

4th QUARTER 2022

IN THIS ISSUE:

- 3rd District Secretary's Letter
- 3rd District News
- Charitable Giving
- Heritage and Culture
- On the Road in the 3rd District
- Viking History
- Scandinavian American Spotlight

THIRD DISTRICT TODAY



TDT



NEWSLETTER FOR MEMBERS AND FRIENDS OF THE 3rd DISTRICT

January 2023 Third District President's Message

Christmas and New Years are behind us and I hope everyone had an enjoyable Holiday season. With 2023 ahead of us, January is the month that some Lodges install their officers, while other lodges shut down for the cold winter months.

At a December zoom meeting, the Third District Board approved a vendor for the new Third District website which will be more user friendly and easier to navigate. As soon as it is up and running the old website will be discontinued (shut down), but we are told this may take a few months at least.

I am excited to announce that the Third District Youth Camp will be held in July from Sunday the 16th to Saturday the 22nd, so if you have children or grandchildren of camp age; 8 to 16 years old, I encourage you to sign them up and send them to camp. They will learn about their Norwegian heritage and Norwegian culture: Norwegian language, Rosemaling, and play Kubb along with other sports. More information on camp was included in the District Secretary's letter that was sent out to all District Secretaries in late December.

I have been attending the meetings of lodge presidents and vice presidents arranged by their zone directors so we can find out how the lodges are doing and hear firsthand their concerns. This is ongoing and will be done on a quarterly basis. I found it very interesting and informative in what so many of our local lodge officers had to say. Their concerns were heard, and the Lodge Revitalization Committee headed by Third District Vice President Diana Syvertsen is working on addressing them. The committee is coming up with Programs that the lodges can use at their meetings as well as working on having Leadership Training for all lodges so officers will learn more of about their duties and members will learn more about Sons of Norway.

This month I am happy to spotlight your Third District Vice President, Diana Syvertsen. Diana is new to the Third District Board, but certainly not new to Sons of Norway. Here is a letter from Diana to you in which Diana tells a little bit about her-

self. I am proud to work with her.

My name is Diana Syvertsen and I am a 45 year member of Sons of Norway. My grandfather was a founding member of Nansen Lodge and my parents and I joined Noreg Lodge in 1977. I have served as Treasurer and President of Noreg for 4 terms each and in Space Coast Lodge as well.

Being part of Sons of Norway has enriched my life in many ways. I have met so many great people who have shared their talents with Noreg. I like being part of an organization that focuses on taking care of each other and helping others with our Foundation, Charitable Trust and scholarships. As a kid who was shy and didn't have much confidence, it has taught me how to speak up for myself, take risks like running for lodge and district offices and how to be a leader by watching so many great leaders in this organization. This has helped me in my everyday life, church, and career.

And that is why I agreed to become 3rd District Vice President this year. I would like to keep Sons of Norway going and growing so that others will be able to have their own great experiences.

Working with the Lodge Revitalization Committee including Bill Browning, Dirk Hansen, Harriet McHenry, Karen Olsen-Helmold, and Christine Taylor in conjunction with the other committees on the 3rd District Board, goals we have decided to work on are:

1) Identify lodges that need and would be willing to accept help from the district. Something that everyone can help with.

We have a great team on the District Board, and I look forward to working on and implementing some of the great ideas we have discussed. We will keep everyone up to date as we move forward in the new year.

Respectfully submitted, Diana Syvertsen

As I hope you can tell, Diana is a keeper. I have a fabulous board with whom I am excited to work to make our Third District the best District in Sons of Norway.

I wish everyone a Happy and Healthy New Year!

Fraternally,
Stephen Helmold
Third District President

Godt Nytt År

Dear Lodge Secretaries,

Below is information for your 2023 work as secretaries. Make sure that you have completed the D-63 Officer Update Form even if your lodge did not have an election, and that you order directories for your lodge. Tusen takk for all that you do for Sons of Norway.

Sincerely,

Karen Olsen-Helmold

District Three Secretary,

kolsen2@verizon.net (516) 935 0751 18 Evergreen Ave., Bethpage, NY 11714

Third District Youth Camp is Back

Third District Youth Camp will be held July 16-July 22 at Koinonia Camp in Highland, New York. Tom Bakos is our new Camp Director. Attached is a flyer, camp application, and Draxten Scholarship Application.

Location of Forms and Deadlines

Sons of Norway website www.sofn.com

Log In/ Member Resources/ Lodge Leadership Resources/ Administrative Resources/ Lodge Forms or Governance

Third District website www.3dsofn.org

Go to "Download important documents and forms"

Both websites have plenty of other great information, such as the Third District's TDT (Third District Today). Please acquaint yourself with them. You can find a good list of yearly important deadlines for Lodge business on the Sons of Norway website www.sofn.com at Log In/Member Resources/ Lodge Leadership Resources/ Administrative Resources/ Important Deadlines.

IMPORTANT 2022- 2023 DEADLINES:

December 2022– D17 and D18 forms, instructions, and timeline sent to lodge treasurers.

Dec. 31, 2022 - Lodge Officer Update/ D63 form due to Sons of Norway Membership Services. Sons of Norway requires every lodge secretary to annually complete the D-63 lodge officer form on www.sofn.com to report any change in officer positions or no change. The deadline for it is December 31, 2022, I want to thank all of you who have already submitted this form. It is always wise to double-check the exact spelling and numbers in your lodge members' addresses, emails, and phone numbers prior to completing the form. After you have submitted your form, I will receive a copy from Sons of Norway and that is what I will use to make the annual Third District Directory in January 2023.

Jan. 15, 2023 – Third District Directory Order Form due to District Secretary. Would you like your lodge officers to receive a directory? The District is selling them again. Each lodge will receive one free copy and the cost for additional copies is \$8.00 each. Fill out the Third District Directory

Order Form (**See attached**) (**Also on www.3dsofn.org under Forms and Documents.**) Mail check (payable to “Sons of Norway District Three” and with “Directory” in the memo box) and the completed form to Karen Olsen-Helmold, 183 Evergreen Ave., Bethpage, NY 11714 before January 15, 2023.

Jan.-Feb.-March, 2023 – Lodge Installation Form (on www.3dsofn.org) sent to District Secretary after Lodge has installation ceremony.

Feb. 15, 2023 – American Fraternal Alliance (AFA) form, that will be mailed to you, is due if your lodge does not record volunteer hours on www.fraternalgive.org

Feb. 28, 2023 – Fraternal Funds application due to District Secretary. Think about whether your Lodge would like to apply for Fraternal Funds. These funds are given for lodge cultural activities that have already occurred and are voted upon at the Executive Committee Meetings that occur via zoom before the Fall and Spring Third District Board Meetings. The Fraternal Funds form is **attached (Also located on www.3dsofn.org under Documents and Forms.)** The event cannot have made a profit. Receipts must accompany the form. Any lodge cultural expense, even the cost of a Zoom contract, can be reimbursed partially or fully by Fraternal Funds. Please have the application and receipts sent to the District Secretary by February 28, 2023. If you have any questions regarding if something is applicable or not, please send me an e-mail and I will be happy to answer any questions that you have.

LODGE ANNIVERSARIES

Coming in 2023	Nansen	Jan. 12	85th
	Washington	Jan.16	80th
	Norskevenner	Mar. 1	15th
	Norsemen	June 3	45th
	Maine Nordmenn	June 12	20th
	Fredheim	Nov.3	100th
	Lodge Brooklyn	Nov.22	100th
	Norrone	Dec.18	65th

If you would like help to publicize your anniversary celebrations, I would be happy to pass on to all District Secretaries any information that you would like to have distributed. Just e-mail it to me with a note to send out to all lodges.

Reminder - Paper Lodge Membership Applications Need Correction

On printed, paper lodge membership applications, there is a section requesting a credit card number. Cross that section out on your forms if your lodge still has some paper applications. It is no longer to be used. The only way that new members can pay their membership dues by credit card is by going to the Sons of Norway website and registering online. This change is being done for credit card security reasons. If a new member or renewing member wants to use a paper application, they must write a check payable to "Sons of Norway" and cannot pay by credit card.

