

## 4th QUARTER 2021

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## THIRD DISTRICT TODAY



TDT



NEWSLETTER FOR MEMBERS AND FRIENDS OF THE 3rd DISTRICT



This is a busy time with Lodge nominations and elections. For those who accepted a position a BIG THANK YOU!! Lodge members, please, support the officers, whether a returning officer or new officers, as they take on the challenge of leadership. Some will bring refreshing new ideas; some will have a learning experience and some will be comfortable in their continuing space. Remember change can be refreshing in while remembering the significance of our longstanding traditions and ceremonies. In the meantime, this is your Lodge, your Sons of Norway. If we want our lodges to continue to grow, we must recognize what our members expect from our lodges. So, let's speak up and let's also listen. And.... By staying focused on the future of our lodges the more the road ahead will start to appear brighter and less hazy.

Besides the end of Daylight Savings, Veteran's Day, Thanksgiving, **Hanukkah, and First day of Advent we have World Kindness Day. I feel that this day is representative of who we are as Sons of Norway members.** The purpose of World Kindness Day as outlined by the World Kindness Movement is "to highlight good deeds in the community focusing on the positive power and the common thread of kindness which binds us." Now, doesn't that sound like us.

November is a beautiful time of year here in the Northeast. Colors I have no names for. Some of our lodges are still having nice enough Autumn weather to pick a day and get out and breath some fresh Fall air and see the changing of the leaves, see the geese flying south, maybe group with some other lodge members for a ramble. Don't forget to use the walk for your sports medal.

Lodges are meeting, we're coming out and members are enjoying seeing each other. I was honored to be asked to speak in Brooklyn for the Faerder and Brooklyn Lodges memorial. Beautiful people and so gracious. I was pleased to attend the anniversary for Noreg Lodge on such a lovely day at a wonderful venue with a delightful group, and then there have been phone conferences with other lodges. Sons of Norway is busy doing business.

A big November holiday is Thanksgiving. It is a time when many families travel long distances to celebrate together. If you must travel, be informed of the risks involved and stay safe. Even with all the challenges we are up against, we will find a way to celebrate and give Thanks in a way that celebrates our families, SON communities, country, and all we have to be thankful for.



Fraternally, Kathy

# District 3 Secretary's Letter

Sept-Oct.



Dear Lodge Secretaries,

Here's a Fall update for you. Thank you for the energy and time you give to your lodge and to Sons of Norway.

Sincerely,

Jeanne Addison

[JLAnorge@aol.com](mailto:JLAnorge@aol.com), (717)793-7428, 1574 Rosewood Lane, York, PA 17403

## Location of Forms

Sons of Norway website [www.sofn.com](http://www.sofn.com)

Log In/ Member Resources/ Lodge Leadership Resources/ Administrative Resources/ Lodge Forms or Governance

Third District website [www.3dsofn.org](http://www.3dsofn.org)

Go to "Download important documents and forms"

Both websites have plenty of other great information, such as the Third District's TDT (Third District Today). Please acquaint yourself with them.

## Lodge Anniversaries

- Nordkap's 100<sup>th</sup> Celebration - October 2, 2021, noon – 4 PM, Martins Valley Mansion, 529 Cranbrook Road, Cockeysville, Maryland 21030
- Hudson Valley 75th Dinner Celebration – October 9, 2021, 5:00 pm, Big Valley Lodge (formerly Land of the Vikings), Susquehanna, PA
- Other anniversaries in 2021 –  
Bla Fjell (25), Faerder (110), Gulfstream (50), Noreg (65),  
Restauration (45), Scandinavian Heritage Society (75), Tampa Bay (50)

Send me any information if your lodge is having a special event planned for your Lodge anniversary.

## Fraternal Funds – Lodge ZOOM contracts qualify, too- NEW DEADLINE DATE

Think about whether your Lodge would like to apply for **Fraternal Funds**. These funds are given for lodge cultural activities **that have already occurred** and are voted upon at the Fall and Spring Third District Board Meetings. The next time the Board will vote on requests is October 29-30, 2021. The Fraternal Funds form is located on [www.3dsofn.org](http://www.3dsofn.org) under Documents and Forms . **Receipts must accompany the form.** Any lodge cultural expense, **even the cost of a Zoom contract**, can be reimbursed partially or fully by Fraternal Funds. Please have the application and receipts sent to me by October 20, 2021.

## Nominations and Fall Elections

Two years ago Sons of Norway Headquarters requested that ALL lodges have their biennial elections in November (prior to December 1), so that Lodge Secretaries can complete the D-63 Officer Update Forms with the correct names and contact information of the new officers who begin their term in January.

If this is the election year for your lodge, make sure that your lodge is organizing nominations in September and October. Some lodges have adopted "CO-positions" or committees if it is difficult to fill positions.

## Annual D-63 Forms

Sons of Norway requires every lodge secretary to annually complete the D-63 form on [www.sofn.com](http://www.sofn.com) in order to report any change in officer positions or no change. The absolute last day for it is December 31, 2021, but it would greatly help me and Sherry Gorse at headquarters if you can send the names in earlier. It is always wise to double-check the exact spelling and numbers in lodge members' addresses, emails, and phone numbers prior to completing the form. After you have submitted your form, I will receive a copy from Sons of Norway and that is what I will use to make the annual Third District Directory in January 2022. More information on the directory orders will be coming in the future.

## Lodge Officers Must Be in Good Standing

According to Sons of Norway, all lodge officers must pay their current membership dues in order to continue being officers. Check

your membership list found on your profile page at the Sons of Norway website.

### **Paper Lodge Membership Applications Need Correction**

On printed, paper lodge membership applications, there is a section requesting a credit card number. Cross that section out on your forms if your lodge still has some paper applications. It is no longer to be used. The only way that new members can pay their membership dues by credit card is by going to the Sons of Norway website and registering online. This change is being done for credit card security reasons. If a new member or renewing member wants to use a paper application, they must write a check payable to "Sons of Norway" and cannot pay by credit card.

### **More on New membership forms**

Please remind members to provide their member number to those they invite to join, so that Sons of Norway can recognize this accomplishment with a certificate and limited-edition 2021 Recruiter Pin. Enrollment forms are available from Sons of Norway headquarters and online. For online form access, first login at [sofn.com](http://sofn.com), then go to [Lodge Leadership Resources and continue to Membership Forms](#). New members of nonvoting lodges may also sign up directly at [sofn.com](http://sofn.com).

### **Tubfrim**

The program continues, but there will be no prize travel vouchers as in the past. The Third District's Tubfrim Chairperson is Kjell Kittilsen. You can reach him by mail at 871 70<sup>th</sup> Street, Brooklyn, NY 11228 or by phone at 718-680-4684. The Sons of Norway website, [www.sofn.com](http://www.sofn.com), has information about Tubfrim.

### **Sons of Norway Foundation**

Emily Stark is the new staff member at Sons of Norway in Minneapolis working on the Foundation.

October is Foundation Month. Encourage contributions in your lodge. The Sons of Norway website [www.sofn.com](http://www.sofn.com) has plenty of information.

Dirk Hansen of Southern Star Lodge in Myrtle Beach is the Foundation Director for the Third District. He can be reached at [hansen-oaks@lowcountry.com](mailto:hansen-oaks@lowcountry.com).

### **Writing Resolutions for the 2022 District Lodge Meeting at the Convention**

There is a template form and instructions that must be used to submit any resolutions a lodge would like to see brought to the local Zone Caucus Meeting prior to the District Lodge meeting in June 2022. This template helps to make all resolutions consistent in format. A deadline date for submitting resolutions will be set in the future and will be approximately February-March of 2022.

Go to the District website's home page at [www.3dsofn.org](http://www.3dsofn.org), scroll down to "Download Important Forms and Documents", click, then scroll down to "New- Required Lodge Form for Writing Convention Resolutions" and click.

### **Updating Your Local Lodge Bylaws with information on electronic elections and meetings**

Below you will find information you can use to update your local Lodge Bylaws. It is always a good time to do so.

