



# SONS OF NORWAY

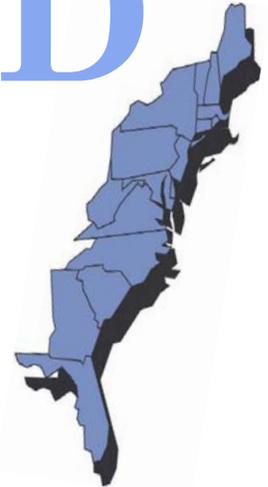
# 3D



*HAPPY SYTTENDE MAI*

**MAY 2011**

**Third District Today**



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.



**Fra Presidenten**  
**Ralph Peterson**

We can probably all agree that Spring is finally here and not too soon. North Dakota got 11 inches of snow on 14 April. A late and cruel April Fool's Day trick that I was happy to miss. Culture seems to be bursting out all over the District. I know of 3 rosemaling classes held or will be held at LOV , <http://www.3dsofn.org/eventscalendar/lovdefault.aspx> we had a rosemaling class in Florida, a "bunad" making class sponsored by NORSK Carolina, at least 3 Genealogy workshops led by Blaine Hedberg were held by Restauration, North Carolina Vikings and Washington lodges and a workshop is set up for LOV this fall plus LOV has a Norwegian cooking class scheduled for this fall. (if I missed your lodge I'm sorry) These events are in addition to normal cultural events going on at our lodges. Please remember to fill out the forms and get your cultural medals. The new rules for rosemaling seem to involve less writing than before. Some of these medals are designed specifically for our heritage members so let's get them involved now!! When it comes to Norwegian culture in the USA, Vesterheim and the North American Genealogical Center and Naeseth Library are among the leaders. We are honored that both of these excellent institutions are coming east to provide D3 members opportunities to study with them, a lot closer to home. Check our links page to find their web sites. <http://www.3dsofn.org/blog/?p=746> Both institutions have great membership programs and you may find something they offer that interests you. On the genealogy scene the 1910 Norwegian census is on-line. <http://www.digitalarkivet.no/cgiwin/WebFront.exe?slag=vis&tekst=meldingar&spraak=e> I thought there was more information in the 1865 census but there is enough in the 1910 product that it will keep you up later than you want. April has been designated as Charitable Trust month for District Three. This year the trust is 40 years old. The trust has helped hundreds of members over the 40 years. It is a wonderful program and I salute those far thinkers who 40 years ago developed the idea and brought it to life. You will be getting a letter in the near future with more information on how you can contribute to the project. It is a wonderful cause. If your lodge has not provided the District Counselor with the name of your lodges Charitable Trust representative please do so quickly. A big pat on the back for Drammen Lodge 682 who raised \$450 for campers attending the youth camps this year. One of our new lodges shining brightly. Tusen Takk Drammen. Remember to get those campers signed up now. <http://www.3dsofn.org/aboutus/youthcamp.html> We have had some of the 23 rooms available to D3 members for the 2011 Høst Fest already taken. The telephone number for AB Tours is **701 852 8144 or 800 440 2690**. Don't wait if this event is of interest to you. **Anyone wishing to take advantage of the District 3 Host Fest offer has to place their order by May 4. The telephone number for AB Tours is 701 852 8144 or 800 440 2690. Several D3 members have booked but they have 60 on their waiting list and they can't hold the rooms much longer.** <http://3dsofn.org/blog/wpcontent/uploads/2011/04/Hostfest2011Version2FlyIn.pdf> I'm sorry to report that we are still losing too many of our members. We are signing up members at a great pace but too many members are walking out the front door. I hope that our membership committees and the membership secretaries are following up on our folks with late dues and are planning programs that will interest everybody. We need everybody's help in this area. The web site continues to get a lot of traffic. In May we averaged 232 daily visitors with the high day being 288 and the low 186. The blog seems to be the favorite section with the events pages next. Our Hurtigruten raffle is going good but you still have time to get your ticket. This is the Districts only big fund raiser and the winnings will be



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substantial so take a chance. AnneGrete and I will embark 19 May on the M/V Trollfjord going North and I will post some greetings on the web probably on the 21st (around Trondheim) so take a peek at the blog. Where ever you are on the SYTENDE MAI have a great day!! Fraternaly, Ralph Peterson, President, District Three, Sons of Norway

*We are very pleased to announce that we have added two organizations to our list of Favorite Links on the web site. Vesterheim is truly a leader in many aspects of Norwegian culture here in the USA. The Museum in Dacora IA is a must for all to see. They sponsor many great trips and the Nordic Fest which will be held this year 29-30 July is a great event. In addition, their cultural classes which are held all year are among the best offered both here and abroad. District 3 and LOV are very pleased to have teamed with Vesterheim and will offer rose maling classes at LOV this fall. Lois Mueller a Vesterheim gold medal winner will be the instructor. We expect these types of classes to grow both in number and in the type of instruction offered in the future*