More on New membership forms

Please remind members to provide their member number to those they invite to join, so that Sons of Norway can recognize this accomplishment with a certificate and limited-edition 2021 Recruiter Pin. Enrollment forms are available from Sons of Norway headquarters and online. For online form access, first login at sofn.com, then go **to Lodge Leadership Resources and continue to Membership Forms**. New members of nonvoting lodges may also sign up directly at sofn.com.

Tubfrim – Keep Clipping!!!!

Tubfirm will be collecting stamps at least until this Spring. They are presently negotiating with a new stamp company. Please send all stamps that you have to Kjell Kittilsen 871 – 70th Street Brooklyn, NY 1128 by March 15, 2023, and stay tuned for more information!

Sons of Norway Foundation

There are many Scholarships available for Sons of Norway members, their children, and their grandchildren. **The deadline for scholarship applications is March 1, 2023.** See the attached list for a brief description. For more information go to www.sofn.com. Scroll down and click on Foundation. Scroll down again and click on **Scholarships**.

***"I am only one, but still I am one. I cannot do everything, but still I can do something; and because I cannot do everything, I will not refuse to do something that I can do."** Helen Keller.*

Thanks to everyone who participated in the first annual "New World Service Day" You far exceeded my expectations for a brand new event. Each of you made a difference and the new world is a better place for your efforts.

Zone 1 supported Literacy Suffolk's clothes Drive. Literacy Suffolk, Inc. effects countywide change by improving adult literacy through trained volunteers, expanding community awareness, and providing literacy to all adults, especially those of low to moderate incomes who are underserved and limited in their ability to advance themselves and their families, so that they can contribute to and partake in the fruits of our society. Literacy Suffolk believes that the ability to read, write, and communicate effectively is critical to personal freedom, economic betterment, and the maintenance of a democratic society.

Literacy Suffolk is hosting a clothes drive on October 25, 2022. They will receive money for each pound of clothes collected. This will enable them to continue with their worthy mission. But the good does not end there! Once collected the clothes will go to needy

Go Green's focus is on textile recycling. Our mission is to help divert some of the millions of tons of textiles that end up in our landfills every year by collecting unwanted clothing. According to the U.S. Environmental Protection Agency(EPA), Americans generate about 25 billion pounds of textiles in one year and a staggering 85% of this goes directly to our landfills. The average American throws away 70 pounds of clothing and textiles every year! These astonishing numbers highlight the need for people to have an alternate outlet to discard their clothing.

This is where Go Green fits in! Through our systematic collection from our clothing drop boxes and links with charitable organizations, we are able to give another go around to clothing, Go Green acts as a link in the textile chain by redirecting clothing to people in need, second hand stores, and even overseas markets. This is done by sorting facilities that determine the best route for the textiles, based on its condition.



40 socks and 9 boxer shorts. For men's shelter. Donated by Bla Fjell members Kathy Clark, Karen Rice and Sharon Rohrbach

So, we are helping adults to improve their English skills; reading, writing and speaking. We are getting clothes and beddings to those in need at the same time helping the environment as well as. Not to mention the good feeling we get from cleaning



Restauration Lodge 3-555 has the honor to Stand Up To Hunger. People struggle with hunger every day. Now more than ever. We will collect non-perishable food items to donate. We'll bring items to the October Lodge meeting and we will get the items to the food bank. We're also collecting checks for those members not able to attend the meetings or feel like writing a check along with bringing an item. The checks will go to "**Kids Against Hunger**", a **non-profit humanitarian organization**.

Standing up to hunger will be our *Restauration Lodge* part to support our neighbors in need. A donation is a contribution to the positive impact we make through community. With every contribution, there is an impact. Please make your checks out to RESTAURATION LODGE and send to Jorgen (Treasurer Jorgen Flood, P.O. Box 3168, West Chester, Pa 19381-3166 who will make one check out to the food bank.

At our September meeting there was excitement about what we will be doing on "New World Service Day" to honor Leif Erickson day. Because of the need in our area for food banks this was decided on as our participation. We will be participating each month going forward. It was a light-bulb going on that made us think of what we can do for our community.

Bondelandet 3-612 did a coat, hat, scarf, and glove collection for Coats of Friendship, York, PA which benefits those in need.



Norumbega Lodge #506 plans to collect used eyeglasses at its October meeting for donation to the Lions Club of Woburn.

Fraternally,
Peter Vatne
President
Norumbega Lodge #506

Norsk Carolina 3-679 and Noreg 3-466

will be combining an Alzheimers Walk with the "New World Service Day" to take place in October. (Right on point- 2 birds, one stone.)

Hampton Roads 3-522 message to members: "One of the nice things that the Sons of Norway lodge's do for their communities and the less fortunate, is that we give a portion of our time and money to charitable groups and organizations. The lodge's in District 3 have started a new effort along these lines called "New World Service Day." I've attached Dirk Hansen's (D3 Fraternal/ Foundation Director) email that includes the flyer that talks about this new program. You can also see what some of the lodge's have initiated in support of this new program.

This is not a mandatory lodge obligation, but rather a nice to do effort for those that want to be involved.

We have had one idea already that will involve our lodge knitters to make little hats for baby premies to wear at our local hospitals.

After you read the flyer, you'll see that there is so many different things that a lodge can do to be a part of this charitable effort.

If you would like to be a part of this by volunteering to do one of these projects or have another idea that you and other members of the lodge would like to do, please let me know and we can get started."

Norrone 3-467

For the first annual National Service Day, Norrone Lodge 467 collected food items for the Center for Food Action in Mahwah, NJ.

In the photo attached lodge member Penilyn Kruge is ready to deliver the donated items to the food bank.

Best regards,
Kaare



Nansen Lodge 3-410

Nansen has gotten involved in three groups for New World Service Day.



Tunnel to Towers Foundation: A great organization that helps build homes for our severely injured Veterans, first responders and families of Veterans who have sacrificed their life for our country. The family of Stephen Siller started this foundation after

their brother Stephen gave up his life on 9/11. Stephen ran through the tunnel from Brooklyn to the World Trade Center in full gear and lost his life to save others.

Knitting for Christmas. This is run by The Seamen Church Institute of NY. Some of the women from Nansen are knitting hats and scarves for this program and we hope to get more members involved. They have made over 100 items. They will be packed up and given to the seaman that arrive at the ports at Christmas time. The Institute distributes several thousands each year.



Nansen also collects towels, blankets and sheets that is given to the local Animal Care Center of NYC

New World Service day has helped us to get back into helping others. Ruthie Kornbrekke



Gateway to Florida 3-514

Gateway to Florida Lodge 3-541 Charter member & Assistant Treasurer, Pete Hopkins, & Vice President, Kent Larson, presented Bill Brim, CEO, & Jennifer Barrett, Chief Development Officer, Lutheran Social Services of NE Florida a \$500 donation for the benefit of their food bank! We were greeted by enthusiastic & grateful employees of LSS!



Suncoast Lodge 3-562

Suncoast Lodge participated in the World Service Day on Saturday, [October 8th](#) by cleaning a stretch of roadway. Our youngest participants and their parents stayed within the park where it was safer and away from traffic. In all we cleaned up over 50 pounds of trash that day.



The MacLean Family (from left to right): George Thomas, Hend, John Finn, Erik and Bente

Suncoast at Adopt-a-mile (from left to right):

Hend MacLean, Chris Taylor, George Thomas MacLean, Erik MacLean, John Finn MacLean, Bente MacLean and Nancy Kauf-



Oslo 3-438

Please remember to bring some non-perishable food items with you to the Oslo lodge meeting [this Saturday](#) for the Senior Center food pantry and for our part in the 3rd District's New World Service Day.

Thanks,
Jim Mostrom

Southern Star 3-630

Southern Star 3-630 partnered with the City of Myrtle Beach in planting a tree in Market Commons Lake Park. A plaque commemorating Leif Erikson along with the lodge name and number was part of the planting.



Blå Fjell 3-646 was all over the "Service Day spectrum with some members working independently and some in groups.

Volunteering with the Old Southwest Community Organization:
Maintenance and cleanup at the historic Gish House. Plawking (picking up trash while walking) in the neighborhood:



Fostering 2 elderly doggies from Angels of Assisi: multiple hours



Plus- 4 hours of tutoring a child in need in Phonics, Math, and English. This was done at St. John Lutheran Church. Visited person in nursing home . Donated magazines to Roanoke Count Jail and donated books to Cornerstone Classical Academy and 40 socks and 9 boxer shorts for men's shelter.