You **MUST** use the new template form which makes everything much easier. This can be found on the Sons of Norway website [sofn.com](http://sofn.com)/ Log In/ Member Resources/ Lodge Leadership Resources/ Administrative Resources/ forms/ Local Lodge Bylaws-Form #125 (download; I couldn't see the download box on the bottom of my screen, but I found it when I went to my Windows start box, then documents, then downloads). Follow the Procedures on this form and merge into it any special items your local lodge might want to mention. The Miscellaneous area can be used for some of those items.

- Remember that your local Lodge Bylaws changes must be voted upon by 2/3 of the members at a meeting, provided the bylaw changes were presented in writing and read at a prior meeting of the lodge. If the 2/3 majority agrees to the changes, the document must then be mailed to Sons of Norway for legal approval as indicated on the template. A copy of the lodge meeting minutes in which the bylaws changes were approved must accompany the bylaws.
- Last year Sons of Norway voted to allow **LOCAL LODGE ELECTIONS** to be done electronically. They also stipulated the timing and manner of such elections. This governance item, therefore, may be incorporated into the bylaws of all local lodges.

The Sons of Norway Policy & Procedures Section 4, Local Lodge, Chapter 11, was amended to read:

**4.11.5 Elections** Local Lodge elections shall be held under normal circumstances in the manner

as outlined in the Constitution in Chapter 11, paragraph 4.11.5. In circumstances in which in-person meetings are not possible due to circumstances beyond the control of the local lodge such as, but not limited to, during a time of national emergency, the local lodge may hold elections via mail, electronic communication, other methods of electronic or internet-based communication, or any combination thereof.

**4.11.5.1** The lodge nominating committee as established in the Constitution, paragraph 4.11.4 shall convene in order to develop a slate of candidates to run for the offices of the local lodge. This slate shall be ready to present to lodge members no later than the lodge's first regular meeting in October of each year that precedes an election as outlined in paragraph 4.11.4.

4.11.5.2 The lodge members will be notified of the field of candidates by mail, newsletter, or any acceptable means of electronic communication no later than October 31. All voting members of the lodge shall receive this information. A ballot shall be provided with each such notification sent out.

4.11.5.3 Ballots may be returned by mail, email, or other means of electronic communication that is mutually acceptable to the lodge such as, but not limited to, an online survey tool. The deadline to return ballots shall be set by the lodge board. In any case the balloting should be completed no later than November 30.

4.11.5.4 Non-lodge members that may be on a lodge mailing list or email distribution list may not vote. The lodge board shall appoint tellers to verify membership and count the incoming ballots. The tellers may not be candidates for any of the lodge offices or directorships.

4.11.5.5 Any nominations to be made in addition to those of the nominating committee shall be submitted to the committee no later than October 1 for inclusion in the balloting process. Nominations made after October 1 and before the deadline shall be the responsibility of the candidate or the nominator.

- Last year Sons of Norway also approved the following on ELECTRONIC MEETINGS. Here is the wording used:

The Sons of Norway Policy & Procedures Section 4, Local Lodge, Chapter 9, new paragraph 4.9.2 was added as:

4.9.2 Electronic Meetings In the event that meetings of the local lodge are unable to be held in person due to circumstances beyond the control of the local lodge, such as, but not limited to, during a time of national emergency, during which time business still needs to be transacted, local lodges may hold meetings utilizing mail, electronic communications, teleconferences, other methods of electronic or internet-based communication, or any combination thereof.

- Lastly, another item addressed in the template has to do with whether a lodge must vote to approve new members. In this age of online applications to Sons of Norway, lodges might consider not having an in-person vote. There is a procedure in place in the Sons of Norway governance documents for removing members, if necessary.

### **2022 International Convention Update from Marci Larson, International Secretary**

International President Ron Stubbings has shared this information:

The convention will be held August 31 - September 1, 2022. First-time delegates arrive for training on August 30. Delegates will depart September 2.

Here is the information about the venue—be sure and take the virtual tour of the hotel on its website. It looks like a lovely place for a Convention or vacation!

#### [Omni Viking Lakes Hotel](#)

2611 Nordic Way  
Eagan, MN 55121

### **2022 District Lodge Meeting and Convention**

Mark your calendars. The date has been set, and conventions are always fun and a great way to meet other Sons of Norway members! Each lodge may send a certain number of delegates to the meeting, and non-delegates can attend the Convention. The number of delegates your lodge is entitled to send will depend on the lodge's membership number on December 31, 2021. Sons of Norway will let us know shortly after December 31.

Here is a welcome letter and update from the convention committee:

#### **2022 District 3 Convention**

**June 10 -13, 2022\***

**(Friday – Monday)**

The members and leadership of the award-winning Gateway to Florida Lodge in Jacksonville, FL, are pleased to host the 2022 District 3 Convention. We are no strangers to planning and implementing conventions, having successfully hosted the 2014 International Convention, only the second time for a Florida lodge to do so in Sons of Norway history. We have a strong and diverse membership and have been recognized several times as the District 3 Large Lodge of the Year. We are consistent performers in membership growth and retention and have achieved SON recognition in many membership campaigns. We also have a very active Viking boat program participating in the long-running Florida Regattas and in many annual Light Parades held in north Florida, which have given both our lodge and Sons of Norway exceptional visibility and name recognition.

Since the 2020 district and international conventions were suspended until 2022 because of the world-wide pandemic which necessitated extensive lockdowns of businesses, we met with the hotel in the fall of 2020 to revisit plans for 2022. We continued frequent communications with District President Kathy Dollymore and our committees and key volunteers are in place. We have re-selected the Doubletree by Hilton Jacksonville Riverfront situated on the banks of the St. Johns River in downtown Jacksonville. As stated in previous communications, the hotel has 293 well-appointed rooms with walkout balconies, including 33 suites; 100 percent non-smoking; wireless high-speed internet access available throughout the hotel; 40 inch flat panel television in each room; Crabtree & Evelyn bath products; 24-hour fitness studio; outdoor riverfront pool; several dining options including Ruth Chris Steakhouse; a lobby lounge and many other amenities. Bellmen, valet and self-parking are available. The hotel does not have a shuttle, so those flying into the Jacksonville Airport will have to use Super Shuttle or another car service.

**Room rates remain the same:** standard, \$124; riverfront, \$144; Jr. Suite \$164. The current tax rate is 13 percent.

**Parking:** The daily self-parking rate of \$12 has been waived to zero; daily valet parking is \$20 plus 7 percent tax.

### Tentative Schedule

Thursday, June 9: District Board arrives

Committees may arrive

Friday, June 10: Delegates arrive

District Board meets Friday morning

Golfing provided either Thursday or Friday morning depending on interest

Memorial Service at 5 p.m. (hotel)

President's Welcome Reception/Evening 6:30-10 p.m. (hotel/poolside)

Sat., June 11: Business session from 8:30 a.m. – 4:30 p.m.

AM & PM coffee breaks with Scandinavian goodies

Lunch in Ruth Chris steakhouse (included in registration)

Lodge event

Viking Auction

Sunday, June 12: Business session continues, 8:30 a.m. – until business is concluded.

AM coffee break with Scandinavian goodies

Lunch –on your own

Installation 5 p.m.

Reception (cash bar) 6 p.m.

Grand Banquet 7 p.m.

Monday, June 13: Delegates depart

District board meets

Convention concluded

### Other Planning Items:

- Hotel food costs will increase at least 3 percent
- Number of registrants for planning (75-80)
- Final AV costs must be determined (hotel is changing companies)
- Theme may be changed since we are past our 125<sup>th</sup> anniversary
- Break-out sessions Sunday following close of business to be determined by President/District board
- We will have a convention journal with advertising opportunities
- Convention merchandise will be limited.
- Other details to be discussed/considered as we move forward
- Delegate and non-delegate pricing; individual pricing for Friday evening, Saturday lunch, Sat. lodge event and Sunday banquet
- The location of the Friday evening welcome reception has changed because the area is being redeveloped.

**\*Note: this is the second weekend in June compared to the 2020 date of the first weekend in June.**

# From Falmouth to Lauderdale - District 3 Happenings

## Nansen Lodge 3-410

hosted the 17 of May Parade Committee picnic. We had a great celebration for 17 mai on May 16th. It was held outside on our property. It was finally ok from the city because of the pandemic.

We could have 200 people and they came from Long Island, Brooklyn, Manhattan and New Jersey. We celebrated with music by Jeannie Widman from Long Island, who played her accordion with her son and another man. They had games, played for dancing and we marched around on the property to music and waving our Norwegian and American flags.