*Also added to our list is North American Genealogical Center and Naeseth Library (NAGC & NL) which is located in Madison WI. NAGC & NL has dedicated itself to collecting, preserving, and researching Norwegian-American heritage and family history. They are the premiere center for Norwegian Genealogy research in the USA. In addition to collecting information about Norwegians in the USA they have published many books that most helpful to those of us who are interested in tracking down our immigrant ancestors. Several courses are offered annually in Madison. I can personally attest to the high quality of the courses as I have been a student there myself. District 3 and LOV are very pleased to team with NAGC & NL and offer a Genealogy class at LOV this November. The class will be conducted by Blaine Hedberg, Naeseth Chair for Research & Publications. We hope to hold more of these classes in the future and we hope to see a full class this fall.*

*Please take a look at these unique institutions by going to our Favorite Links page and visit them both.*

## Vice President Gail Ekloff

May ---busy month for Sons of Norway with the lodges' main focus being Syttende Mai celebrations. Glad to see the lodges that can't attend the celebration in Brooklyn have planned their own lodge or zone events. Please make sure to send your photos of the 17th of May celebration to the District Publicity Director so they can be posted on the 3D website.

Retaining members is essential! Everyone has busy lives... we rely heavily on email communication. However, research has shown that personal contact has a greater impact on membership retention. In the past we have discussed mentoring a type of buddy system, when you recommend a member do you remain their mentor? Do you make sure they come to meetings and events? If your lodge has a coffee committee try and recruit new members to be part of this committee within the first 3 months of their membership. If they are involved and connected they will keep coming to meetings and events. Remember... **WE ARE ALL GREETERS**- reach out to every member at your next meeting; make sure members have name tags. It makes it easier to start a conversation and helps jog your memory (know it helps me!) **NAME TAGS**---make it a lodge goal to use them at every meeting. You can purchase self adhesive ones at Staples or Office Max. Let's see how one "little tag" can make your lodge feel friendlier. Gratulerer med Dagen Sons of Norway members on your Syttende Mai

Alt for denne gangen, Gail

**Remember: 2 A's - Ask & Advertise - to get a member.**

**2 M's - Mentor and Mingle - to keep a member.**



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[Publicity by Kathy Dollymore, 3D Public Relations](#)

[check out the blog on the 3D web site for ideas and notes from your board](#)

One benefit of being Public Relations director is having the opportunity to see many of the great newsletters prepared by all of you! There are great ideas, jokes, recipes, and information about the lodges. Thanks to all the editors who send me their news. Check the website and think about putting your newsletter on the web for the rest of the District to enjoy.

*Here is an excerpt from Sun Viking Lodge Newsletter.....*

## Happy Mother's Day

In 1868 Anna Jarvis started a committee to establish a "Mother's Friendship Day" to unite families who had been divided during the Civil War. She wanted to have it be an annual memorial for mothers, but she died in 1905. Her daughter, Anna Marie continued her efforts.

Julia Ward Howe in New York City led a "Mother's Day" anti-war observance on June 2, 1872. This was accompanied by a Mother's Day Proclamation. This celebration continued for 10 years in Boston under the sponsorship of Howe, but it died out after the 10 years.

Mother's Day was observed in Albion, Michigan on May 13, 1877. It was related to the temperance movement. In the early 1880's, the Methodist Episcopal Church in Albion set aside the 2nd Sunday in May to recognize the special contributions of mothers. Frank E. Hering, President of the Fraternal Order of Eagles made the first known plea publicly for a national day to honor our mothers in 1904.

Mother's Day as we celebrate it today was established by Anna Marie Jarvis, after the death of her mother Anna Jarvis on May, 9, 1905, with help from John Wanamaker, the Philadelphia merchant. She held a small service in her mother's honor on May 12, 1907 at the Andrew's Methodist Episcopal Church in Grafton, West Virginia. The first official service was in the same church on May 10, 1908 and a larger ceremony in the Wanamaker Auditorium in the Wanamaker store in Philadelphia.

It was declared a holiday officially in West Virginia in 1910 and the rest of the states followed quickly. On May 8, 1914, the U.S. Congress passed a law making the second Sunday in May as Mother's Day and asking for a proclamation. President Woodrow Wilson issued a proclamation declaring the first National Mother's on May 9, 1914 as a day to show the flag in honor of the mothers who lost sons in the war.