***"Service to others is the rent you pay
for your room here on earth." –
Muhammad Ali***

From Falmouth to Lauderdale - District 3 Happenings

Bondelandet 3-612



Presentation of the 2020 International Small Lodge of the year. In attendance:
District 3 Secretary Karen Olsen-Helmold
District 3 President Steve Helmold
Bondelandet Lodge President Jeannie Addison
International Treasurer Mary B. Andersen

Restauration 3-555



With help from the Third District Fraternal Funds the Restauration Lodge 3-555 was able to take a trip to Ellis Island on a cultural tour.

Gulfstream 3-514

At the October 9th meeting and social, Daryl and Shoneen Wagner show members of Gulfstream Lodge a crocheted bedspread made by Shoneen's great grandmother, Geda. This bedspread has been passed down to the eldest granddaughters throughout the years



Restauration 3-555



This is why genealogy is fun in Restauration Lodge.

Just 3 of our members in the Group Marilyn Nelson, Genealogy leader and VP Rick Nelson , Susan March.

From Falmouth to Lauderdale - District 3 Happenings

Nor-Bu 3-427 Celebrates 80 years since it's Institution.



Gateway to Florida 3-541 has a busy November.

We are participating in the annual Alzheimer's Walk at UND campus. **We need walkers and donors.** Walkers will assemble at J. B. Coxwell Amphitheater, 1 UNF at 8 a.m. for registration. All walkers must register. A short ceremony is planned for 9 a.m. and the walk begins at 9:30 a.m. It is a one-mile walk rain or shine which can be done in total or partially. Each registered participant will receive a Promise Garden flower: blue represents someone living with Alzheimer's or another dementia; purple is for those who have lost someone to the disease; yellow represents someone who is currently supporting or caring for a person living with Alzheimer's; and orange is for those who support the cause and the Assn.'s vision of a world without Alzheimer's or other dementia. Many of us have experienced the ravages of Alzheimer's through a loved one or friend.

If you cannot walk we'd love to have you as a donor. We have a Sons of Norway page set up whereby you can make a donation on-line or you can mail in a donation as well. To access the page go to <https://act.alz.org>. To find our Sons of Norway page, put Sons of Norway in the search box. You will see that other D3 lodges have also set up fundraising pages, so click on Gateway to Florida. Our goal is \$500; our lodge will donate and we hope that lodge members and friends will also donate so we can at least reach our goal but perhaps surpass it.

Please let either Marci Larson (mlarson@northfloridatpo.com) (307-2888) or Ellen Wallwork @ 613-5201 know you are walk-

ing. If you have questions you can outreach to either one as well. Thanks to Ellen who set up our page. You can wear your Sons of Norway shirt.

Then we are convening at President Marty and Pastor Ida's home for a picnic from 11:30 a.m. to 1:30 p.m. Everyone is welcome no matter if you walked or not (Yes, we certainly hope that you donate if you cannot walk. We will take money at the picnic). Marty will fire up his grill for hamburgers and Norwegian polsa that the lodge provides. But if you attend, we'd like you to bring a dish. We have assorted potato chips, so if your last name is A-L bring a salad (potato, pasta, lettuce, macaroni, etc.) or appetizer (any kind of "munchie"); if you are M-Z bring a dessert or beverage. (A beverage can be wine, ice tea, lemonade. Eugene will bring Hagar beer. This is a great opportunity to get folks together informally. Our last picnic attempt was rained out. This is a no cost event. But, it would be very helpful to know that you are coming and what you are bringing. So RSVP to Kent Larson and let him know: 614-7111 by **Friday** noon, Nov, 4. See you **Saturday** rain or shine.

Hope to see you at one/both events **Saturday**.
Marty Iverson, President

Nansen 3-410 Fall Event



The TDT and its editor does not necessarily approve of or agree with some of its content but will on occasion publish questionable lodge behavior.

From Falmouth to Lauderdale - District 3 Happenings

Hampton Roads 3-522

"Here are some pictures taken from the recent Hampton Roads and the Norge Norsemen Satellite Lodge's bazaars. Besides being a great opportunity for the lodge members to actively work together and show the public our camaraderie, we were able to join up 57 new members to the Sons of Norway. "



Hampton Roads Lodge above
Hampton Roads Norge Norsemen Lodge below



Blå Fjell 3-646 celebrates Jul at local school. Cornerstone Classical Academy is our second adopted school under SON Adopt-A-School program. Cheri Johnson, Bla Fjell lodge's Children's Activities Coordinator, teaches cultural activities every week on [Thursday](#).

Sharon Rohrback



Blå Fjell Juletefest



From Falmouth to Lauderdale - District 3 Happenings

Troll Lodge 3-476 celebrates 55 years since it's Institution.

Come join the

Sons of Norway Troll Lodge

for the
55th
Anniversary
& Holiday Dinner

with accordion music for your listening and dancing pleasure

Saturday, December 17th, 2022
6:00 pm • \$45.00 Admission

at the Travelers Rest
25 Saw Mill River Road, Ossining, NY 10562

Please RSVP by November 27th, 2022 to
President Kari: (914) 736-0784
Counselor Phil: (845) 628-4241

Norskevenner 3-678 Jultrefest in their new meeting facility



If you can identify St Lucia, send her a God Jul Message. Hint: Picture taken in Norway. Hint: In 1958

ALZHEIMERS DEMENTIA AWARENESS

CT CHARITABLE
TRUST
The 3rd District
Taking Care of Our Own



New Newsletter Contest Winner Announced

Beginning now there will be a newsletter contest and all lodges will be eligible to win!

Simply, insert the exact statement; "Lodge name– Supports a Dementia Friendly Society" as a permanent part of your lodge newsletter's masthead.

Submit your newsletters to me, Dirk Hansen hansenoaks@lowcountry.com Submissions will be judged on prominence and overall appearance. A \$100 donation will be made to the 3rd District Charitable Trust in the winning Lodge Editors name. Sorry, Southern Star is not eligible even though they have already begun to do this.

Well you have seen the above information about the Newsletter Contest for several issues of the TDT. As TDT editor and member of the Charitable Giving Committee I want to thank all of the District 3 Editors who participated in helping to get the word out about Alzheimers/ Dementia Awareness. But there can only be one winner. But hold on– We have a tie!

Kimberly Breiland 3-243

Kaare Hansen 3-467

Both editors will have a 100\$ donation made in their names to the Charitable Trust.

Speaking of getting the word out: The following is one of our District 3 Lodge Presidents monthly messages as it appeared in their newsletter this year.

Hello all!

I hope that everyone is OK after Hurricane Ian swept through. If you need help cleaning up, please let one of us or one of the Board members know. We had a great kickoff meeting in September!

We recapped both the District 3 Convention and the International Convention as well as other topics of interest.

As I mentioned in my last message, one of the pillars that Sons of Norway was built upon was Fraternal. This drives us to take into consideration charitable works. In our September meeting, the attendees agreed that during our October meeting we will take a short walk down The Plaza and back as our way to participate in Charlotte's Alzheimer's Walk. With October 7 being the day District 3 chose to focus on charities and with District 3 also choosing to support organizations who are working hard to find causes and cures for dementia, we thought we could do both at the same time. Note that our meeting is on October 15 but it is close enough to the designated date. We would also encourage you to make a contribution to the Alzheimer's Association by either donating on your own or by writing a check to Norsk Carolina designating the donation to the Alzheimer's Association. Norsk Carolina will send in all donations and will be making a donation as well. As of now, we have not set up an official "Walk from Home" team but will consider doing so prior to our walk as it might make it easier to make donations.

In addition, Sons of Norway has designated October as Sons of Norway Foundation Month. One way

to support Sons of Norway's Foundation is to donate when you renew your membership. They make it easy to do so at that time. It is equally as easy to donate to the 3rd District Charitable Trust by going to the 3D website at Sons of Norway Third District (3dsofn.org) and look for Charitable Giving on the menu at the top of the page. Information about all of these charitable causes can be found there.