Our first official meeting was May 21st, Salmon and Meatball dinner. A social meeting celebrating Ruth Kornbrekke and Harry Kuell's birthdays and welcomed Ellen Lindstrom on the accordion for a night of dancing and games played to music. Fun was had by all. Our next business meeting was June 4th and June 18th our Scholarship meeting, we gave out four awards. We didn't meet during the summer.



September 11th, Nansen Fair, the chair lady Ruth Kornbrekke did a great job. It was a beautiful day it was held outside under the pavilion and very successful.

Ruth Kornbrekke observed, "The stores couldn't survive just on Christmas and 'Seventeenth May' sales." That latter date refers to Constitution Day in Norway, when a yen for the eats of the Old Country are at their peak. Hence, there is the importance of this particular fair -- where cheeses, fish balls and canned seafood sell out

within a matter of hours each year.



We donated \$500 to Tunnel to Towers. The income went to the Property Treasury to help pay for property taxes. We also had a social meeting, September 17th, members made open faced sandwiches, so pretty, delicious and Scandinavian. We also met October 1st, business meeting.



On Sunday October 3rd was it a Memorial Service at Holy Trinity Lutheran Church, near Nor-Bu Lodge in Rockaway, New Jersey. The lodges that participated was Bernt Balchen, Fredheim, Nansen, Nor-Bu, Noreg and Pleasant Point. It was in memory of 44 loved and lost members who had died during the last two years. We usually have a service once a year, this has now been two years because of the COVID-19 virus.

Fraternally

Lillian Fosse Kuell

President

## Blå Fjell Lodge 3-646

celebrated its 25th Anniversary, October 23, 2021.

The lodge was chartered in October 1996. Nine charter members are still available to receive their 25-yr membership pin: Jan Helge Bohn, Kathy H. Clark, John Eide, Lars Hagen, Joe Lindsoe, Arvid Myklebust, Ellen Nygaard, Thomas Nybaard and Arnie Olsen. In addition: three members will receive a 14-yr pin, and one a 5-yr pin. This was intentionally planned as a low-key celebration in case any pandemic restrictions appear again. Held at Richfield Living Center in Salem, VA. Two choices will be available for each of salad, entrée and dessert. Attendees will pay for their own meals.



## September Nordic Auction/Bake Sale/Yard Sale meeting was very successful.

We made \$383.00, well surpassing our goal. This event is not open to the public because of space limitations, so we (and anyone we invite) bid against each other. Donations of Nordic artifacts are available for a silent-by-paper auction. Baked goods and small yard sale items are available at a set price. This year we were especially blessed by antique Nordic artifacts donated by members who are downsizing or have moved.

## Suncoast Lodge 3-562



I hope you are well. I have submitted two photos from Suncoast Lodge's Syttende Mai picnic. Hopefully one of them will get in the Viking magazine, if not, then they can be posted on the 3D photo page. Also of note are the photos of Joe Skodje, a remarkable man and a member of Suncoast Lodge.

Joseph (Joe) Skodje was the 2nd president of Suncoast Lodge and he turned 100 years young on March 30th this year. This year he was the Grand Marshall of the Memorial Day Parade in Faribault, MN.

The four young adults in front of the Suncoast banner are, from left to right:

Lilian Brown  
Dean Brown  
Weston Kaufman  
Cosette Bonneau

Like everyone else, we are trying to find ways to keep the lodge active and encourage participation. Zoom has been

of tremendous help since getting together is still problematic.

We are taking baby-steps with our in-person meetings and I hope this will improve during the next few months.

Take care,

Chris Taylor



## Hampton Roads Lodge 3-552



"Sons of Norway Hampton Roads President Lenny Zingarelli and the Honorary Consulate of Iceland Sesselja Seifert join forces underneath the statue of Leif Erickson in celebrating Leif Erickson Day In Newport News, Virginia. This statue of "Leif the Lucky" is an exact replica of the statue of Leif Erickson found at the front of the Hallgrimskirkja church in Reykjavik, Iceland."

"Two groups from Hampton Roads Virginia meet and celebrate annually Leif Erickson Day on 9 October. The Sons of Norway and the Icelandic



group lay flowers at Leif's statue and commemorate the real discovery of America by the first European Leif Erickson. This celebration included both the Honorary Consulate to Norway Rolf Williams and the Honorary Consulate to Iceland Sesselja Seifert of Norfolk, VA. Both groups joined forces underneath the statue of Leif Erickson in celebrating Leif Erickson Day In front of the Mariner's Museum in Newport News, Virginia. This statue of "Leif the Lucky" is an exact replica of the statue of Leif Erickson found at the front of the Hallgrimskirkja church in Reykjavik, Iceland."

### Troll Lodge 3-476

Troll lodge members and Hudson Valley attended zone 4 Scholarship Luncheon at Big Mountain Lodge (formerly LOV) in June. Zoned Director Kaare Hansen and his wife Pat Hansen, Zone 4 Treasurer attended as well as did Kathy Dollymore, District 3 President.

Kari Williams, Troll Lodge President



### Gulfstream Lodge 3-514

Gulfstream Lodge will be celebrating its 50<sup>th</sup> anniversary at our annual Pauline Hoiseth Christmas Party on December 10, 2021. It will be at Pietro's on the River on Hutchinson Island near Fairways Golf course. Members' dinners are free. Guests are invited to come and celebrate with us, but they will have to pay for their drinks and meal. After dinner there will be a Viking Auction and a 50/50 raffle. If anyone is interested in coming to our dinner, please call Ingrid Hammen at (772) 233-2133. Tusen takk.



Rich Deininger, Sports Director hands out medals to Olga Olsen for outstanding achievement for completing the complete course in more than one sport, and Amy Amundsen received a bronze/silver medal in swimming. Not shown is Ingeborg Amundsen, Amy's 92 year old mother who completed her bronze medal in walking. Ingeborg and Amy are involved in two walks coming up.

Rich Deininger, Amy Amundsen and Ingrid Hammen received recruitment awards at our September 12<sup>th</sup> meeting.



Oddbjorg (Olga) Olsen receiving her 70 year Sons of Norway membership pin. She is a member of Brooklyn Lodge and Gulfstream Lodge.

She is one of the nicest and most caring people I know. She drives around helping everyone she can! She is 91 years old and still going!! Congratulations to you Olga!

### Noreg Lodge 3-466

We held a picnic carnival on July 10th at Solbakken. We enjoyed lots of good food and company and played some carnival games.

Andy Mathisen and Barbara Benson are getting "tattooed".



*Noreg continued next page.*



Connie Thomas and Elsie Storz are going fishing.



Want to have fun? Visit Norumbega **Lodge 3-506**

### **Bernt Balchen 3-566**



Doris M. Bright, one of the original members of Bernt Balchen Lodge, Sons of Norway, recently celebrated her 90<sup>th</sup> birthday. A surprise party was held for her at the July 18<sup>th</sup> meeting of the lodge. A good time was had by all.

Doris was born Aug. 21, 1931 at Israel Zion Hospital, Brooklyn, NY, to Arthur and Borghild Matthews. Her grandparents, Carl and Josephine Magnussen, lived in Rowland, PA, a Norwegian settlement, since the early 1900s.

Feeling like she's spent her whole life in Rowland, Doris was two weeks old when she made her first trip there to see her grandparents. Summers, school vacations, holidays and numerous other days were spent in this beloved community. Starting as a vacation site, Rowland eventually became her permanent residence.

Shopping and entertainment were very different at that time. Vegetables and meat were purchased from local traveling salesmen who came to the house during the week. She remembers walking to the Rowland Store for the mail which is where the post office. The towpath to the Lackawaxan River was a dirt road at that time. Tubing down the river was a favorite past time for the young people. (Some of those "young people" are still tubing.)

In the early 1970s, Doris and husband, Charlie, purchased the Rowland General Store, which they ran for several years. They also purchased the toll house by the bridge where Charlie sold fishing supplies for many years.