President Franklin Roosevelt approved a stamp commemorating the holiday in 1934. May 2008 Congress voted twice on a resolution commemorating Mother's Day, the first one unanimously. Grafton's Church, where the first celebration was held is now the International Mother's Day Shrine and is a National Landmark

Carnations represented Mother's Day, ever since Anna Jarvis gave out 500 at the first celebration in 1908. Many church services copied the custom. Anna Jarvis chose the white carnation because it was her mother's favorite flower. Due to a shortage of white carnations and to expand sales of other flowers, the florists started the custom of wearing a red carnation if your mother is living and a white one if she is deceased..

Did you know you can find out what is going on in other lodges by clicking on About Us and then lodges on the 3D website. This will take you to the Sons of Norway page which contains all of our lodges. Lodge names highlighted in blue means they have their own website; check out what they are doing and if you are travelling in the area, drop in and say hello!!



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## Gene Olson Sports/Recreational Director

Third District Bowling Tournament is now history. We will be calculating scores and the results will be published along with informing the winners. The trophies will be ordered and delivered to the winners. Our Sports Metal Challenge for current year will also expire very shortly (MAY 31, 2011). Members who are currently working on a Sport Metal should work extra hard to get all requirements completed and results sent in to SON Headquarters along with a copy of the order sent to me. GOOD LUCK

## Cultural Director Kristin Stone

Happy Syttende Mai! I believe this month affords lodges an ideal time to target a natural constituency of potential lodge members as well as present our story to the public. Syttende Mai is a fun celebration of Norwegian Culture or Heritage which includes family, friends, food, flags, dignitary remarks and a parade. For some Norwegian Americans it may be one of the few Nordic events included on their calendar. I believe it affords us a perfect opportunity to offer follow up opportunities to Syttende Mai attendees which will draw new members into our lodges.

### **Checklist to maximize Syttende Mai's impact:**

1. **Google Syttende Mai** in your community: Can a visitor find information about your event? Is there a contact person to call for more information?
2. **Publicity:** Is your event included in the community calendar, church newsletters & bulletins, on Craigslist, on Facebook etc?
3. **Personal Invitations:** Are your lodge members spreading the word by helping with publicity connections, talking with friends, inviting their families, inviting lodge friends such as school partnership connections?
4. **Follow up Activities:** Do you have written materials to distribute to attendees describing your lodge and upcoming activities?
5. **Attire:** Do you have a bunad or folk costume (see workshop details in this newsletter) to wear?
6. **Flags:** Will you have flags available for attendees to purchase or use for the day?
7. **Food:** Do you offer food at your festivities? Fed people tend to be happy people who stay longer which affords you an opportunity to get to know them better.
8. **Children:** What kid friendly activities do you offer? Do you have games, crafts, dancing? Do you have sufficient copies of Viking for Kids available? Parents may come just to expose their children to Norwegian culture. What lodge follow up activities do you have which will attract families with children?
9. **Language:** Do you provide Norwegian labels for food etc? Do you provide copies of the Norwegian National anthem for guests?
10. **Lodge Contact Information:** Do you have business cards for lodge members to distribute which will tell folks how to get more information about your lodge and its activities?

I'd love to hear what your lodge does to maximize the impact of your Syttende Mai celebration. Thanks in advance for your comments and suggestions.



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## Folk Costume Workshop: MAKE YOUR OWN FOLK COSTUME

Would you enjoy making your own cotton Nordic Folk Costume? Third District Cultural Committee member Deb McConaghey led her first "Make Your Own Folk Costume" workshop for her home lodge, Norsk Carolina recently. Now she is taking her day and a half workshop on the road. Deb will hold the next "Make Your Own Folk Costume" workshop for the Washington Lodge on June 4<sup>th</sup> and 5<sup>th</sup>. The workshop cost is \$25. The size of the group will be limited to five, so hurry while space is still available? Participants will be issued a supply list of items to bring which includes the pattern, clasps, fabric and notions. Deb has a limited quantity of authentic Nordic fabric (\$38/yard) and Nordic look fabrics available. Deb has discovered many shortcuts and improvements from the pattern instructions. Deb is an excellent seamstress and will utilize her measuring skills to ensure that your folk costume will be a good fit.

Deb hopes to offer a workshop at Land of the Vikings later this year in conjunction with other program offerings.

Contact Deb at 704-564-1316 for further information about the workshop. Email me if you are interested in participating in the June Washington Lodge workshop or would be interested in participating in a future workshop to be held at Land of the Vikings at a price to be determined by the LOV board.

