed from his lungs four times, and the results of fluid testing takes two weeks. Pray for his comfort and strength during treatments cancer, and that the treatments will cause healing.

3. **Larry Norman requests prayers** for continued recovery from left eye cataract surgery, and that the right eye surgery in a couple weeks will heal as nicely.

3. **For Marie Pendleton's son:** Prayers of thanksgiving that he finally had the long-awaited-for kidney transplant last week and was able to come home Jan 21. Prayers for continued healing; no complications.

4. **From Marlin Thompson for brother Thor.** Thor lives in Phoenix, Arizona. Marlin told me Thor was diagnosed with leukemia in October 2018. They gave him 6 months to live. He beat the odds, but it has not been pleasant with chemo and transfusions on alternating weeks. Prayer works!

BETTY LINDSOE OBITUARY

(from Blå Fjell editor: single spaced and indented to fit into newsletter.



Betty Keister Roseberry Lindsoe)
April 23, 1929 - January 17, 2021

Betty Keister Roseberry Lindsoe, 91, died peacefully on Sunday, January 17, 2021, two weeks after being diagnosed with COVID-19. Her last days, though medically difficult, were filled with love and laughter, virtual family visits, window visits, phone calls and other expressions of love. She is survived by her husband of nearly 50 years, the Rev. Dr. Joe T. Lindsoe.

Betty had a strong, unwavering faith in God. This faith gave her the strength to carry on after the early death of her first husband, Charles E. Roseberry. Betty put herself through college, receiving a BS in Elementary Education and a Masters in the Art of Teaching from Lynchburg College. At the same time, she raised her two young children, worked with the youth at Memorial Christian Church (Disciples of Christ), and spent summers as a counselor at Craig Springs Camp and Conference Center (DOC). Upon her graduation from LC, she began her teaching career at Dearington Elementary School. After her marriage to Joe Lindsoe, she continued teaching school and participating in the life of the Christian Church (Disciples of Christ.)

Betty was preceded in death by her parents, Margaret Howell Keister and Harry Price Keister of Radford and her stepson, Eric. J. Lindsoe. She is survived by her daughter, Resa Roseberry Payne and her husband Gary; her son, Greg E. Roseberry and his wife, Vicky; her stepdaughter, Dulcie Lindsoe Johansen and her husband, Mark; her sister, Anne Burnett, brother-in-law, Jim Burnett and her sister-in-law, Mari Bjerland. She is also survived by her grandchildren, Sharon Roseberry, Elizabeth Stinnett and her husband, Brandon, Benjamin Johansen, and great-granddaughter, Brooklyn Stinnett. She is also survived by her two stepgrandchildren; Shaleen LaPare and her husband, Troy, and Darrin Payne and his wife, Sarah; and five stepgreat-grandchildren, Devon and Mya LaPare, and Abeni, Collin, and Sophia Payne.

A memorial service will be held in the late spring. Memorial donations may be made to Disciples

Home Missions c/o Refugee and Immigration Ministries, PO Box 1986, Indianapolis, IN 46206. Please put Attention: RIM/DHM on the envelope and make out the check to Disciples Home Missions noting RIM on the check. Donations may also be made to Lynchburg Daily Bread, 721 Clay Street, Lynchburg, VA 24504. Memories and thoughts may be shared with the family at www.heritagefuneralandcremation.com.
Heritage Funeral Service and Crematory
427 Graves Mill Rd., Lynchburg, VA 24502, 434-239-2405

PRESIDENT MESSAGE

Submitted by Sharon Rohrback and Cheri Johnson, Co-Presidents

Hello, Hello. February already. Hopefully in another month, we will see less snow and more sunshine. About every three years near my birthday the last week of January in Arlington and then Fairfax, VA., about we could expect a dump of 12-15" snow. Usually, we would get 3-5". I remember when daughter Robin was about 1 1/2 years old, we got a dump of it in Fairfax and could not see her walking on our sidewalk between the walls of snow. Most often during winter, we would get the more dangerous black ice. On February 10, the approved Blå Fjell Lodge By Laws revision was e-mailed to Sons of Norway International, along with a cover memo. The document was reviewed 30 days; eleven members sent approval.

1. On January 20, Lodge Secretary submitted the required end-year 2020 Lodge Achievement Form and Family Lodge of the Year form to SON before the February 15 due date. Right on the ball, Kathy, thank you!
2. On January 30, the Blå Fjell Lodge 2021 budget was approved. Thank you for all who responded.
3. On January 31, Blå Fjell lodge held its first Zoom meeting in trial mode. See Meeting Minutes article below. We will also use Zoom for February meeting. All future meetings, whether in person or by Zoom, will follow our usual schedule: fourth Saturday, 1pm.