### **Washington Lodge 3-428**

Washington Lodge Activities July - Sept

In July we held our first in-person event since February, 2020 -- a picnic at our lodge. But the weather was abysmal so most members ate inside. A great time was had by all! However as covid cases started ticking up again,



we've returned to Zoom meetings. Our Zoom meetings attract 30 to 40 members on average, although some have reached 60. Our smaller groups also continue to meet by Zoom (Reading Circle, Genealogy Interest Group, and History Roundtable). We're planning our 51st Christmas Festival & Bazaar which, like last year, will require timed-entry reservations so that the lodge doesn't get crowded. If you'd like to attend, please make a reservation here: <https://www.norwaydc.org/upcoming-events/norwegian-festival-2021>

John Schalow, Lance Wright, and Giadira Leon peruse the library collection at Washington Lodge's Norway House on July 17, 2021, when the lodge held its first in-person gathering since February 2020.



### Færder Lodge 3-109



Seated with Aksel, King Harald and Prime Minister Erna Solberg.

#### A Special Invitation.

Aksel Andresen and Sylvia Kristiansen received an invitation from Prime Minister Solberg to attend the August 19<sup>th</sup> *Liberation Day Ceremony and Luncheon* at the Oslo Opera House. So off they went to Norway.

The ceremony was originally scheduled to take place last year on the 75<sup>th</sup> anniversary of Norway's liberation. However, the event was canceled due to COVID-19.

King Harald, Crown Prince Haakon, Princess Astrid, and other dignitaries greeted and honored Aksel and other WWII Norwegian Krigsseilerne Veterans (Norwegian War Sailors). Congratulations, Aksel, on this great honor. We are so proud of you.



King Harald greeting Aksel.

My thanks to all of the lodges who contributed articles and photos for this 4th quarter edition of The TDT. For next month I am thinking about adding a Home and Garden section to feature some of our members efforts to display their Norwegian heritage through home design and decoration both interior and exterior. I would be particularly interested in stacked firewood and scrap lumber piles which are so Norwegian!

Contact me: [hansenoaks@lowcountry.com](mailto:hansenoaks@lowcountry.com)

# ALZHEIMERS DEMENTIA AWARENESS

**CT CHARITABLE TRUST**  
The 3rd District  
*Taking Care of Our Own*



## October is Sons of Norway Foundation Month

October is Foundation Month at Sons of Norway. Please help us celebrate and support the services that the Sons of Norway Foundation provides to members. Annually, We provide over \$35,000 in grants to lodges and partners that advance the core values of Sons of Norway and over \$110,000 in scholarships to members, the children of members, and the grandchildren of members. We would not be able to provide this assistance without you!

Applications for Scholarships open on October 1. This year we are offering 16 different scholarships, including, for the first time, the Elaine Nelson Scholarship for student members studying Business, Agriculture, or Education. You can find descriptions of all the scholarships we offer and apply on our website: <https://www.sofn.com/foundation/scholarships/>. We encourage everyone to visit the site to learn more and facilitate applications.

Donating to the Foundation is an opportunity to incorporate your passion for the Sons of Norway into your charitable giving plans. This year with our "Together We are the Future" fundraising campaign, we are trying to raise \$150,000 to support our grants and scholarship. Visit <https://www.sofn.com/give2021/> to learn more and donate!

[Kaare Hansen and Norrona Lodge 3-467](#) are leading the way to Alzheimer's first survivor by participating in the Alzheimer's Association Walk to End Alzheimer's. Currently, more than 5 million Americans have Alzheimer's and that number is expected to grow to as many as 16 million by 2050. Our future is at risk unless we can find a way to change the course of this disease.

[Nor-Bu Lodge 3-427](#) is participating in the Walk to End Alzheimer's, and we would love to have you join us!! It takes place on Sunday, October 24th, and registration starts at 8:30am. A brief Ceremony is at 9:30am, and the Walk itself will start at 10:00am. We would love to have you join us!! Click on the banner to sign up and/or donate, or send a message to Dawn

Greenwith any questions or for help with registration.



**Sons of Norway**  
**Norsekevenner Lodge**  
Lodge President's Update  
October 6, 2021

***Please email me (Editor) with any future plans your Lodge has in support of Alzheimers/Dementia Awareness, The 3rd District Charitable Trust and The Sons of Norway Foundation [hansen-oaks@lowcountry.com](mailto:hansen-oaks@lowcountry.com)***

### **Walk to End Alzheimer's**

The Walk to End Alzheimer's is coming up soon. We are still in need of members or friends to walk with us and/or to donate to the Alzheimer's Association. This walk is important to me personally because so many people in my family have gotten Alzheimer's toward the end of their lives. If you are able please consider walking with us on Nov. 6 or donating to the Alzheimer's Association. I've included the links for each at the bottom of this update.

#### **Walk Details** **Saturday, Nov. 6, 2021**

##### **Schedule of Events:**

Arrival at 8 a.m. | Ceremony at 9 a.m. | Walk When You Are Ready

##### **Location:**

The Battery at Truist Park | 800 Battery Avenue SE Atlanta, GA 30339  
**(this is in Cobb County)**

*Route Length: 2 miles*

**Aducanumab (Aduhelm™) has received accelerated approval as a treatment for Alzheimer's disease from the U.S. Food and Drug Administration (FDA). This is the first FDA-approved therapy to address the underlying biology of Alzheimer's disease.**

It is the first therapy to demonstrate that removing amyloid, one of the hallmarks of Alzheimer's disease, from the brain is reasonably likely to reduce cognitive and functional decline in people living with early Alzheimer's.

Approval of this therapy underscores the importance of early detection and accurate diagnosis. We encourage people who are interested in learning more about this treatment, for themselves or a loved one, to have a conversation with their health care provider.

### **Is aducanumab a cure for Alzheimer's and all other dementia?**

No. Aducanumab is the first drug to address the underlying biology of the disease. According to the FDA, aducanumab reduces amyloid plaques, which is reasonably likely to lead to a reduction in clinical decline due to Alzheimer's disease.

This could mean more time for individuals to actively participate in daily life, have sustained independence and hold on to memories longer.

### **Who should take this drug?**

Aducanumab is indicated for the treatment of Alzheimer's disease. Treatment with aducanumab should be initiated in patients with mild cognitive impairment (MCI) or mild dementia stage of disease, the population in which treatment was initiated in clinical trials.

Aducanumab was studied in people living with early Alzheimer's disease and MCI due to Alzheimer's who showed evidence of a buildup of amyloid plaques in the brain. There is no safety or effectiveness data on initiating treatment at earlier or later stages of the disease than were studied.

### **Will this drug restore memories or cognitive function that has been lost?**

There is no evidence that aducanumab can restore lost memories or cognitive function.

### **What type of diagnostic test is the FDA requiring?**

The FDA is not requiring any specific diagnostic test. However, the label says aducanumab is indicated for the treatment of Alzheimer's, based on reduction in amyloid beta plaques, one of the hallmarks of the disease. This means that a physician should confirm the presence of amyloid plaques in the brain before prescribing this anti-amyloid plaque treatment.

Confirmatory tests like cerebrospinal fluid analysis or amyloid PET imaging should be a part of the diagnostic process to determine eligibility for the treatment.

## How do I receive this treatment?

If you or a loved one is experiencing memory changes, the Alzheimer's Association strongly encourages speaking with a health care provider for a thorough evaluation and diagnosis. Aducanumab may be a treatment option.

## How is this drug administered?

Aducanumab is administered intravenously (IV) via a 45- to 60-minute infusion every 4 weeks. Infusion can be done at hospitals or infusion therapy centers.

## When will it be available at my doctor?

Now that aducanumab is approved, nationwide distribution and implementation will take some time.

## What are the side effects?

The most common side effects include amyloid-related imaging abnormalities (ARIA), headache and fall. Another potentially serious side effect is allergic reaction. ARIA is a common side effect that does not usually cause symptoms but can be serious. It is typically a temporary swelling in areas of the brain that usually resolves over time. Some people may also have small spots of bleeding in or on the surface of the brain with the swelling, although most people with swelling in areas of the brain do not have symptoms. Some may have symptoms of ARIA such as headache, dizziness, nausea, confusion and vision changes.

## Can I take this drug with my other medications/supplements?

When considering any treatment, including aducanumab, it is important to have a conversation with your health care provider to ensure you are a candidate for the treatment. This includes taking into account other health conditions, medications or supplements.