Kristin Stone



\*\*\*\*\*  
**TUBFRIM:** Please remember to save used postage stamps for Tubfrim. Please cut the stamps from envelopes with scissors, leaving a 1/4 inch margin of paper around the stamp for ease of handling. Picture post cards should be left whole. Tubfrim also collects used telephone cards. The money realized from the sale of stamps benefits disabled children and youth in Norway.  
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## ZONE NEWS

ZONE 1: Kris Rasmussen Director

ZONE 2: Judy Mack Director

ZONE 3: Barbara Bensen, Zone 3 Director

### ZONE 3 TIDBITS

Hip! Hip! Hurrah! Wave the flag, the RODT, HVIT OG BLATT, for gamle Norge, and celebrate the precious gift of independence. Lodges in Zone 3 are making preparations to attend the Syttende Mai Parade, in Brooklyn, on May 15th. Following the parade, there are dinners, picnics, and Syttende Mai programs. If you are unable to march in Brooklyn, you can be a spectator; or you can participate in whatever your lodge has scheduled for this special day. The Zone 3 Memorial Service had over 148 friends, relatives, and SON members who came to pay tribute to our past brothers and sisters. On a somber note, TELLEF (TELLY) TELLEFSEN, member of Nansen Lodge, passed away the end of March. For many years, Telly was very active in SON as a Zone 3 Director, a Youth Director at LOV Summer Camp and Nansen Lodge President. At the 2006 Convention, he was awarded the "Man of the Year, Lifetime Achievement Award" in recognition of his dedication to SON. Zone 3 extends its condolences to his wife, Joan, and his family. Anyone wishing to send a message to Joan, the address is as follows: Joan Tellefsen, 35 Sideview Avenue, Staten Island, NY 10314-3250.

Our 50th Scholarship Dinner/Dance, on April 10th, was well attended. It was a sell-out crowd of over 85 people who came to support and celebrate the milestone. Nansen Lodge celebrated the 40th Anniversary of their Junior



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Lodge at the April Social. Yet another milestone in the life of Zone 3. Nor-Bu Lodge has been making use of Shoprite Gift Cards as a fundraiser for their lodge, and they have been very successful. Don't forget to enroll your children for Third District Youth Camp. Get your application to Evelyn Karpack, 3D Youth Camp Director, by May 15th. Hopefully, everyone had a God Paske, and Happy Mother's Day to all of you special Mom's.

**ZONE 4:** Karin Gudbranson McCadam, Director

**ZONE 5:** Gail Martinsen, Director

As usual Zone 5 was very busy last month. Many lodges celebrated Easter. Sun Viking had a pot luck dinner and an Easter Hat Parade. Members modeled hats that they decorated for Easter. Some were so beautiful, but others were so unusual! Scott Link modeled a hat with a stuffed pheasant on the top, I wore a New York City Fire (FDNY) Helmet decorated on the front and back with knitted bunnies. Prizes were given for the prettiest, most original and funniest hats. Scandia had a dinner at a restaurant, the menu looked delicious. Gulf Coast Vikings, Gulfstream & Tampa Bay, also, had pot luck dinners for April. Tampa Bay asked their members to bring a recipe for that dish or their favorite Norwegian recipe to be put in a "recipe collection". Congratulations to Violet "Terry" Francis of Gulf Coast Vikings for recruiting **85** new members!!! That is a huge accomplishment!! Norsemen Harbour had a pool party! Ron & I visited Gulfstream this month. They had a very interesting meeting, their President Ingrid Hammen had a mounted map of Scandinavia at the meeting. She asked the members to come up to the map and show where their family came from and tell how they came to America. Many were proud to share with the other members and there were so many interesting stories. They signed 5 new members and one affiliate at this meeting. Four of the lodges on the west coast of Florida had their annual Joint 4 Lodge Picnic, Sun Viking, Suncoast, Sarasota and Tampa. This year it was hosted by Sun Viking. The weather was fabulous and we had a good turnout. Sarasota was absent, due to the fact their President Mary Larson had just broken her knee! We all send our prayers and thoughts that Mary is better soon! May 20th to 22nd Suncoast will host their Annual Syttende Mai Regatta. We are all looking forward to this event and our zone meeting will be on Sunday. Gulfstream participated on April 30th in both a Blessing of the Fleet and Port St. Lucie's 50th Anniversary Multi-Cultural Festival & Parade. Their Viking boat was part of the parade. **Congratulations to Gulfstream**, they will celebrate their 40<sup>th</sup> Anniversary on May 1<sup>st</sup>!

Happy Mother's Day! Happy Syttende Mai! And Happy Memorial Day!

**ZONE 6:** Carol Goral, Director

**ZONE 7:** Edward McCarthy, Director

. The Zone 7 lodges are no doubt looking forward to the summer hiatus and the fun to be had at summer picnics. North Carolina Vikings #675 had a great program featuring a retired college professor of art who demonstrated not only her chosen art forms but the creative process involved in producing that art. Their May meeting will feature a presentation by a physicians assistant on the health issues facing all of us as we get older. They have planned a really great Syttende Mai Celebration including a parade, buffet lunch, and performances by the Scandancers.