MEETING MINUTES January 31, 2021.

All in-person meetings, as well as Zoom meetings when required, will be on our regularly scheduled fourth Saturday of a month, starting 1:00 pm. The regular in-person meetings will be from 1-3 pm. The Zoom meetings from 1-2:30 with a brief chat time replacing coffee/snack gathering.

The January 2021 in-person meeting was cancelled, so we met by Zoom. The lodge's first Zoom meeting was held with limited invitees (those who responded to last year's poll that they could access Zoom). Lucy Hochstein, co-Cultural Director, sent instructions for accessing the meeting. Lucy will continue to set up Zoom meetings when needed.

The meeting went well, with some assistance to adjust camera views and speaker connections. The meeting was opened with the speaking of the Norwegian, Canadian, and United States national anthems. Lodge president announced the date of the next meeting and the status of end-year-2021 SON required reports. The Program session was a chance for attendees to chat, one at a time, sharing how their families have done during this pandemic shutdown. It was so good to see those we haven't seen in a while.

Notices of future Zoom meetings will be sent to ALL Blå Fjell members and friends (non-members) with access to e-mail by Sharon Rohrback using Lucy's information.

Future program sessions will be arranged by co-Cultural Directors.
The meeting was closed with prayer.

From Kathy Clark for Marilyn Barrier, Recording Secretary

MEMBERSHIP SECRETARY MESSAGE

This letter, from International President Ron Stubbings, regarding the 2020 recruitment campaign, contains such Good News that I wanted to share it all with you.

"When we planned a year of celebration for our 125th Sons of Norway Anniversary, I had no idea what 2020 had in store for us! There were surprising challenges—including things I've often taken for granted like face-to-face meetings, shared meals and fun folk dances.

"Despite the unexpected events of 2020, your extraordinary efforts to provide community support and

move ahead with new ideas, using technology like Zoom to overcome barriers, are much appreciated. It's inspiring to witness so many acts of kindness both big and small. Your continued invitations to family and friends resulted in **7,815 new members joining us. That puts us 24% above the 2020 goal of 6,300 new members.**

"As we close out a year like no other, I want to give you my thanks. Thank you for being part of our Sons of Norway family and embracing a positive fraternal spirit that continues to be relevant to our lives. And thank you for your never-ending passion, optimism and hope for a brighter future as we welcome more new friends to our Sons of Norway family in 2021 and beyond!

"Fraternally, Ron Stubbings, International President "

Unfortunately, Blafjell Lodge did not contribute to the tremendous success of the past year, but we will commit to do so in this coming year .. with the renewed energy that will come when we are again able to gather together!

Joann Barfield, Membership Secretary

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CULTURAL DIRECTOR MESSAGE

"Valentinsdag -- Valentine's Day -- is another holiday that has come to Norway via the United States. It is also called *alle hjerters dag* (AllHearts Day) and *Kjaerlighetens dag* (Love's Day). Like here at home, it is celebrated February 14".

"A day of love and friendship, Valentinsdag is gaining in popularity with both kids and adults. "There are three very important words to remember and say on Valentine's Day: "I love you." In Norwegian, "Jeg elsker deg" (pronounced yay ell-sker day).

[added note: When this article was used in 2019, member Jeff Helgeson sent this comment: Phonetics is yay elska day... elska do may? Do you love me is second sentence]

Submitted by Lucy Hochstein and JoAnn Stephens-Forrest, co-Cultural Directors.

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GETTING TO KNOW YOU - need member input.

Input can be from new members, and from longer-time members many of not yet met. Share personal news such as your heritage; where your ancestors were from; where they settled in America; where you grew up, went to school, place(s) you lived, job; and your current family status. Also share how you learned about Blå Fjell Lodge.

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TELL YOUR STORY - need member input.

I appreciate articles from all our lodge members.

Share anything you wish: a favorite memory of your ancestors, of your own family, a place you visited and enjoyed, a holiday event, what you discovered about your genealogy, etc.

(from Lucy Hochstein:

This winter has reminded me of the time I didn't know snow existed. We moved from Charleston, SC to Bremerton, WA in November 1957. I had never seen snow and had only heard of snowmen in songs and TV shows. We drove the southern route across the country. Yes, on Route 66 when it was the only highway that crossed the southern USA. In Phoenix, AZ we woke up to about 2 inches of snow. My brother and I thought it was magic and just stood there. The world was beautiful. Snow still seems like magic to me, even when I'm shoveling.

Lucy Edwards Hochstein

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MODERN NORWAY NEWS - from many sources and YOU

What sources do YOU use for modern news? Share an article, or link to an article. here.