## How will COVID-19 impact my ability to get this treatment?

Throughout the pandemic, our health care systems have adapted. People have continued to receive treatments, including infusions such as chemotherapy, with extra precautions such as social distancing and wearing a mask. Talk to your doctor to find out if aducanumab is right for you or a loved one, and discuss a plan to identify extra precautions for COVID safety.

## Our Heritage and Culture-Princess Märtha Louise



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**Princess Märtha Louise of Norway** (born 22 September 1971) is a Norwegian self-described clairvoyant and the only daughter and elder child of King Harald V and Queen Sonja. She was married to the late writer and visual artist Ari Behn from 2002 to 2017.

She is fourth in the line of succession to the Norwegian throne, after her brother Haakon, and his children, but is not a member of the royal house. Like her aunts Ragnhild and Astrid, she had no inheritance rights to the Norwegian throne at the time of her birth due to Norway's agnatic primogeniture succession. This only changed in 1990, when the Norwegian parliament adopted male-preference primogeniture succession for those born before 1990, which made her third in line at the time, after her younger brother.

She is active as a private businesswoman and alternative therapist, with few official public engagements. From 2007 to 2018 she led her own alternative therapy center, commonly known in Norway as the "angel school" (Norwegian: *engleskolen*), which provided training in clairvoyance and communication with angels and communication with the dead. In May 2019 she publicly announced her romantic relationship and professional collaboration with Durek Verrett, a self-described shaman.

Princess Märtha Louise was born on 22 September 1971 at The National Hospital the Oslo University Hospital in Oslo, to the then Crown Prince Harald and Crown Princess Sonja. Princess Märtha Louise was named after her late grandmother and her paternal great-great grandmother. At birth, she was not in line to the throne, because until 1990, only males could inherit the Norwegian throne (Salic law). She was christened a few months after her birth. Her godparents are King Olav V of Norway, Princess Margaretha of Sweden, Count Flemming of Rosenborg, Princess Ragnhild of Norway, Dagny Haraldsen, Haakon Haraldsen, Nils Jørgen Astrup and Ilmi Ridervold.

In 1973, Märtha Louise's younger brother, Haakon Magnus, was born. In 1990 the Norwegian constitution was altered, granting full cognatic primogeniture to the Norwegian throne, meaning that the eldest child, regardless of sex, takes precedence in the line of succession. This change only affects those born in 1990 or later. Females born between 1971 and 1990 (i.e. only Märtha Louise), were given succession rights, but their brothers would be before them in the line of succession, meaning that Prince Haakon still took precedence over Märtha Louise in the line of succession.

After the births of her brother's two children, Ingrid Alexandra and Sverre Magnus, Märtha Louise was relegated to fourth in line.

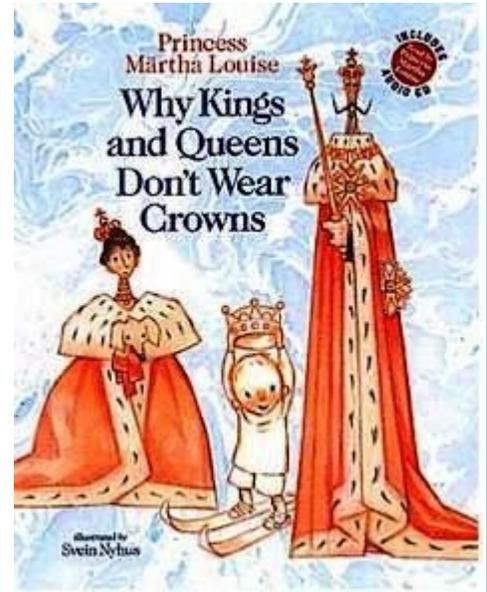
Princess Märtha Louise is a certified physiotherapist, following education in Oslo and internship in Maastricht, the Netherlands. She has not practised her profession, however, choosing instead, from her fascination in traditional Norwegian folk tales as well as a love of music, to establish her own commercial entertainment business based on giving public and televised performances reciting folk tales and singing with well-known Norwegian

choirs. In December 2003, she took part in Oslo Gospel Choir's Christmas concert with a solo performance, included on the companion CD album.

On 1 January 2002, Princess Märtha Louise started her own business, in order to work with more freedom from her constitutional role as a princess. She began paying income tax, and the King, after consulting her, issued a royal edict which removed Princess Märtha Louise's style of *Royal Highness* (she is conventionally accorded the lesser style *Highness* abroad, although this style has no legal standing in Norway). However, she retains her place in the line of succession, and though her activities were reduced, she still carries out some public duties on behalf of the King.

After several postponements due to family births and her father's illness, during which the princess took on some representation duties, Princess Märtha Louise and her husband moved to New York City in October 2004.

In 2004, her first book, a children's story about the first royal family of Norway was released – *Why Kings and Queens Don't Wear Crowns*. Accompanying the book is a CD version of the Princess reading her story aloud. The story is about her grandfather, King Olav V, when he first came from Denmark to Norway. It tells about how difficult it was to wear crowns while cross country skiing amongst other typical Norwegian winter activities. The illustrations in the book are made by the Norwegian artist Svein Nyhus.



## "ON THE ROAD" In The 3rd District

Its not too early to start thinking about the 2022 District 3 Convention in Jacksonville, Florida, hosted by Lodge 3-541 Gateway to Florida.

The Gateway to Florida Lodge in Jacksonville was instituted April 6, 1974 becoming the eighth SON lodge in Florida. We have members spanning nearly 100 years of age from all walks of life with a common enthusiasm and interest Scandinavian heritage. Currently we have active members with Norwegian, Swedish, Finnish and Danish roots. We are focused on strong and diverse cultural and social programs which help us recruit and retain members. We maintain a very active boat program and continue to host Regattas and participate in annual area light parades. We strongly support several charitable organizations with both financial and volunteer assistance including the District Charitable Trust, Lutheran Social Services/Second Harvest Food Bank and an Adopt a School program. We proudly showcase both our lodge and our Nordic heritage through varied community events and lodge festivities such as our Syttende Mai, Scan Fest and JuleFest. Our members have participated in classes to learn conversational Norwegian, taught by one of our members for nearly six years. We routinely query our membership through an annual membership survey about program ideas and special events. We participate in both the sports medal and the cultural skills programs. Because of our attention to these details, our lodge has had steady membership growth during this decade. In 2010, the Gateway to Florida Lodge had the largest membership.



A couple of things to do.



**Memorial Park** is situated on the north bank of the St. Johns River, bounded by Riverside Avenue. Shortly after World War I ended, the Rotary Club of Jacksonville suggested building a park in honor of the 1,200 Floridians who died in the conflict, and the following year, the City acquired the land.

The park project was embraced by Jacksonville residents, and 31 civic groups were involved in raising money and planning. The Olmsted Brothers were commissioned to design the park. The firm also laid out the Biltmore Estate, several National Parks and numerous college campuses. They worked with local architect, Roy A. Benjamin.

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The bronze sculpture, "Spiritualized Life" is showcased, and was created by Charles Adrian Pillars, a First Coast resident for over a quarter century. Pillars was also responsible for the two works of art from Florida at the National Statuary Hall in Washington, D.C.. The park, completed in 1924 and dedicated on Christmas Day, became Riverside's most popular location.

Charles Adrian Pillars created the "Spiritualized Life" sculpture in a Beaux Arts style to "to tell a moving story of the true spirit of those who served in WWI." He added that he "desired this memorial to present the idea of life, its struggle and its victory."