Hampton Roads Lodge #522 has had a busy time as well. The lodge had a booth at the International Childrens Festival in Hampton, Virginia. The booth was very busy with approximately 7000 people in attendance. Next the lodge will be marching with their float in the NATO Festival Parade in Norfolk, Virginia celebrating the heritage of all the nations that belong to that organization. The first lodge fellowship dinner went very well with another planned for the end of April.

All the lodges in the zone have set up programs to celebration Syttende Mai which in most cases marks the end of the regular lodge meetings for the summer.





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## Third District - Norway Trip Fund Raiser:

Raffle Tickets now on sale to win a Hurtigruten cruise to Norway later this year.

You can support this District Three (East Coast from Main to Florida) fund raiser by contacting your President or Zone Director.

The winning tickets of the **two winners will be drawn, July 15, 2011**, at the Land of the Vikings camp.

A single ticket costs \$ 5.00.

A book of five tickets costs \$ 20.00

Checks preferred, payable to "District Lodge # 3 Sons of Norway"

The Hurtigruten cruise company has donated **two** trips of a cabin for two people on either the seven day northern voyage from Bergen to Kirkenes or the six day southbound Kirkenes to Bergen trip.

The winners need to travel between October 1, 2011 and December 14, 2011. Each of the two trips has an approximate value of \$2,000.

Diane Eiker, Main Nordmenn Lodge # 3-664 Secretary, was one of the previous Hurtigruten trip winners in 2009. A copy of her account of her trip is posted on the Third District blog website <http://3dsofn.org/blog/?p=268>.

## THE ANNUAL JOHN KARLSEN GOLF TOURNAMENT At LAND OF THE VIKINGS

Dear Brothers and Sisters:



We are looking for Lodges and individuals to sponsor the annual John Karlsen Golf Tournament at Land of the Vikings scheduled for May 20 - 22. The net proceeds will be donated to LOV.

We are asking each Lodge or individual to be a Tee sponsor at \$25.00 each.

A sign with your Lodge or individuals name will be posted at your tee and will also be on display at Land of the Vikings. Please send your check made out to Land of the Vikings and mail to:

Mr. Kenneth Gundersen--374 Demorest Ave.--Staten Island, NY 10314-2162

Fraternally, Audun Gythfeldt, Kenneth Gundersen, Doris Beck, **Golf Tournament committee**

This land is your land, this land is my land. Come and enjoy, bring your family & friends. You don't have to be a member to enjoy all that LOV has to offer. Be sure to check out Lov on the 3d web site [www.3dsofn.org](http://www.3dsofn.org)

We are working on getting **woodcarvers back** the same 2 weeks so many of you can car pool or share rooms. If you have a friend or mate that would like to come and work on another craft such as quilting, woodcarving, or any other craft there is room for most anything. Just check with Bev when you call.

Fly Fishing **May 13-15**

Omholt Reunion **June 17-19**

Berntsen Reunion **June 17-19**

Youth camp **July 4th -10th And 11th-16th**

Applications on line

<http://3dsofn.org/forms/documents/youthcampapplication.pdf>

Fly Fishing Camp **July 18-23rd**

Sports for health **July 24th -31st**

If you have information you would like to see in future LOV letters for your event please contact me

Sally Abrahamson [uffdamobile@yahoo.com](mailto:uffdamobile@yahoo.com)

### Land of the Vikings 1st Lobsterfest June 3-5, 2011

Stay for the weekend and the Lobsterfest is included in your food package. The Lobsterfest will be held on Saturday the 4th at 1:30 Meal will include potato, corn on the cob, salad and rolls and of course dessert

Extra Lobsters will be \$10 each Don't eat Lobster? Ask for a steak or chicken on the BBQ Hot dogs and Hamburgers available for the kids Take advantage of our extra day rate (\$40/n + \$10 extra adult) and





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come a day early or stay an extra day Please make your reservations **early** and let Bev know if you want Lobster, (and how many) Steak or Chicken Also how many adults or kids are coming

Managers: Beverly and Rick Budrick 457 Big Valley Road Susquehanna, PA 18847

**Phone 570-461-3500** <http://lov.3dsofn.org> [vikingland@tds.net](mailto:vikingland@tds.net)

Lov's new Rates- \$65single/n for the 1st 2 night's lodging then \$40 single/n for each additional night. (\$10 extra for additional adults) Meals extra.