I hope we have a good turnout on October 15! I don't want to walk alone! When we come back from our walk, we will have refreshments in our usual meeting place at Holy Trinity.

Looking forward to seeing you on October 15 at 4:00 pm!

Fraternally,

Ruth Campbell President,

Norsk Carolina Lodge

Could not have been said any better. The Charitable Giving Committee thanks you.

Alzheimers Walks

Gateway to Florida 3-541

ALZHEIMER'S WALK FOR JACKSONVILLE Alzheimer's Walk for Jacksonville is on Sat. Nov. 5 at the UNF J.B. Croxwell Amphitheater at 1 UNF Dr. Jax, 32224 Lets try to reach for a goal over \$500.00 Registration is at 8 a.m. (for those who didn't preregister online for the walk) but plan to be there at 8:30 by the Promise Garden Flower as it's easy to find. The Ceremony is at 9 a.m. and the walk follows immediately. The walk is only a mile and will only take about 20-25 minutes. Afterwards meet at Iverson's for a picnic lunch. The walk is on rain or shine unless it's a bad storm and announcements will be sent to the teams by email. (It happened last year as it was postponed until December). To get online to register and donate: www.act.alz.org; Find the team: Sons of Norway-Gateway Lodge to Florida and it may have my name as team leader: Ellen Wallwork. Press donate- no credit card donations of less than \$10.00. I can access the page to see how the donations are going. If you get donations of \$100.00 under your name you will earn a T-shirt.. The T-shirt will be sent after the walk. Ellen Wallwork

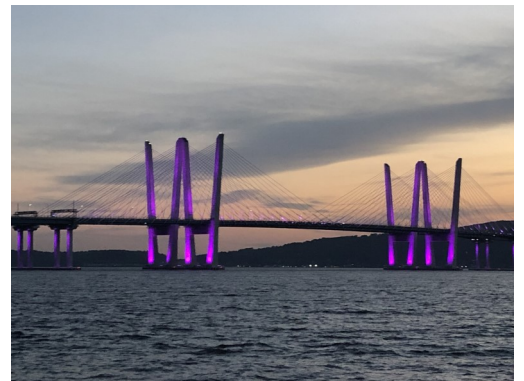
Hudson Valley 3-432

Norrna 3-467

Dear District 3 board Members,

I wanted to share with you the attached photo of the Mario Cuomo Bridge lit up with purple lights to support the Hudson Valley's walks to end Alzheimer's.

Pat and I were able to enjoy the view on [Wednesday, September 21st](#) at Horan's Landing in Sleepy Hollow, NY. The event was well attended by supporters from Westchester and Rockland Counties. There were speeches, music, food and drink and enthusiasm for a worthy cause.



Norrna Lodge 3-467 has a team that will walk on [Sunday, October 16th](#) at Clover Stadium in Pomona, NY. We are walking in support of our beloved brother, Roy Johnsen. He is 97 years old and a 72-year member of Sons of Norway.

Our team goal is to raise \$2500.00 this year and we are well on our way. If you would like to help us attain our goal by making a donation, please click on the link below.

Thank you all for supporting our efforts this year.

Fraternally,

Kaare

Our Heritage and Culture – A Tale of Two Frederiks



The Kingdom of Denmark-Norway had long remained neutral in the Napoleonic Wars. England, however, feared that Napoleon would attempt to conquer the Danish-Norwegian naval fleet.



C.A. Lorentzen - The Most Terrible Night. View of Kongens Nytorv in Copenhagen During the English Bombardement-
KMS3468 - Public Domain

In a move to prevent this from happening, England attacked Copenhagen and abducted the naval fleet in September 1807. The “fleet robbery” and bombardment of Copenhagen drew Denmark-Norway into the war on the side of Napoleon.

In August 1810, Marshal of France Jean Baptiste Bernadotte was elected heir apparent to the Swedish throne. He took the name Carl Johan and rapidly assumed a leading role in Swedish foreign policy.

It was widely believed that the French marshal would support Napoleon, but instead Sweden entered the war on the side of England and Russia. Carl Johan also had his own plans: Sweden had lost Finland to Russia in 1809, and he wanted to compensate for this loss by acquiring Norway. To achieve this he would need to join the alliance against Denmark.

Agreement on Norway

Carl Johan worked hard to convince the major European powers that Denmark, upon its defeat, should be forced to cede Norway to Sweden. He gained the support of the tsar in a separate treaty, and in 1813 England also agreed not to oppose the ceding of Norway to Sweden. However, the treaty stipulated that the process should be conducted “with all possible leniency and with due regard for the happiness and freedom of the Norwegian people”.

Napoleon’s forces were greatly diminished from the catastrophic campaign against Moscow in 1812. In October 1813 Napoleon suffered yet another defeat at Leipzig. After this loss, Denmark became the target of extensive diplomatic and military pressure. The northern army, under the command of Carl Johan, occupied the Danish-German duchies of Slesvig and Holstein, and Frederik VI, fearing further advancements, agreed to Carl Johan’s demands in return for immediate withdrawal from the Danish areas and compensation in the form of Swedish holdings in Pomerania, the island of Rügen and one million rix-dollars.

King Frederik VI of Denmark ceded Norway to Sweden in the Treaty of Kiel of 14 January 1814. The Norwegian dependencies of Iceland, the Faeroe Islands and Greenland were not covered by the treaty and remained in the possession of Denmark.

Norwegian refusal

In theory Norway had gone from being a possession of the Danish king to a new subordinate role under King Carl XIII of Sweden. In practice, however, a political vacuum had arisen; while Danish authorities no longer exercised power in Norway, a Swedish presence had not yet been established.

Norway refused to accept the terms of the Kiel Treaty. The Danish king had relinquished his claim on Norway for all time. Therefore, Norway maintained that sovereignty had reverted to the Norwegian people and that the nation should be able to choose its own path.

The Convention of Moss

Carl Johan invaded Norway in July 1814 and quickly suppressed the Norwegian forces. On 14 August 1814 a peace treaty was signed in Moss, and following negotiations conducted throughout the autumn, Norway entered into a union with Sweden. However, between the signing of the Kiel Treaty in January and the establishment of the union, several significant events had taken place: Norway had managed to join the union as an independent state with its own constitution, and for a few months it had once again had its own king –Prince Christian Frederik of Denmark.

Christian Frederik was a cousin of the reigning King of Denmark, **Frederik VI**, and heir to the Danish throne. In 1813 he was appointed Vice-Regent in Norway. His task was to visit all parts of the country in order to strengthen the ties between Norway and Denmark and obstruct the plans of the Swedish Crown Prince, Carl Johan, who wished to make Norway part of Sweden.

Christian Frederik was smuggled from Denmark through the British blockade (Denmark-Norway had sided with France during the Napoleonic Wars). He arrived at the Norwegian islands of Hvaler on 21 May 1813, and made his way to Christiania (as Oslo was called at the time) the following day. He immediately took up his new office, and rapidly became popular among the Norwegians.

The Kiel Peace Treaty

On 17 January 1814 King Frederik informed his Vice-Regent of the terms of the Treaty of Kiel, under which Norway had been ceded to Sweden. The letter instructed Christian Frederik to surrender the Norwegian forts and return to Denmark, but Christian Frederik refused to obey. He chose instead to head the Norwegian resistance against the treaty.

Norwegian sovereignty

Christian Frederik intended to have himself made King of Norway on the basis of his position as heir to the throne. However, at a meeting of prominent Norwegians in Eidsvoll on 16 February the same year, Professor Georg Sverdrup persuaded him to change his mind by arguing that with King Frederik of Denmark's renunciation of the Norwegian throne, sovereignty had passed to the Norwegian people. Thus a Norwegian king would have to be elected by the people themselves.

Christian Frederik convened a constituent assembly, which was held at Eidsvoll on 10 April 1814.

The Constitution and the election of a king The assembly spent the period 10 April-17 May drafting a new Norwegian constitution, based on forward-looking liberal and democratic principles. The assembly also decided that Norway should continue to be a monarchy, and on 17 May Christian Frederik was unanimously elected King of Norway.

War with Sweden

Crown Prince Carl Johan refused to accept Norwegian independence, and appealed to the major powers for support in enforcing the Kiel Treaty. A delegation was dispatched to Norway to negotiate with Christian Frederik but it was unsuccessful. On 29 July Carl Johan's forces marched into Norway.