Pillars described "Spiritualized Life" as the depiction of a "young, winged male, forever racing the wind and holding aloft an olive branch of peace". Pillars further said the inspiration and meaning of the "Spiritualized Life" sculpture as follows:

*"The bronze grouping was conceived in an effort to create some form of memorial which would be an eternal reminder of the boys who sacrificed themselves in the World War. I desired the memorial to present the idea of life,*

*its struggle, and victory."*

*" While striving to make a composition visualizing this, I found a poem by Alan Seeger, a soldier- victim of the war. At once I saw the typical spirit of the boys who went overseas – saw with their eyes a world in the insane grip of greed and ambition, caught in the ceaseless swirl of selfishness, hate and covetousness, ever struggling against submergence. I saw these boys giving up their homes, sweethearts, wives and mothers to go overseas and through the supreme sacrifice make secure the happiness and safety of their loved ones. With this vivid picture in mind, I constructed a sphere to represent the world, engirdled with masses of swirling water typifying the chaotic earth forces. In this surging mass of waters, I shaped human figures, all striving to rise above this flood, struggling for mere existence. Last, surmounting these swirling waters, with their human freight, I placed the winged figure of Youth, representative of spiritual life, the spirit of these boys which was the spirit of victory. Immortality attained not through death, but deeds; not a victory of brute force, but of spirit. This figure of Youth Sacrificed wears his crown of laurels won. He holds aloft an olive branch, the emblem of peace."*

A bronze plaque on one side of the fountain uses Pillars words with an inscription that reads, "Spiritualized Life - symbolized by the winged figure of youth - rises triumphantly from the swirl of war's chaos, which engulfs humanity and faces the future courageously."

The Memorial Park Association (MPA) was founded in 1986 by Anne Freeman, and has worked to preserve the park for over a quarter century. High winds uprooted and toppled many trees in 1997, but city employees and MPA volunteers worked together to restore the park. Two 48" tall eagles, each sculpted in bronze, were donated by the MPA and dedicated on May 29, 2011. Their design was based on photographs of concrete statues originally installed when the park was opened. The artist was local sculptor, Diane LaFond Inetta. On September 11, 2017, Hurricane Irma flooded the park and destroyed the balustrade along the seawall. As of 2020, it has yet to be fixed.

Despite the loss of many trees in 1997, the area along the riverfront still provides welcome shade for people, fishing, jogging, pushing a stroller, or just sitting on a bench and reading.



The **Museum of Science & History (MOSH)** is a museum in Jacksonville, Florida. It is a private, non-profit institution located on the Southbank Riverwalk, and the city's most visited museum. It specializes in science and local history exhibits. It features a large traveling exhibit that changes quarterly, three floors of permanent and signature exhibits, and the Bryan-Gooding Planetarium.

The roots of MOSH go back to 1941 when the Jacksonville Children's Museum was chartered. The first permanent home was a Victorian mansion in Riverside. Construction began on the current location downtown in 1965, and the facility opened in 1969. The Jacksonville Children's Museum became the Jacksonville Museum of Arts and Sciences in 1977 and six years later, they were accredited by the American Alliance of Museums. The name was changed to Museum of Science and History in 1988 and 37,500 square feet (3,480 m<sup>2</sup>) of space was added, including the planetarium then known as the Alexander Brest Planetarium. The last building renovation occurred in 1994 resulting in a total of 82,200 square feet (7,640 m<sup>2</sup>). In 2010 the Planetarium was upgraded with a new projector, sound system, and interior work, and renamed the Bryan-Gooding Planetarium. In 2013, the museum opened a new core exhibit, *JEA PowerPlay: Understanding Our Energy Choices* and the newly renovated *JEA Science Theater*. In 2016, the museum opened another new core exhibit, *Health in Motion: Discover What MOVES You*, as well as a new outdoor sustainable landscape exhibit called *JEA HydroLogic*.



# VIKING HISTORY

## How the Vikings forever changed Ireland

Why did the Vikings go to Ireland? What are the top facts about Vikings in Ireland and their contributions here? We look at everything from the Viking timeline to the Viking Irish blood.

IrishCentral Staff

[@IrishCentral](#)

Sep 26, 2021

**While it's been shown that Viking blood had a larger impact on Irish DNA than previously thought, what other contributions did the Vikings have in Ireland?**



The fact is that the Vikings had quite an impact on Ireland and contributed to the country more than you may think.

Vikings first invaded Ireland in 795 AD and the rest is history. The Vikings from the Scandinavian countries began raiding Ireland just before 800 AD and continued for two centuries before Brian Boru defeated them at the Battle of Clontarf in 1014.

The first recorded Viking raid in Ireland occurred in 795 AD when the church on Lambeg Island in Dublin was plundered and burned. At the time, there were no true towns in Ireland but rather scattered communities near monasteries that served as 'safe houses' for valuables, food, and cattle. This made those locations prime targets for Viking raids.

As the Vikings continued their raids on Ireland during the ninth century they established settlements around the country, many of which still survive today. One of the earliest Viking settlements established at the mouth of the Liffey survived to become what is now modern Dublin.

In 914 AD, a fleet of ships established a base at Waterford, followed by a base at Cork. Somewhat later, an invasion along the Shannon estuary laid the foundation for Limerick. Wexford was another stronghold, with the region between Wexford, Waterford, and Kilkenny known as Ireland's Viking Triangle.

The act of traveling overseas to other lands and plundering them of their wealth and riches was really what the Viking society was about. The Vikings were great experts at building boats which were used for long journeys and they made use of this to travel, raid, and gather as much as they could from other people.

[Researchers at Trinity College Dublin](#) believe that Viking and Norman invasions of Ireland may have made a more striking impression on the DNA breakup of the country than previously thought. They also discovered 23 new genetic clusters in Ireland not previously identified, leading to the belief that we may have far more Viking and Norman ancestry than previously evidenced.

By comparing 1,000 Irish genomes with over 6,000 genomes from Britain and mainland Europe, genetic clusters within the west of Ireland, in particular, were discovered for the first time, leading the researchers to investigate if

invasions from the Vikings and Normans to the east may have influenced genetics in that part of the country.

Some of the most common Irish surnames also derive from Viking origins. Doyle (son of the dark foreigner), MacAuliffe (Son of Olaf) and MacManus (Son of Manus) all originate from the Scandinavian warriors who settled in Ireland and married the native Irish.

### **Viking contributions in Ireland:**

The Vikings are credited with creating the first trade routes between Ireland, Scandinavia and England. Using Dublin as their main base in Ireland, they traded with the rest of Europe to a level the native Irish never had before them. This brought in many influences from Europe which remain in Ireland to this day.

As the Vikings continued their raids on Ireland during the ninth century they established settlements around the country, many of which still survive today. Waterford, Cork, Dublin, Wexford and Limerick were all turned into trading centers by the Vikings and later developed into the towns and cities we know today

As well as this, arguably the most famous cathedral in Ireland and still to this day a big draw for tourists in Dublin, is the magnificent Christ Church Cathedral. Silkbeard, the Norse King of Dublin was responsible for it being built around the year 1030.

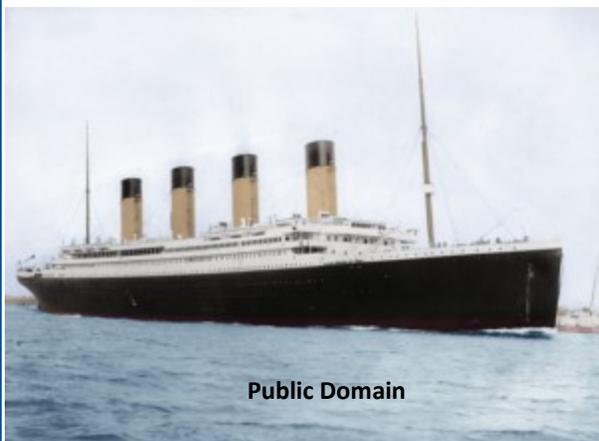
## Scandinavian American Spotlight– Shared Experience of a Memorable Night



*EDITORS NOTE: Normally for the section “Scandinavian American Spotlight”, I focus on at least somewhat notable or famous Americans of Scandinavian descent. What follows here, though are some brief life stories of just regular emigrants from Norway who just happen to have the dubious distinction of booking passage on the same boat at the same time and my guess is that to the end of their days probably did not like their adult beverages “on the rocks”.*

When the legendary Titanic set sail from Queenstown, Ireland, her last port of call, on 11 April 1912, there were 31 passengers of Norwegian origin on board.

### Background



27 of the Norwegian Titanic passengers followed the travelling pattern of most of the more than 700 000 Norwegians who emigrated to America: crossed the North Sea before boarding the actual steamer taking them to America. In 1912, there were several shipping lines between Norway and England. These were mainly operated by the Wilson Line of Hull in England, Fred Olsen's company of Christiania, The Bergen Steamship Company (BDS) of Bergen and the Nordenfjeldske Steamship Company (NFDS) of Trondheim.