## **Vesterheim comes East To LOV**

Lois Mueller, Vesterheim Gold Medalist, teacher and writer, will be teaching the Telemark style of Rosemaling this September.

Call Vesterheim to reserve - as classes are limited

Diane Weston - 563-382-9681 [dweston@vesterheim.org](mailto:dweston@vesterheim.org)

**September 12** -3 day Beginner class \$250 for members

**September 15** - 4 day all level class \$300 for members

Be sure to also call LOV to reserve your room 570-461-3500

Classes are 9 am -5 pm with an hour for lunch

There will be an additional materials fee for each class that will be paid directly to Lois

Students have the option to earn their Cultural Skills Medal for Rosemaling in these classes



## *Book Report by Gail Martinsen of "American Saga" Author - Sverre Norbor*

The "American Saga" covers the history of Sons of Norway from its conception to the 1970. Sons of Norway was started in Minneapolis on January 16, 1895 by 18 charter members. The first President of Sons of Norway was E. O. Rognaas.

Faerder #109, Brooklyn, N.Y., established in December 8, 1910, was the first east coast lodge with G. A. Roberg as President. The lodge was named after a famous light house at the entrance to the Oslo fjord. The name was chosen to show that they were ready to welcome Norwegian immigrants on the east coast to the fellowship of Sons of Norway. Between 1911 to 1912, 5 more lodges were established on the east coast. They were Fram #120, Harlem, N.Y., Agder #121, Staten Island, N.Y., Freya #123, Jersey City, N.J., Klipper #124, Bronx, N.Y. and Fredriksten #125, Philadelphia, PA.

The 1893 depression inspired the 18 Norwegian immigrants to start Sons of Norway to help each other. During the 1920's, the Depression, WWI and WWII, Sons of Norway was there to help its members with insurance and fraternalism. The Sons of Norway life insurance program gave stability to the fellowship. The order was called Sonner Af Norge till the 1946 Convention. It was changed at the convention to Sons of Norway. Also, at the convention a new set of Articles were written and approved. Among them was Article III, part of which states "to unite in a Fraternal Organization men and women of Norwegian birth, descent and affiliation". This covers members spouses, but, also, holds the door open to people drawn to the fellowship of Sons of Norway.

The Norwegian immigrants brought from their homeland the "democratic" ideas of self government. They emphasized extensive and unhampered democratic freedom at the grass roots level. The 1946 Articles of the Incorporation meant that the Order is governed by the principles of a representative democracy. So, the Sons of Norway Supreme Lodge Convention manned by legally elected delegates retains the sovereign powers in all matter of the Order.

In the field of sports, where bowling was so popular, a nationwide bowling league was organized during the post war era. Also, during this era Sons of Norway answered the call of assistance from Tubfrim. Tubfrim is a voluntary charity organization in Nesbeyen, Norway. They gathered considerable funds through the canceled stamps they received from the public. Sons of Norway may have become the world record holder in the charitable collecting of cancelled stamps.

After WWII, Norway had to rebuild so much, industrial plants, Merchant Marines, fishing fleets, schools, housing, etc. But, they wished to do it without help from the Marshall Plan. It was difficult, but, they did it and their credit standing remained excellent. Their fast and solid recovery was a modern miracle! By the 1950's they emerged a rejuvenated industrial nation. So, the official contact between fighting Norway and Norwegian/Americans came to an end. From now on the connections were from family and friends on both sides of the ocean.

In the 1950's since insurance was the back bone of financial set-up of Sons of Norway, it was clear that the new era called for a vast extension of the production end of Sons of Norway business. Ladies were welcome to the Order since 1917. In 1951, the Daughters of Norway merged with Sons of Norway. At the 1952 Convention a proposal was made to change the name of the Order to Sons & Daughters of Norway. A vote to retain the name Sons of Norway was unanimous.



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**Jacob Steen Jacobsen**, born in Brooklyn, N.Y. was the first President of the Supreme Lodge from the east coast. He was in office from 1956 - 1958. He graduated from Bay Ridge H.S., Forsund Høire Almenskole, Norway and NYU. He was President of the N.J. Congress of Fraternal Organizations, Exalted Ruler, Elks, Masons, President of Leif Erikson Lodge #248, 3D Secretary and Chairman of Norway Relief New Jersey. **John Kaare Hagen** was the second President of the Supreme Lodge from the east coast. He was born near Mondal in 1913. He attended the Fylke School in Kvinsdal, Norway. He was Supervisor of Construction for First National Bank, N.Y. John Kaare Hagen served as President of Kiwanis International, Chairman of the Leif Eriksen Committee for Greater N.Y., President of Roald #280 for 10 years, 3D President, Sports Director of the Supreme Lodge, 1956 - 58, Supreme Lodge VP 1958 - 60 and Supreme Lodge President 1960 - 62. He, also, served with the 115th Seabees and was decorated with 2 Bronze Stars!