Norwegian resistance was soon quelled, and Norway requested a ceasefire. On 14 August both parties signed the Convention of Moss. Christian Frederik agreed to cede power and leave the country.

King Christian Frederik abdicates

On 10 October 1814, at Bygdø Royal Farm, King Christian Frederik gave up the Norwegian throne, and on 28 October he left the country.

In 1839, Christian Fredrik became King of Denmark, where he reigned until 1848.

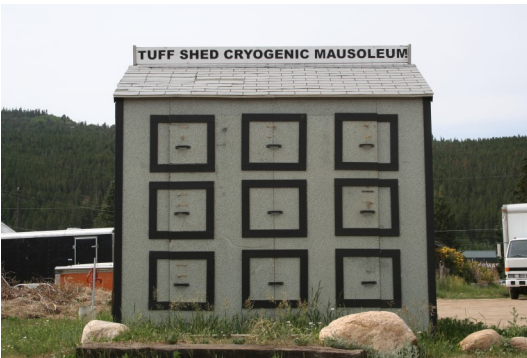
Content from the Royal House of Norway website

Our Heritage and Culture – Frozen



In 1989, a Norwegian citizen named Trygve Bauge brought the corpse of his recently deceased grandfather, Bredo Morstøl, to the United States. The body was preserved on dry ice for the trip, and stored in liquid nitrogen at the Trans Time cryonics facility in San Leandro, California from 1990 to 1993.

In 1993, Bredo was returned to dry ice and transported to the town of Nederland, where Trygve and his mother Aud planned to create a cryonics facility of their own. When Trygve was deported from the United States for overstaying his visa, his mother, Aud, continued keeping her father's body cryogenically frozen in a shack behind her unfinished house.



Aud was eventually evicted from her home for living in a house with no electricity or plumbing, in violation of local ordinances. At that time, she told a local reporter about her father's body, and those of two other individuals, and the reporter went to the local city hall in order to let them know about Aud's fears that her eviction would cause her father's body to thaw out.

According to an article in the February 7, 1995, *The Denver Post*, Aud Morstoel was found guilty by a jury of building-use and zoning violations. The Nederland town judge ordered her to remove the frozen body of her father from Nederland by March 6 or face

10 days in jail and a \$600.00 fine.

The story caused a sensation. In response, the city added a broad new provision to Section 7-34 of its Municipal Code, "Keeping of bodies", outlawing the keeping of "the whole or any part of the person, body or carcass of a human being or animal or other biological species which is not alive upon any property". However, because of the publicity that had arisen, they made an exception for Bredo, a grandfather clause. Trygve secured the services of Delta Tech, a local environmental company, to keep the cryonic facility running. Bo Shaffer, CEO of Delta Tech, was known locally as "The Iceman" and caretaker responsible for transporting the dry ice necessary for cryopreservation to the IC Institute, something he has done since 1995. In that year, the local Tuff Shed supplier and a Denver radio station built a new shed in which to store the body of Bredo. In the fall of 2012, Jane Curtis Gazit and Mike Wooten, took over as Bredo's caretakers, but they passed caretaking duties to Brad Wickham, a resident of Nederland, who is the current caretaker.

In honor of the town's unique resident, Nederland holds an annual celebration, first started in 2002.



Frozen Dead Guy Days is typically celebrated on the second weekend of March. Coffin races, a hearse parade, and "Frozen Dead Guy" lookalike contests are held. A documentary on "Grandpa Bredo", called *Grandpa's in the Tuff Shed*, is shown. A newer version of the film, *Grandpa's Still in the Tuff Shed*, was premiered in Nederland on March 7, 2003.

Other events include a tour of the Tuff Shed where Grandpa is still frozen; a "polar plunge" for those brave enough to go swimming in Colorado in early March (which generally requires breaking through the ice); coffin races (a team of 7



members build a 'coffin' and race an obstacle course carrying a teammate in said coffin), a dance, called "Grandpa's Blue Ball"; pancake breakfasts; Poetry Slam; a market showcasing local artists; Snowy Human Foosball, Fix-A-Frozen-Flat and frozen t-shirt competitions, and snow sculpture contests. Glacier Ice Cream, headquartered in the nearby city of Boulder, makes a flavor specifically for the festival (named, appropriately enough, Frozen Dead Guy), consisting of fruit-flavored blue ice cream mixed with crushed Oreo cookies and sour gummy worms. Tours of the Tuff Shed where Grandpa is still frozen were suspended after 2005, after Grandpa's family "became frustrated with Frozen Dead Guy Days",

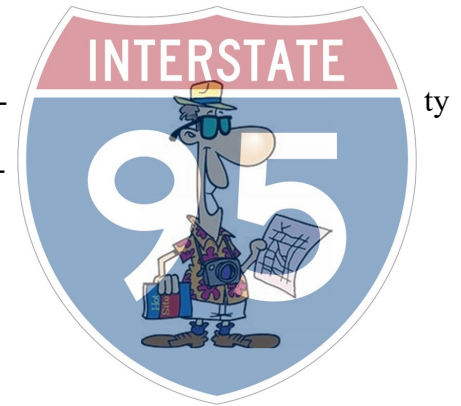
but they resumed with the 2010 celebration.

There has been a growing increase in interest in the festival, with rising attendance numbers each year. The 2019 event had an estimated 25,000 visitors. Various fan films have documented the backstory of the festival. In March 2020, just days before the 19th annual weekend event, the festival was cancelled due to rising concerns about the risk of large crowds spreading the coronavirus pandemic, especially given the rising number of documented cases.

Although Trygve and Aud filed a complaint against Nederland involving money and naming rights in 2005, Frozen Dead Guy Days continued to be held annually. Long-time organizer Amanda MacDonald partially relinquished ownership and control of the event in 2019. The celebration was last held March 19-20, 2022 after a two year hiatus due to the coronavirus pandemic. Organizers announced the 2023 iteration would be cancelled, stating Nederland refuses "to work with the festival's current owners again." For 2023, the festival will move to Estes Park.

"ON THE ROAD" In The 3rd District

Breukelen (Dutch pronunciation: ['brø:kələ(n)]) is a town and former municipality in the Netherlands, in the province of Utrecht. It is situated to the north west of Utrecht, along the river Vecht and close to the lakes of the Loosdrechtse Plas-sen, an area of natural and tourist interest. It is located in an area called the Vechtstreek. It is the namesake of the borough of Brooklyn in New York City.



My only experience with Brooklyn was back in the early 70's when I somehow managed to get very turned around riding the New York Subway. Thankfully, a friendly New Yorker, sensing my dilemma, directed me back to Manhattan. I had no idea what I was missing. Literally hundreds of things to do and see where we have 2 of our oldest and most revered Sons of Norway Lodges.

One of the best things to do in Brooklyn's Prospect Park is the beautiful Botanic Gardens. Covering 52-acres you can get lost wandering the different gardens and collections of plants in the Brooklyn Botanic Garden. There are over 18,000 plants housed here as well as attractions like the three different plant pavilions at different climates housing different types of plants, and the C.V. Starr Bonsai Museum. The garden has both indoor and outdoor areas to explore.



Outside there is the Japanese Hill-and-Pond Garden, Cranford Rose Garden, Shakespeare Garden, Water Garden, and more. In the spring, between late April and early May, you don't want to miss the 200 cherry trees when they blossom during the Brooklyn Botanic Garden Cherry Blossom Festival.

There is seriously so much amazing street art in Brooklyn to check out, but if you only have a little time and love the street art scene, you need to check out the Bushwick Collective, a giant open-air museum featuring works from street artists from all over the globe.

This official 'collective' started in 2011 by a local, Joe Ficalora who used street art to help heal and deal with the passing of both of his par-

ents and also transform the neighborhood of Bushwick with colorful, meaningful street art. Since 2012, every June the Bushwick Collective hosts their annual Block Party which is when all of the new murals in Brooklyn pop up that are a part of the official collective.

Some murals get covered and some remain around year after year, basically, they have to have nearby walls and buildings donated to use as a blank canvas.