The North Sea run was an ancient trading link, but the British were the first to start a steamship line. Shipowner Thomas Wilson was very enthusiastic about Scandinavia, so in 1840 he was granted the concession to start a permanent shipping line between Gothenburg, Sweden and Hull, England via Christiansand in southern Norway. In 1852, the activity in Norway was expanded with a line between Christiania and Hull, also via Christiansand. By that time, he was getting some minor competition from Norwegian steamship companies, but in the long run, no one could beat the well-financed Wilson. Norwegian companies were literally scared off competing with the British company, so between 1867 and 1881, the Wilson Line was as good as alone on the steamship lines between Norway and Britain. In 1867, Wilson started a mail line between Bergen and Hull, calling at Stavanger.

In 1881, the Norwegian shipowner P. G. Haldorsen finally managed to start a lasting steamship line between Newcastle and Bergen, mainly for coal freight. Haldorsen also saw possibilities in passengers, especially emigrants, so several of his ships were fitted out with passenger accommodation. Nine years later, in 1890, the Norwegian Parliament agreed to support BDS, NFDS and P. G. Haldorsen's plans to co-operate on a regular mail and passenger line between western Norway and Newcastle. However, two years later Haldorsen had to withdraw due to financial problems, but BDS and NFDS continued the partnership.

The Wilson Line's route from Christiania was also experiencing more serious competition before the turn of the century. In 1881, the new shipping company of Østlandske Lloyd opened a regular passenger route between Newcastle and Christiania. The growing passenger numbers as a result of the vast emigration, inspired shipowner Fred Olsen to establish the joint-stock company of Ganger Rolf in 1899. He soon took over a smaller Norwegian shipping

company which operated lines to Scotland, and bought Østlandske Lloyd in 1904. Fred Olsen was therefore Wilson's only serious competitor between Christiania and Britain.

Norway imported nearly all her coal from Britain, so a coal strike there in February 1912 would eventually cause great problems for Norwegian shipping. The situation was not so critical the first few weeks, but by the end of March, the lack of coal was very noticeable. NFDS and BDS, which operated many busy domestic and international routes, were forced to cancel several important sailings, which was very frustrating for the public of course. Usually up to six steamers were used on their joint line to England, but by early April only the Sirius and the Irma could be used. These two steamers were put on the route between Bergen and Newcastle, so for the time being, NFDS and BDS's line from Trondheim to Newcastle had to be suspended.

Carl Olsen and his nine-year-old son, Arthur, who were going from Trondheim to Arthur's stepmother in Brooklyn, NY, were travelling with a family friend, Fridtjof Madsen. They began the journey from Trondheim on the BDS's Capella on 1st April, and arrived in Bergen in the morning two days later. In Bergen, they boarded the BDS's Sirius, which would take them across the North Sea. In Trondheim, they had booked for the American Line's Philadelphia from Southampton on 6th April, but because of the coal strike, they were all transferred to the Titanic's departure on 10th April. The Titanic's owners, the White Star Line, co-operated with the American Line.

The Sirius was berthed at the Festningskai in Bergen on 3rd April. Among the few spectators on the quay on that wet Wednesday evening, was Sina Olsen. She had left her mother in charge of her two young daughters, while she herself followed her husband Henry down to the harbour. Henry was joining a Norwegian steamer in New York as junior engineer. At 10 pm, the Sirius set sail, and Sina waved as long as the steamer was visible through the fog and drizzling rain. Among the Sirius's passengers, were also Henry's new colleagues, second engineer Albert Andersen and second officer Johan Holten. The three sailors were all at first booked on the American Line's Philadelphia from Southampton on 6th April, but as mentioned, that departure was cancelled. Instead, they were transferred to the Titanic's sailing on 10th April. At four o'clock, early next morning, the Sirius called at Haugesund, and received Bernt Johannessen, Ingvald Hagland, Konrad Hagland, Lena Solvang, Johannes Kalvik and Ole Olson. Ole Olson had been visiting relatives in Etne, north of Haugesund, and was now returning to his farm in Broderick, Saskatchewan. A few hours later, the Sirius arrived in Stavanger, and Daniel Grønnestad embarked. He was supposed to return to America with his brother, who had a ticket booked for the Titanic, but days before departing, he decided to stay a little longer in Norway. The two brothers lived in Portland, North Dakota and had been visiting relatives. At noon, on Saturday 6th April, the Sirius docked at the BDS and NFDS's wharf in the River Tyne in Newcastle.

Sigurd Moen, Olaus Abelseth, Karen Abelseth, Anna Salkjelsvik, Peter Søholt and Adolf Humblen started their journey from Ålesund at 2 pm on 5th April on board the NFDS's Erling Jarl, and arrived at the Festningskai in Bergen the following morning. A few hours later, these six Titanic passengers boarded the BDS's Irma, which was berthed at the same quay. First officer Albert Moss, second officer Knud Rommetvedt and seaman Hans Birkeland were also among the Irma's passengers. Their employer had hoped to send them to their steamer in Philadelphia on a collier, but the coal strike forced them to abandon that plan. The Irma departed at 2 pm, and sailed out of the harbour under a low cloud base. She continued through the Krossfjord, from where she entered the North Sea. Two days later, on 8th April, the Irma arrived in Newcastle.

The coal strike was also a great burden for the Wilson Line. Many of its world-wide connections were interrupted, including the line between Trondheim and Hull. However, the traffic from Christiania could continue as scheduled. On Wednesday 27th March, the Wilson Line's Salmo steamed out the Christianiafjord with Johannes Nysveen among the passengers. Initially, he was going by train from Hull to Liverpool, from where the journey would continue on the White Star Line's Megantic to Boston on 30th March. But like all other White Star liners from that particular port, the sailing was cancelled because of the annoying coal strike. Johannes didn't get a passage on the Olympic from Southampton on 3rd April either, so the only alternative was to wait for the Titanic's maiden voyage the following Wednesday. One week after the Salmo, the Wilson Line's Oslo headed for Hull. She set sail from Christiania in the early afternoon of 3rd April. Among the passengers, were Arne Fahlstrøm, who travelled first class on this voyage, Thor Olsvigen and Karl Midtsjø. Arne Fahlstrøm, son of a famous theatre couple in Christiania, was going to America to study theatre and motion picture. He travelled second class on the Titanic. At 10 pm, on Good Friday 5th April, Olaf Pedersen began his journey from Larvik on board the Fred Olsen's Sovereign, arriving at Tyne Dock in Newcastle two days later.

Upon arriving in England, most of the passengers went straight to Southampton by train, and were lodged at hotels specially for emigrants. The remaining days before boarding allowed plenty of time to write a few words of greeting to family and friends at home, or just wander around busy Southampton. In the late morning of 10 April, 27 Norwegians boarded the Titanic. Two of them, Karl Dahl and Simon Sæther, had come by steamer from Australia and South-Africa respectively. As the Titanic called at Cherbourg later that day, first-class passengers Engelhart Østby and his daughter Helene came on board. Engelhart was born in Christiania, Norway, but had emigrated to Providence, Rhode Island, where he established a world-famous jewellery factory. Five days later, in the early hours of 15 April, the Titanic sank. 1 500 people lost their lives, including 21 of the Norwegians. 10 women in Norway were left widows and 15 children lost their father.