Since the beginning of the Order no less than 200, 000 men & women have at one time or another been Sons of Norway members. At the 1954 Convention they authorized the establishment of a new Home Office Department, the Department of Fraternal Affairs. In 1966, Dennis Sorheim was the first Director of Fraternal Affairs. June 1956 in Duluth, Minnesota the first Junior Lodge was established. The goals of these lodges is to have children and grandchildren of members learn of their heritage, Norwegian Arts & Crafts, language, folk dancing and sports. The first Lodge of the Year Award was presented to Sonja Lodge #38, Eugene, Oregon in 1961. Construction of the new Sons of Norway Headquarters was completed during John Kaare Hagen's term as President. Headquarters has 52,000 square feet of floor space. On completion of the construction, the building was paid completely in cash! The financial benefits counselors throughout the districts not only sell insurance, but, also, help sign-up new members and start many new lodges. Sons of Norway Foundation was established by resolution in 1961, in order to further the fraternity's efforts in humanitarian, cultural and civic affairs. It was incorporated in 1966, as a non-profit corporate entity. Throughout Sons of Norway history the order has held high the banner of humanitarian good will. Since 1970 one more Supreme President has come from the 3rd District, Bjarne Eikvik, 1982 - 84. He was 3D President in 1976 and a member of Fort Lauderdale.

The [Constitution of Norway](#) was [signed](#) at [Eidsvoll](#) on May 17 in the year 1814. The constitution declared Norway to be an independent nation.

The celebration of this day began spontaneously among students and others from early on. However, Norway was at that time under Swedish rule (following the [Convention of Moss](#) in August 1814) and for some years the King of Sweden was reluctant to allow the celebrations. For a couple of years in the 1820s, king [Karl Johan](#) actually forbade it, as he thought the celebrations a kind of protest and disregard—even revolt—against Swedish sovereignty. The king's attitude changed slightly after the [Battle of the Square](#) in 1829, an incident which resulted in such a commotion that the King had to allow it. It was, however, not until 1833, that anyone ventured to hold a public address on behalf of the day. That year, official celebration was initiated by the monument of the late politician [Christian Krogh](#), known to have stopped the King from gaining too much personal power. The address was held by [Henrik Wergeland](#), thoroughly witnessed and accounted for by a [Swedish spy](#), sent by the King himself.

After 1864, the day became more established, and the first children's promenade was launched in [Christiania](#), in a parade consisting only of boys. This initiative was taken by [Bjørnstjerne Bjørnson](#), although Wergeland made the first known children's promenade at [Eidsvoll](#) around 1820. It was only in 1899 that girls were allowed to join in the parade for the first time.

By historical coincidence, the [Second World War](#) ended in Norway just nine days before that year's Constitution Day, on May 8, 1945, when the occupying German forces surrendered. Even if The Liberation Day is an official flag day in Norway, the day is not an official holiday and is not broadly celebrated. Instead a new and broader meaning has been added to the celebration of Norwegian Constitution Day on May 17.

The day focused originally on the Norwegian constitution, but after [1905](#), the focus has been directed also towards the royal family.

One can add that the day should be regarded as an expression of thankfulness, on behalf of the old values [freedom](#), [equality](#) and brotherhood, the ideological basis for the constitution, and also on behalf of the circumstances that led up to the constitution. The aspect of "thanksgiving" in the national celebrations of Norway is easily forgotten in the long span of years from 1814.



# SONS OF NORWAY

# 3D

How do I love thee? Let me count the ways.  
 I love thee to the depth and breadth and height  
 My soul can reach, when feeling out of sight  
 For the ends of Being and ideal Grace.  
 I love thee to the level of everyday's  
 Most quiet need, by sun and candle-light.  
 I love thee freely, as men strive for Right;  
 I love thee purely, as they turn from Praise.  
 I love thee with a passion put to use  
 In my old griefs, and with my childhood's faith.  
 I love thee with a love I seemed to lose  
 With my lost saints, --- I love thee with the breath,  
 Smiles, tears, of all my life! --- and, if God choose,  
 I shall but love thee better after death.

Elizabeth Barrett Browning must have owned life insurance.