Most of the Brooklyn graffiti and murals associated with the official collective can be found along Troutman Street between Irving Avenue and Cypress Avenue, there are more along Starr Street too. But we recommend following our complete guide to exploring the Bushwick Collective street art on your own to make sure you don't miss anything as this is one of our favorite things to do in Brooklyn.



One of the more unique things to do in Brooklyn is visit The City Reliquary, a community-run, not for profit museum in Williamsburg focusing on the history of the 5 boroughs as well as a sort of shrine to all things New York City.

The museum's origins are even interesting starting in the first floor of an apartment in Williamsburg where the owner painted a map and directions to any nearby landmarks on the side of the building.

Some of the oddities you'll encounter here include everything from New York City rat bones, old postcards, fragments of historic landmarks in the city, and other random finds by the community all tied to New York City.



Also, be sure to check out their rotating exhibits they host throughout the year as well. In 2019, they housed a collection of artifacts from New York City Public Schools from the years of 1850-1970 with items like a dunce chair and classroom decorations.

Calling all beer connoisseurs, this next place and thing to do in Brooklyn is for beer lovers with an elevated palate. Tørst is a Danish-inspired taproom with 21 rotating taps and a daily food menu.

If you're not with the biggest beer drinker, no worries there are also craft cocktails and a selection of wines here as well.

This has become the 'it' spot to hang out in Greenpoint as the Nordic feeling interior feels like you're somewhere else across the globe.

Their menu, in general, is at a bit higher price point than other breweries, but if you're looking for an eclectic selection of brews paired with delicious bites then this is a fun place to check out.

Black Gold Records in Carroll Gardens is easily one of the best record stores in the city, many of the other best record shops in the city just couldn't survive, but Black Gold Records is still thriving.

Besides selling a great collection of records you can also shop antiques and grab a coffee all in this one dynamite location. The staff knows their stuff, so if you need help or personal flair to your shopping experience, you'll get it here.



The Brooklyn Superhero Supply Store in Park Slope is a quirky shop selling superhero capes, masks, and supplies!

What kind of supplies you ask? How about a can of the speed of light, a jar of anti-matter, or a canister of invisibility? These novelty items aren't actually real, sorry spoiler alert! But they do make a fun gift for a co-worker, friend, or parent that needs some extra encouragement and recognition for the superhero they are.

What's even better about this place is that it's actually a front for the 826NYC Foundation, a non-profit organization that provides after school tutoring and workshops for struggling students and youth. From helping non-native speaking children learn English to tutoring on any subject. This place is truly a unique gem and thing to do in Brooklyn, so be sure to check it out and support an awesome cause.



Located on the border of the Park Slope and Gowanus neighborhoods is the historic landmark, Old Stone House nestled in Washington Park right off of Park Slope's bustling 5th Avenue.

The Old Stone House is listed as a National Register of Historic Places monument and is a restored version of a Dutch stone farmhouse built in 1699 owned by Dutch immigrants who farmed the land here and harvested oysters.

The Old Stone House was an integral part of the 1776 Battle of Long Island, or the Battle of Brooklyn, the largest fight in the Revolutionary War. On August 27, 1776, the Old Stone House was where the Americans led and commanded the fight against the British and General Charles Cornwallis.

The Battle of Brooklyn was a loss for Americans, the British won this fight and occupied Brooklyn and Manhattan for seven years to come. However, George Washington and his troops escaped the British to fight again and win the war.

On the corner of Saratoga and Livonia Avenues in Brownsville, Brooklyn, there used to be a 24 hour candy store. During the 1930s and 40s, the Midnight Rose Candy Store, located under the elevated portion of the 3 subway train, was run by a little old lady in her 60s, Mrs. Rosie Gold. It's hard to imagine a more innocuous and unoffending picture. But all was not as it seemed at the Midnight Rose, for this was the secret headquarters of one of the most infamous and deadly groups in the history of organized crime: Murder, Inc.

Murder Incorporated was created in the 1930s to act as the execution squad of the newly formed National Crime

Syndicate. The death squad was comprised of mostly Jewish and Italian gangsters centered around the Brownsville neighbourhood of Brooklyn. Exact numbers aren't known, but it is estimated that Murder Inc., carried out 400-1000 executions, making the innocent looking candy store responsible for more murders than anywhere else in the United States.

The National Crime Syndicate was the ruling elite of East Coast organized crime, counting amongst their ruthless members Lucky Luciano, Meyer Lansky, Bugsy Siegel and Dutch Schultz. Murder Inc. was run by Louis "Lepke" Buchalter and Albert Anastasia, known as the 'Lord High Executioner'. The group of killers were paid a basic retaining salary and a freelancer fee for each hit of anywhere from \$1,000 to \$5,000. Rosie Gold kept a wall of pay phones along the back wall of the candy store; the members of Murder Inc., would pass the time at the Midnight Rose, sipping on Rosie's malted milks until one of the phones rang, giving the details of the hit. The group included such cold blooded killers as Abe "Kid Twist" Reles, "Pittsburgh Phil" Strauss, Allie "Tic Toc" Tannenbaum, and Martin "Bugsy" Goldstein. As the murders were carried out by men unknown to the victims, Murder Inc., was able to remain unassociated with executions that took place all along the East Coast, and as far west as Detroit. Strangers were often dispatched at the whim of the National Crime Syndicate with the preferred weapon of choice for Murder Inc., the ice pick.

The assassins eventually met their downfall in 1940 when "Kid Twist" Reles was caught by a police informant. Rattling on each of his colleagues, the majority of members of Murder Inc., would go on to meet their own grisly ends in the electric chair at Sing Sing. On November 12th, 1941, whilst staying at the Half Moon Hotel in Coney Island under 24 hour police supervision, Kid Twist was found dead after falling seven stories from his room. The case was never solved, but it seems likely that he paid the price for turning informant. As one member of the National Crime Syndicate is supposed to have said of Reles, "the canary could sing, but he couldn't fly."

With most of its members in prison or executed, Murder Inc., faded into memory; but is immortalized in film, literature, and television shows such as "Boardwalk Empire" and Neil Kleid & Jake Allen's comic book "Brownsville" (2006), their name has passed into legend.

Rosie Gold disappeared into obscurity, but her corner candy store is still there, on the corner of Saratoga and Livonia. For the past three years it has been a 24 hour bodega. The current owner when interviewed had no idea that his corner deli was once the headquarters of one of the most feared collection of assassins in American history. The row of telephones have gone, and with it the ring of an incoming call that would have meant the end of someone's life at the deadly hands of Murder Incorporated.





vik ing history

selja

At the northwesternmost part of Sogn og Fjordane county lies Selje municipality, a quiet peninsula embracing a couple of small, rocky islands. One of those islands is Selja. At just one mile wide and with only five permanent residents (give or take a few goats), you would be excused to think there's nothing significant or extraordinary about it. And yet, Selja Island played both a significant and extraordinary part in Norway's religious history. Read on to find out more about the island that's one of Norway's most important pilgrimage destinations.



Selja monastery has been considered one of the most sacred sites in Norway for more than 1000 years. The monastery is connected to the legend of St. Sunniva (10th century CE), who is the only female Norwegian saint, and was for a long time an important pilgrimage site in the country, second only to The Nidaros Cathedral in Trondheim. The historical context as well as the wild and enchanting surroundings still draw many visitors to the island and its monastery. It leaves a lasting impression on those who venture there.

(1170 CE); *Óláfs saga Tryggvasonar* (c. 1190 CE by Oddr Snorrason, Iceland); and *Flateyjarbók* (14th century CE, Iceland) - but was first mentioned by Adam of Bremen (1040-1081 CE), who visited the island c. 1070 CE. Adam of Bremen's visit took place 70-80 years after Olav Tryggvason, the first Christian king of Norway (r. 995-1000 CE), supposedly found the remains of St. Sunniva in the cave where she was buried in 996 CE.



According to the legend, St. Sunniva was a Christian Irish princess who had to flee from her home. A heathen and violent king, possibly a Viking chief, sought to take control over her land and force her to marry him. The Irish princess escaped by boat, together with some of her people and her brother Alban. Alban was later mistakenly associated with the English St. Alban (3rd or 4th century CE), who the monastery later would be dedicated to. The boat was caught in rough weather and brought St. Sunniva and her company to the coast of Norway. They were stranded on Selja island, took shelter there in a cave, and settled on the previously uninhabited island.