(From Sharon Rohrback: several sources I use are listed below)

1. [Blå Fjell L Facebook page](#) offering a variety of postings from Robin Lambert or postings from other SON sources such as "Hampton Roads Lodge Sons of Norway", "Sons of Norway District 7, "Sons of Norway International)".
2. Sons of Norway "Viking magazine". I am also going use items from online "Viking for Children".
3. Other non-SON Facebook sites I have "Liked". Such as: "YourwaytoNorway", "University of Norway".
4. My subscriptions to The Norwegian-American newspaper. "Scandinavian Press magazine, and the "Vesterheim Museum" magazine.

NORDIC HISTORICAL/CULTURAL ARTICLES - from many Scandinavian sources and YOU?

What sources do YOU use for historical/cultural news? Share an article or link to an article here.

(From Sharon Rohrback: same sources I listed above for Modern news.)

DO YOU KNOW OF SOME LESS-WELL-KNOWN NORDIC SITES?

(having either visited them or heard of them from another source)

AMERICA'S LITTLE SWEDEN

(from Kathy Clark)

America's Little Sweden is located in Lindstrom, Minnesota. In 1853 Daniel Lindstrom left his homeland in Sweden to start a new life in America. This area is located in Eastern MN, just 26 miles from the area my Swedish family settled in 1869. This area is called Chisago Lakes and consists of many small towns and lakes. It looks a lot like Sweden. Also, this is where Vilhelim Moberg wrote his famous Emigrant Novels.

Today, this bustling town continues to honor its Swedish heritage with its iconic Swedish coffee pot water tower, Dala horses, and the Swedish flag is flown with pride. They know how to make Lefsa drink Glogg and some even enjoy eating lutefisk. You can feel the commitment to heritage and the deep bond that is passed on through families, which in modern culture is so often lost. I can very much appreciate a place that keeps the Nordic roots nourished.

HUMOR

(Facebook posting from Ingebretsen's Nordic Marketplace Sunday Funnies)

Lena: "Der is trouble wit da car, Ole. It has water in da carburetor."

Ole: "Water in da carburetor? Dat is ridiculous."

Lena: "Ole, I tell you da car has water in the carburetor."

Ole: "You don't even know what a carburetor is. I'll check it out. Ver is da car?"

Lena: "In da lake."

Lena decided that she and Ole needed a bit of culture so she purchased tickets to the ballet. That evening after watching the performance for about 30 minutes Ole leaned over to Lena and whispered in her ear, "I don't see why de dance on der toes. Why don't de yust get taller dancers?"

RECIPE - Swedish Apple Cake

(shared by Kathy Clark, From Scandinavian Press, Fall 2020 magazine)

Swedish Apple Cake

Ingredients for cake:

2/3 cup butter, room temperature

1/2 cup packed brown sugar.

3 eggs

1 1/4 cups flour

1 teaspoon baking powder

3 tablespoons milk

1 teaspoon vanilla

Ingredients for topping:

1 large peeled, sliced apple

2 tablespoons brown sugar

1 teaspoon cinnamon

Process for cake:

Preheat oven to 350 degrees F.

Grease 8 x 11" pan or a springform pan

Process for topping:

Cut the apple in to thin slices. Mix with brown sugar and cinnamon. set aside.

Process for cake:

Beat butter and brown sugar until fluffy. Add eggs one at a time, beating after each egg. In a separate bowl combine flour and baking powder. Add wet ingredients and stir in. Add milk and vanilla. Mix well. Batter will be thick. Spread batter into baking pan. Place apples in a nice design on top of batter. Sprinkle sugar lightly on top of apples. Bake 30-35 minutes.

Remove from oven and serve warm or cooled. Ice cream or whipped topping can be put on top.

Enjoy this classic Swedish cake.

THIRD DISTRICT PRESIDENT'S FEBRUARY 2021 MESSAGE

from Kathy Dollymore

Even though here in the Northeast the winter “doldrums” have hit, and the month of January is behind us, I see the sun rising a bit earlier every morning. I have seen some crocus and daffodil stems peeking through the ground. Small buds are beginning to appear my trees in my backyard. And there are parts of the 3D that have seen Spring for a while now (no, *not jealous at all !!*)

With Springtime just around the corner, it’s not too early to begin recruiting new members. If you know someone who is interested in learning more about Norwegian history and culture new members are always welcome. Family, neighbors, friends. As with every year, we want to have positive member growth. Everyone in the lodge is a recruiter. Anyone having ideas relating to membership retention and growth are encouraged to send suggestions to your Vice Presidents and Membership Chairs.

