

## Fra Presidenten, Kathy Dollymore, Oct 2018



I like to think that exploration is in our blood from the time of the Vikings to Liv Arnesen and beyond. Who is Liv Arnesen you might ask?

**Liv Ragnheim Arnesen** (born June 1, 1953) is a Norwegian educator, cross-country skier, adventurer, guide, and motivational speaker. Arnesen led the first unsupported women's crossing of the Greenland Ice Cap in 1992. In 1994, she made international headlines

becoming the first woman in the world to ski solo and unsupported to the South pole. – a 50-day expedition of 745 miles (1,200 km). Liv has worked with Ann Bancroft for approx. 20 years. They are both former teachers, and in 2000-01 they became the first women in the world to cross the Antarctic continent on skis. An amazing trip of 2765 km (1,717 miles). They used the expedition to market their curriculums; – An interdisciplinary about Antarctica and one called «Dare to Dream». They also have a curriculum called «Roads to Peace». Together they formed Bancroft Arnesen Explore so that they could share their dreams with millions of others. In 2012, they launched their most ambitious project, BAE Access Water, with an expedition on Ganges. In order to anchor teaching programs internationally, they have invited one woman from every continent to participate. To learn more about this amazing explorer look at the website: <http://www.livarnesen.com>

In this month we celebrate **Leif Erickson Day**. I would like to list some Notable Norwegian Explorers. Yes, we all know Leif Erickson, Thor Heyerdahl, Helge Ingstad and Roald Amundsen, but the list, though not complete, will give you an idea of the men and women who thirst for adventure. If you are unfamiliar with one or two of the names this would be a wonderful opportunity to present a program at your lodge on a particular unsung champion. Remembering that the Norway of today is as bold and with love of the great outdoors, **No Horizon is so Far: An Extraordinary Journey** across Antarctica. Ann Bancroft and Liv Arnesen. Da Capo Press. 2003 for a good read.

- Bernt Balchen (1899–1973), Norwegian-American polar aviation pioneer
- Samuel Balto, arctic explorer
- Rune Gjeldnes, polar (solo) adventurer
- Trygve Gran (1889–1980), aviator, made the first solo flight across the North Sea
- Tormod Granheim, climber and extreme skier, 1st ski descent Mount Everest North Face, 2006
- Hjalmar Johansen (1867–1913), polar explorer
- Erling Kagge, polar solo adventurer, climber
- Carl Anton Larsen (1860–1924), Antarctic explorer and first person to ski in Antarctica on the Larsen Ice Shelf; considered the founder of the Antarctic whaling industry and the settlement at Grytviken, South Georgia
- Henry Larsen, Norwegian born Canadian Arctic seaman for the Royal Canadian Mounted Police; second to traverse Canada's Northwest Passage in the *St. Roch*
- Christian Leden (1882–1957), Greenland and Canada
- Lars Monsen, adventurer
- Jens Munk (1579–1628), explorer of the Northwest Passage
- Fridtjof Nansen (1861–1930), Arctic explorer, scientist and international statesman
- Børge Ousland, polar solo adventurer
- Finn Rønne (1899–1980), Norwegian-American antarctic explorer
- Otto Sverdrup (1854–1930), Arctic explorer

Begin your own adventure and discover your lodge. See what adventure awaits when you all work together for the common goal. Language classes, book discussions, sharing recipes, enjoying the Culture of Norway.

**La oss arbeide sammen som en.**

*Remember Leif Landed First, Kathy*