Norway was at that time ruled by Jarl Håkon Sigurðarson (r. c. 975-995 CE), a pagan king known for strongly opposing the Christianization of Norway. The people living on the mainland not far from Selja were skeptical about the new Christian settlers and sent word to Jarl Håkon accusing their new neighbors of stealing sheep. Jarl Håkon went to the island with a group of armed men with the intent of killing the Irish princess and the new inhabitants. St. Sunniva and her company hid in the cave and prayed to God for a miracle to protect them from the wrath of the heathens. Their prayers were heard. Stones fell from the mountain above blocking the entrance to the cave, stopping Jarl Håkon's attack. Unfortunately, St. Sunniva and her followers were trapped inside the cave, and all died. Olav Tryggvason visited the cave later and found Sunniva's body preserved, looking

like she had only been sleeping. This was taken as a sign of her sacredness, and the island was soon established as an important pilgrimage site.



St. Sunniva became the patron saint of Bergen and the west coast of Norway. She is sometimes depicted next to Saint Olav (r. 1015-1028 CE), which may imply that she was at times also considered the patron saint of all Norway together with St. Olav. In most depictions, St. Sunniva is holding a stone, which symbolizes the stones that blocked the cave. These stones protected her and her people from being captured by the Norsemen, who opposed the introduction of the new Christian faith. The cult celebrating St. Sunniva was present in the caves on the island before a stone church and a Benedictine monastery were built in 1100 CE and dedicated to St. Alban. Selja became the first bishopric established on the west coast of Norway, but it was moved in 1170 CE to Bjørgvin (now Bergen). To this day, St. Sunniva, her brother, and their company are celebrated on 8 July, a day known as *Seljumannamesse*.

Excerpted from an article by Wanda Marcussen

World History Encyclopedia

August 2020

Watch more about Selja Island

<https://youtu.be/ZMBQnZczyD0?t=43>

A monument and statue dedicated to St. Sunniva (10th century), the patron saint of the Diocese of Bjørgvin, on the site where the now lost Christ Church would have stood in medieval Bergen. In the background is Haakon's Hall, which was built during the 13th century by King Håkon Håkons-son (r.1217-1263).



Scandinavian American Spotlight– As Promised—Another Hall of Famer



One pill makes you larger
And one pill makes you small,
And the ones that mother gives you
Don't do anything at all.
Go ask Alice
When she's ten feet tall.
And if you go chasing rabbits
And you know you're going to fall,
Tell 'em a hookah smoking caterpillar
Has given you the call.
Call Alice
When she was just small
When the men on the chessboard
Get up and tell you where to go
And you've just had some kind of mushroom
And your mind is moving low.
Go ask Alice
I think she'll know.
When logic and proportion
Have fallen softly dead
And the White Knight is talking backwards
And the Red Queen's "off with her head!"
Remember what the dormouse said:
"Feed your head! Feed your head!"



Grace Slick, to the public mind, is synonymous with Jefferson Airplane and Jefferson Starship in the way that Mick Jagger is synonymous with the Rolling Stones. Ironically, Grace was not an original member of the band, nor was she with Starship at the very end. But Grace's importance to every phase of the band cannot be underestimated. White Rabbit, which she wrote, helped define not only Jefferson Airplane but also the acid rock era. Her unconventional vocals on Somebody to Love gave the Airplane its biggest hit. As one of the first female rock stars (as opposed to pop singers), Grace helped redefine women's role in modern music as more than just a sex symbol backed by a band. Of course, with her statuesque beauty and icy blue eyes, Grace had the sex symbol bit down pat as well.

Grace Barnett Wing was born October 30, 1939, in Highland Park, a suburb of Chicago, IL. Her father, Ivan, was an investment banker, and her mother, Virginia Barnett Wing, had been an actress and singer in the early '30s. Her lineage goes back to Norway, where the family name was Vinje. Grace attended Finch College, a prestigious finishing school for girls, in New York (1957-58), before transferring to the University of Miami (1958-59), where she majored in art. She tried her hand at various odd jobs and even auditioned as a singer at a black record label. But although she modeled for I. Magnin's department store from 1960-63, Grace later said she had no ambitions beyond being a housewife. On August 26, 1961, she married Gerald "Jerry" Slick, a film student and later a successful cinematographer. She later described the marriage as passionless and the result of "cultural imposition." But it was during this marriage that she wrote her first song — a piece for one of Jerry's film projects.

In August 1965, Grace read an article in the San Francisco Chronicle about a new band called Jefferson Airplane. A week later, she and Jerry checked out the band at the Matrix. Deciding that being in a rock band looked like a lot of fun and paid better than modeling, Grace and Jerry soon formed their own band, the Great Society. Jerry played drums, and his brother Darby Slick joined on guitar. With the lineup completed by David Minor (guitar/vocals), the Great Society made its debut at the Coffee Gallery in San Francisco's North Beach section on October 15, 1965.

Despite her rather late entry into rock 'n' roll, Grace proved herself a talented singer. She attempted to imitate the sound of an electric guitar and developed a unique and forceful singing style. She also discovered a knack for writing songs — White Rabbit was one of her first compositions.

Grace has always said that White Rabbit was intended as a slap toward parents who read their children stories such as Alice in Wonderland (in which Alice uses several drug-like substances in order to change herself) and then wondered why their children grew up to do drugs. For Grace and others in the '60s, drugs were an inevitable part of mind-expanding and social experimentation. With its enigmatic lyrics, White Rabbit became one of the first songs to sneak drug references past censors on the radio. Even Marty Balin, Grace's eventual rival in the Airplane, regarded the song as a "masterpiece."

In 1966, one Sylvester Stewart (the future Sly of Sly and the Family Stone) walked out as the band's producer of a demo after it took the band 50 takes to get one song right. However, Grace's talent carried the band, and they found themselves opening for Jefferson Airplane and other successful, local bands. Columbia Records even offered the Great Society a recording contract (and would release two albums by the band after Grace found fame), but, by the time the contract arrived in the mail, the Great Society was no more.



In September 1966, the Airplane put bassist Jack Casady up to asking Grace if she might be interested in joining them. For Grace, it was a no-brainer; the Airplane had already released an album and seemed on the verge of a major breakthrough. After discussing the matter with her husband (one of the last times, it seems, that Grace would take his opinion into consideration), she accepted the Airplane's offer. Bill Thompson, then the Airplane's road manager, would buy out Grace's contract from her manager for the paltry sum of \$750.

Following Signe Anderson's final gigs with the Airplane in mid-October, Grace became the band's new female singer. She would later recall that she was "scared shitless" — she barely knew the words, but it didn't matter, for the Airplane played far louder than she expected.

After such an inauspicious debut, Grace barely had time to get comfortable with the Airplane before the band went to Los Angeles to record its second album, Surrealistic Pillow. She did contribute two stand-out cuts from the Great Society — White Rabbit and Darby Slick's Somebody to Love. Though the Airplane recognized those songs as special, even they had little inkling as to how popular they would become. Nine

months after she joined the band, Grace found herself a star as the lead singer of the band's two top ten hits.

Grace Slick quickly emerged as an icon of the psychedelic scene that followed. She always downplayed her own significance in the press, suggesting that she got the most attention because she was the only woman in the band. But such comments disregard Grace's obvious talents and extroverted personality. She would literally say and do anything. While appearing on the Smothers Brothers Comedy Hour in 1968, she wore blackface and raised her fist in a Black Panther salute. During one rainy outdoors concert, she performed topless rather than getting her blouse wet. On another occasion, she drunkenly referred to a wealthy audience as "filthy jewels" (a comment misheard by some as "filthy Jews"). In her autobiography, Grace said she learned "how to let it out and damn the censorship" from Mick Jagger. Unfortunately, much of her behavior was also attributed to her increasing addiction to alcohol.

By early 1967, Grace's marriage to Jerry was all but over, though they didn't divorce until 1971. She had a brief dalliance with Jack Casady, then began a two-year affair with Airplane drummer Spencer Dryden. Grace felt an immediate connection with Spencer, since they were both initially "outsiders." Once Grace became famous, however, Spencer would use their relationship to get his way within the band.