With that in mind I wish congratulations to these 3-D lodges who had reached their 2020 membership recruitment goal. I'm happy to say every one of our 7 Zones has increased membership/

Lodge No. Name - Location - Goal - Actual members recruited.

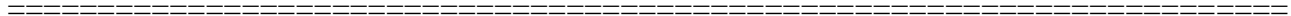
3-232	Dovre	Providence, RI	4-	6
3-337	Norge	East Williston, NY	4 -	4
3-410	Nansen	Staten Island, NY	4-	4
3-432	Hudson Valley	Kingston, NY	12 -	40
3-433	Scandinavian Heritage Society	Rochester, NY	7-	10
3-438	Oslo	Syracuse, NY	6 -	4
3-467	Norrøna	Pearl River, NY	6 -	13
3-515	Tampa Bay	Tampa Bay, FL	6-	7
3-612	Bondelandet	Lancaster, PA	4-	8

3-664	Maine Nordmenn Falmouth, ME	6 -	6
3-678	Norskevenner Atlanta, GA	7-	11
3-679	Norsk Carolina Charlotte, NC	5 -	8

I had the opportunity to meet a few members that I haven't seen in quite a long time. The new faces are just an example of the excellent participation that is now going on at our lodge. We are a great organization and it shows. New members, reinstated members and transfers are still coming to our District to apply for membership. Your District leadership and your membership together, have been working diligently to get us over the past year's difficulties, by planning outstanding events, contacting fellow members, sending out newsletters, inviting them to the events, and volunteering their time to help make things happen. Although we still face many obstacles, there is no doubt in my mind, that by working together, we will keep our district successful into the future.

Although we are limited due to the constraints of COVID, we remain active in our communities. Our 3D is operated by volunteer's time and efforts, and without the devotion of ALL of our various committees and members, we would not be as successful as we have been for the past 126 years

NOTE: After the sale of Land of the Vikings there was a committee formed of district lodge members to advocate for the funds garnered from the sale. Although we won't have any final numbers till debts, taxes, capital gains, etc. are determined, it is incumbent upon us to be good stewards of the money. Therefore, the committee has gotten input from our Financial advisor and our CPA and along with the committee are working on the substitutability of the funds.



Links to Third District, Zone 7 and International news are on next page.

LINKS TO:

THIRD DISTRICT, 3D ZONE7 LODGES and INTERNATIONAL NEWS:

For 3D President's letter, see the Third District Events Calendar:
www.3dsofn.org/newsletter/index.html

For District 3 events: www.3dsofn.org/calendar

For Sons of Norway E-Post: sonsofnorway@sofn.com

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3D (Third District) ZONE 7 LODGES

Blå Fjell Lodge 3-646 meets in Salem, VA: Website www.sonsofnorwayblafjell.org
or Facebook www.facebook.com/SonsOfNorwayBlafjell

Hampton Roads Lodge 3-522 meets in Virginia Beach, VA: Website www.hrson.org
or Facebook www.Facebook.com/hrsons

Norsk Carolina Lodge 3-679 meets in Charlotte, NC: Website www.norskcarolina.org
or Facebook www.Facebook.com/NorskCarolina

Norskevenner Lodge 3-678 meets in Roswell, GA: email sofnvennekretsen@gmail.com
or Facebook www.facebook.com/Sons-of-Norway-Roswell-Georgia-NorskeVenner-Lodge-3-678

North Carolina Vikings Lodge 3-675 meets in Raleigh, NC:
Website www.northcarolinavikings.org. There is no Facebook site.

Southern Star Lodge 3-360 meets in Myrtle Beach, SC: Facebook:
//http://scandinaviancelebrationmb/

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INTERNATIONAL NEWS links:

For Royal Norwegian Embassy in Washington: emb.washington@mfa.no

For Nordic News from the Icelandic Embassy: http://www.iceland.is/us

For NEWEST NEWS: New newspaper ... Welcome to Norway Today: www.norwaytoday.info

For FULL LISTING OF EVENTS around the U.S.: wwwnorway.org/calendar

TRAVEL INFORMATION FOR NORDIC COUNTRIES: (until about three years ago, we used to be

able to contact a country's embassy and would receive a few free travel informational packets to hand out at Local Colors festival. Now the information is online. Thank you, Larry, for the link names.

I verified I could successfully open the below links. Once open, each link had its own method to get at the various information. Sharon Rohrback

www.visitdenmark.com

www.visitfinland.com

www.inspiredbyiceland.com

www.visitnorway.com

www.visitsweden.com

PLAN TO ATTEND EACH AND EVERY LODGE MEETING AND ACTIVITY!

For the Love of Norway!!