**Helen Ragnhild Ostby** was born November 30, 1889 in Providence, Rhode Island, to Engelhart Cornelius Ostby and Lizzie Macy Webster. After her mother's death in 1899, Helen was raised by her father and paternal grandmother. In April 1912, the twenty-two-year-old Helen Ostby and her father were in Europe on one of her father's business trips. They decided to book first-class passage from Cherbourg, France to New York aboard RMS Titanic with two acquaintances they had met in Egypt, Frank and Anna Warren. The evening of April 14, Helen was in bed when she felt the ship scrape against something, then noticed that the engines had stopped. She recalled that there was no panic, and as the stewards began to assist people into life jackets it seemed that they were doing so only as a precaution. The Ostbys and Warrens stayed together, but Engelhart Ostby returned to the cabin for warmer clothes. Helen never saw him again. His body was found by the MacKay Bennett and buried in May 1912 in Providence. Helen Ostby and Anna Warren were rescued by the east-bound Cunarder Carpathia early in the morning of April 15. On the Carpathia they met two of Helen's friends from Providence, Howard and Hope Chapin, who were on their honeymoon. Helen and Anna stayed in their cabin as Carpathia during the trip to New York. After the tragedy, Helen Ostby returned to Providence and, with her brother Harold and one of his daughters, managed the family jewelry business. Like her father, she was a frequent traveler to Europe and was in Germany when World War I began. She escaped to the United States but returned to Europe in 1930. She lived in Brussels, Belgium for the next ten years. With the outbreak of war Helene remained in Belgium. In May 1940, she was awakened by bombs falling from German planes. The British and French troops withdrew and for five months Helene again shared a city with a German army of occupation. Eventually she fled to Lisbon where she remained for three months awaiting a plane for America, she arrived in Providence in January 1941. She never returned to Europe. January 1941 she returned to Providence in response to the beginning of World War II. She lived in Providence for the rest of her life and volunteered at Rhode Island Hospital. She never married. She died on May 15, 1978 at the age of 88



**Artur Karl Olsen**, 9, was born 6 February 1903 on Henry Street, Brooklyn, New York of Norwegian parents Karl Siegwart Andreas Olsen and Ragna Nilsen. After his mother's death in 1906, his father, Karl Olsen, took him to Trondheim, Norway to live with the boy's grandmother, Anna Andersen. Carl Siegwart returned to America where he remarried to Ester (Esther), who was of Swedish origin. They lived on 400 Suydam Avenue, Ridgewood, Central Brooklyn ( 987 Hart St., Brooklyn, New York). Artur's grandmother died in 1911 so Carl Siegwart travelled back to Trondheim to take Artur back with him to New York. He and his son were originally booked on the Philadelphia but they were transferred to Titanic which they boarded at Southampton as third class passengers. Father and son probably shared a cabin with Fridtjof Madsen with whom they had travelled from Trondheim via Newcastle. After the collision Karl Siegwart carried his almost sleeping son to lifeboat 13 and said to him that he should be a good boy, and that he would soon come back to him, however Karl was lost in the sinking. Fridtjof Madsen was standing nearby and probably also entered the boat at this time. He was said to have been rescued from the water but boat 13 did not pick up anyone from the water. In New York Artur's stepmother did not know that her husband and stepson had been on board the Titanic. He

was met in New York by Mrs William K. Vanderbilt, and she drove him to "Lis a day nursery" on Manhattan Island. On 19 April he met his stepmother for the first time, and she brought him home to her house on Suydam Avenue. Relief funds raised after the tragedy helped to pay his "school money".

Ester later remarried to William Reichart and together they had a daughter Alvira who was born in 1916. Artur then lived together with them on 911 Avenue P, Brooklyn. For a while Artur was in the navy, and in later life he held a succession of different jobs, finally settling as a house painter in St. Petersburg, Florida. His last years were spent living at 701 Avenue North.

Artur anglicized his name to Arthur Carl Olsen. He had a brief, unhappy marriage, from which there were no children. He died 1 January 1975 leaving no immediate relatives. He was buried from Northeast Chapel at Royal Palms Cemetery, St. Petersburg, Florida.



**Karen Marie "Katie" Abelseth** was born in Alesund, Norway to Kristian and Nikoline (Tosse) Abelseth. Her siblings were: Anna Marie, Anna Louise, Nels Petter, Lisa Olivia, Laurits and Bertha Karoline. The family home was in Sjiholt, Norway. (Her Norwegian name was "Karn", her spouse called her "Kalla" and others "Katie". Her grandchildren called her "Nama")

Karen's mother died when she was about twelve years old. When she was sixteen years old, it was decided that she would travel to America to live with her older sister, Anna, in Los Angeles. On April 10, 1912, Karen boarded a ship called the Titanic in Southampton, England. She traveled as third class passenger with Olaus Abelseth (not related), Peter Soholt, Sigurd Moen, Anna Salkjelsvik, and Adolf Humblen from Norway. Olaus, a family friend, promised Karen's father that he would take care of her on the trip. Only Karen, Olaus and Anna were saved from the sinking. She was put on lifeboat 16, the last to leave on the port side. They were rescued by the Ship Carpathia which sailed for New York arriving on April 18th. Karen spent some time at St. Vincent's Hospital recuperating before beginning her new life in America. She then traveled by train to Los Angeles with a Swedish family who were also survivors.

Karen is mentioned in Walter Lord's book "A Night to Remember". She did attend a luncheon, sitting with the producer of the movie (1958), William MacQuitty at the premiere.

It was 50 years after her death, when her daughter Wanda and family learned that Karen had written a letter to her father while at St. Vincent's about the tragic event. Written in her native language it was translated for them.

Karen and Harry lived for a time in Goldfield, Nevada where their first child, Phyllis, was born. They also lived in Yerington, Nevada for sometime before moving to Inglewood, California.

Karen married Harry Sylvester Little. They had five children: Phyllis Kalla, Norman Harry, Francis Clarence, Wanda Mae and Iris Ellen. In her later years, Karen suffered from the effects of Parkinson's disease. She passed away on July 27, 1969 in Inglewood. She rests in Inglewood Park Cemetery.



**Anna Kristine Salkjelsvik** was born in Skodje, Norway, to Ole Iver Johansen Grodas and Anna Marie Salkjelsvik.

On April 12, 1912, she sailed aboard the Titanic as a third class passenger. Her destination was Proctor, Minnesota, where her sister, Olivia, lived. She shared a cabin with some Swedish girls and a Norwegian, Karen Abelseth. Anna left the sinking ship in the collapsible C lifeboat and was reunited with Karen aboard the Carpathia.

On 7 September 1912, she married William Larsen, a fellow Norwegian, in Midway, St. Louis, Minnesota. Four children were born to this union: Margaret (Nelson) 1813-1994, Ernest 1918, Astor 1915-1991, and Vivian Janet (Sandeno)(Olafson) 1919-1999. Anna, a widower, spent her last years in the Chris Jensen Nursing Home in Duluth, St. Louis, Minnesota, where she died at the age of 86.



**Karl Albert Midsjø** was born in Kråkstad municipality (now Nordre Follo municipality ) on Vestre Midsjø farm and was the son of Johannes and Marie Hansen. He married Anna Christine Paulson (1888-1959) on September 15, 1913 and together they had one son.

Karl Albert bought a ticket on March 30, 1912 that covered his journey all the way from Kristiania to Chicago, Illinois which was his final destination for the trip. It cost 238 kroner, and was bought from general agent Ferdinand J. Elster in Kristiania. He first traveled from Kristiania to Hull , and from there on to Southampton where he boarded the Titanic. On the ship, Karl Albert became well acquainted with another Norwegian named Johannes Nysveen (1851-1912) who, like Karl, traveled alone. It is possible that the two were roommates, but this is uncertain.

During the chaotic hours during the shipwreck, both Karl Albert and Johannes managed to get up on deck to look for lifeboats. On the starboard side of the ship, lifeboat 15 was the penultimate lifeboat that was launched around 01:40, and this had already been halfway through when Karl Albert and Johannes reached it. First mate Murdoch asked for passengers on the ship's deck who had rowing experience, and with his good physique and experience from Midsjøvannet in Kråkstad, Karl Albert volunteered. Murdoch then gave him permission to climb down the ropes towards the lifeboat. Johannes Nysveen realized that his chances of survival were small, and gave his coat and a pocket watch to Karl Albert. He was asked to hand over these things to Nysveen's family in North Dakota. Karl Albert agreed to this, climbed down the ropes and survived the shipwreck as a rower in a lifeboat 15.

After the accident, Karl Albert was accommodated at *St. Vincent's Hospital*, where he stayed for a few days before traveling on to Chicago on April 26. He was here for only a few days before traveling to Cummings, North Dakota to meet Johannes Nysveen's family and hand over the belongings he had received from him during the shipwreck. Karl Albert's life after the shipwreck was not marked by drama. He and his family first moved to Evanston, Illinois where he worked as a caretaker, and in 1921 the family moved back to Norway where they lived for barely a year. Later they moved to Maywood, Illinois, and around 1930, Karl Albert began working as a landscape gardener. Constantly failing health put an end to his work a few years later, and on January 25, 1939, he died at the age of 48 as a result of a heart defect.

*Sources:*

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