With the Airplane, Grace apparently regarded herself as an equal among equals who could write anything she damn well pleased. Her songs were psychedelic interpretations of literary classics (Rejoyce, 1967), attacked middle class repression (Greasy Heart, 1968), and assaulted human arrogance (Eskimo Blue Day — noted for the line, "the human name doesn't mean shit to a tree" — 1969). On the occasion of Spencer's 30th birthday, she wrote Lather (1968), a song expressing the anxieties of growing older — a theme she would revisit on several occasions.

By 1969, her relationship with Spencer had ended, and she soon became involved with Paul Kantner. Though they never married, Grace decided that she wanted to have Paul's child. Their daughter, China, was born on January 25, 1971. (In typical Grace fashion, she initially told the press that she was going to name the child "god.")

One of Grace's oddest and most famous incidents occurred shortly before her pregnancy. In April 1970, the former Finch College student was invited to a reception hosted by President Richard Nixon's daughter, Tricia, at the White House. The organizers of the affair apparently had little idea who Grace was, or of her opinion of Nixon. (Her song, Mexico, a scathing critique of Nixon's anti-drug policy, had only just been released as a single.) Upon arrival, however, Grace was barred from entering when she brought a "bodyguard" — '60s radical Abbie Hoffman! Grace later said

that, had they been allowed in, they had planned to spike Nixon's tea with LSD.

But as the Airplane began to disintegrate in the early '70s, Grace coped with it and the pressures of motherhood by drinking. On May 13, 1971, a mere four months after becoming a mother, Grace was involved in a near-fatal drunk driving accident. After an all-night recording session, she and Jorma drag-raced their sports cars near the Golden Gate Bridge. Grace lost control and crashed into a retaining wall. Miraculously, she escaped with only serious concussions.

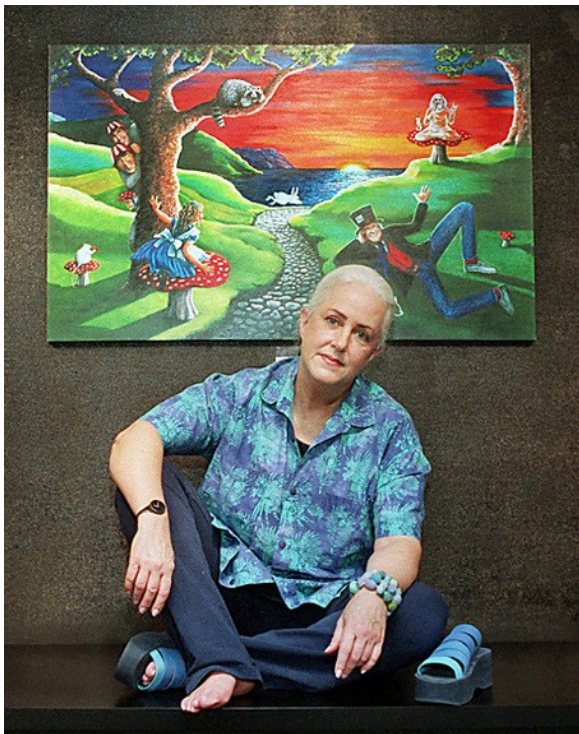
Grace's behavior became more extreme, and the remote Paul proved ill-equipped to deal with her outbursts. She often called him a "Nazi". In August 1972, in Akron, Ohio, she and Paul were both arrested during an altercation with police following a concert. According to Grace, she had wandered on stage without her glasses during an argument between the police and the band's road manager. Seeking to steady herself, she grabbed onto a policeman's uniform. He responded by macing her. Paul rushed to Grace's defense and was shoved to the floor by police.

In early 1974, Grace released her first solo album, *Manhole*. During that same period, Grace agreed to form a new band with Paul, Jefferson Starship. Her contributions to the first album, *Dragon Fly*, included *Hyperdrive*, a sobering reflection of life at age 35: "I didn't know there were corners in time till I was told to stand in one."

A year later, Jefferson Starship broke big with Marty Balin's romantic hit, *Miracles*. To Marty's consternation, Grace continued to command the public's attention, albeit in the form of controversial behavior. In 1978, Grace was dragged off the stage of a local San Francisco game show after abusing contestants.

In the meantime, Grace had found a new love in the form of lighting director Skip Johnson. They began having an affair during the Starship's first tour. Finally, Grace ended her relationship with Paul and, on November 29, 1976, she married Skip in Hawaii. Neither Paul nor Marty attended.

Over the years, Grace has been the subject of two biographies. The first, written by Barbara Rowes, was published in 1980. The second, Grace's own *Somebody to Love? A Rock and Roll Memoir*, co-authored with Andrea Cagan, appeared in September 1998.



In the years since her retirement, Grace has turned to another creative endeavor — painting. Her works include portraits of old friends such as Jimi Hendrix, Janis Joplin, and Jerry Garcia. As of November 2000, she had sold about 60 paintings, priced from \$1,100 to \$8,700. Although her work has hardly garnered the respect of critics (so what else is new?), others laud her paintings for evoking feeling, something hard for any artist to do. For Grace, whose shoulder-length hair is now completely white (she had been dyeing it since her mid-20s), it's a chance to create something that doesn't involve her appearance.

Slick, famous as a rock 'n' roll singer, was one of the earliest female rock stars alongside her close contemporary Janis Joplin, and was an important figure in the development of rock music in the late 1960s. Her distinctive vocal style and striking stage presence exerted influence on other female performers, including Stevie Nicks, Patti Smith, and Terri Nunn (of "Berlin" fame).

Between 1985 and 1999, Slick was the oldest female vocalist on a *Billboard* Hot 100 chart-topping single. "We Built This City" reached number one on November 16, 1985, shortly after her 46th birthday. Previously, the distinction of the oldest female vocalist with a chart-topping single was Tina Turner, who at age 44 had 1984's number-one smash, "What's Love Got To Do With It".

Turner (who is one month younger than Slick) turned 45 two months after the song topped the charts. Slick broke her own record in April 1987 at age 47 when "Nothing's Gonna Stop Us Now" topped the US charts. Her record stood for 12 years but was ultimately broken by Cher, who was 53 in 1999 when "Believe" hit number one.

Slick did vocals for a piece known as "Jazz Numbers", a series of animated shorts about the numbers two through 10 (a number-one short was never made), which aired on *Sesame Street*. The segment for the number two appeared in the first episode of the first season of *Sesame Street*, November 10, 1969. She was nominated for a Grammy Award in 1981 as Best Rock Female Vocalist for her solo album *Dreams*. She also performed the song "Panda" at the 1990 March for the Animals.

In 1993, she narrated the Stephen King short story "You Know They Got a Hell of a Band" on his *Nightmares & Dreamscapes* audiobook.

She was ranked number 20 on VH1's 100 Greatest Women of Rock N Roll in 1999.

In 2017, Grace Slick licensed the Starship song "Nothing's Gonna Stop Us Now" to Chick-fil-A to use in a TV commercial, but because she disagrees with Chick-fil-A's corporate views on same-sex marriage she gave all of the proceeds of that deal to Lambda Legal, an organization that works to advance the civil rights of LGBTQ people and everyone living with HIV.

She was inducted into the Rock and Roll Hall of Fame in 1996 as a member of Jefferson Airplane.

1996 Rock And Roll Hall of Fame Inductees

Performers:

1. David Bowie
2. Jefferson Airplane
3. Little Willie John
4. Gladys Knight and the Pips
5. Pink Floyd
6. The Shirelles
7. The Velvet Underground

WOW!

Listen to "Greasy Heart"

from the Jefferson Airplane album *Crown of Creation*.

Written by Grace / Lead Vocals

https://www.youtube.com/watch?v=3-6Az_94D40



Jefferson Airplane was honored on October 13, 2022, with the 2,737th star on the Hollywood Walk of Fame in the category of Recording. The star was dedicated at 6752 Hollywood Boulevard in front of The Musician's Institute. Accepting the star on behalf of the band were Grace Slick, Jack Casady, and Jorma Kaukonen.

Joining emcee Lupita Sanchez Cornejo for the star unveiling was John Densmore of The Doors. Grace is wearing Paul Kantner's hat.