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## Don't forget to:

The SON Foundation has given out multiple awards and grants this year to individual Lodges for special events, activities and for the Communities they are in. The SON Foundation also helps with hardship and other special needs after disasters or crisis  
 Dear Son of Norway Foundation Supporter,



I'm excited to announce that applications are now open for the first Lund Fund scholarships! If you don't know about the Lund Fund yet, the scholarship, established by the International Board of Directors, serves as a tribute to former Chief Executive Officer, John Lund and Alan Lund, former Legal Counsel of Sons of Norway, for their combined forty years of outstanding service and dedication. Additionally, the Lund family has chosen to use this fund for scholarships for study abroad experiences through accredited, post high school, educational institutions. If you would like to apply for this special scholarship, please go to [http://www.sofn.com/content/foundation/pdf/lundfundapp\\_2011\\_1.pdf](http://www.sofn.com/content/foundation/pdf/lundfundapp_2011_1.pdf) to download the application. Any current Sons of Norway member, child or grandchild of a current member, who demonstrates a keen interest in a post high school study abroad experience is eligible!

Please note that the deadline for applications is June 1st and Sons of Norway membership must be in effect at least one calendar year prior application. Applicants must provide a certificate of completion from high school or its equivalent. No preference will be given based on the country selected for the study abroad experience. Special consideration will be given to military veterans.

Cindy Olson, Director, Sons of Norway Foundation

## Swedish Apple Loaf (from Betty Foley, Gulfstream Current)

- 3 Cups Flour
- 2 Cups Sugar
- 1 Cup Cooking Oil
- 1 tsp soda
- 1 tsp salt
- 2 tsp cinnamon
- 3 eggs
- 1 Cup walnuts
- 3 Cup Chopped apples
- 1 tsp vanilla



Directions:  
 Mix first 6 ingredients with beaten eggs.  
 Add remaining ingredients.  
 Bake at 350 degrees in 2 loaf pans for one hour.  
 Sprinkle with sugar and wrap in Reynolds Wrap at once; that keeps it moist.



# SONS OF NORWAY

# 3D

Dear Fellow SON District 3 Members,

Enclosed please find a copy of the District 3 Youth Camp application. Please copy the application and distribute to your lodge membership.

An active cultural camp program is being planned with adult supervision at all times. The camp is held at the Third District property Land of the Vikings (LOV) in Sherman, PA. The LOV managers, Bev and Rick Budrick, have planned a pleasing menu for the campers. You would be amazed to see what is consumed!

Campers will attend morning classes for Norwegian language, rosemaling, wood working, hardanger and other skills. During the afternoon the campers can swim, hike, participate in a variety of athletic activities, fish, do crafts, cook and learn about our Viking heritage to name a few of the activities. The evening brings an opportunity to form lasting friendships with a talent show, films, folk dancing, games and much more. Campers find their week at LOV vanishes in a flash. It is one of the highlights of their year. Encourage your youth to build memories with us.

\*\*\*\*\***IMPORTANT**\*\*\*\*\*

If you need directions to LOV or if you find it difficult to transport your child to and from camp, send a request with your application and a map. A list of campers in your area will be included with your medical forms. Remember it is YOUR RESPONSIBILITY to provide transportation. Do not call camp and expect us to set up a ride for your child.

### IMPORTANT INFORMATION

The safety of the children attending Youth Camp is paramount to the District 3 Officers and Board. Therefore, to help in this effort, the District Board approved these rules for campers attending Youth Camp.

- o Campers retire to their rooms at 9:30 p.m.
- o Lights are out at 10 p.m.
- o No camper will be allowed outside his/her room after lights are out without permission.
- o Campers will not be permitted outside the facility after they retire to their rooms.

Each camper is responsible for him/herself. If a camper is discovered outside the facility without permission after lights are out, the parent/guardian will be called to pick up the child no matter what the time.

Each camper must mail this signed form back with the deposit. The child cannot attend camp without both signatures on the form.

Parent/Guardian \_\_\_\_\_

Camper \_\_\_\_\_

Number to be called if necessary \_\_\_\_\_



**SONS OF  
NORWAY**

**3D**

**SONS OF NORWAY THIRD DISTRICT YOUTH CAMP**

**LAND OF THE VIKINGS, SHERMAN, PA**

**July 3-9, 2011 12- to-15 year olds**

**July 10-16, 2011 8- to-11 year olds**

Name \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Birth Date \_\_\_\_\_ Age at camp \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZipCode \_\_\_\_\_

E-mail \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Phone Number \_\_\_\_\_

Sponsor/Relationship \_\_\_\_\_

Sponsoring Lodge \_\_\_\_\_

Emergency Contact (Name, phone and relationship) \_\_\_\_\_

\_\_\_\_\_

Telephone: Day \_\_\_\_\_ Evening \_\_\_\_\_

**Please identify roommate preference on the back**

The completed application form, along with a \$25 registration fee, must be sent to **Evelyn Karpack, PO Box 318, Hibernia, NJ 07842** by May 15, 2010. The check should be made payable to: District Lodge #3 Sons of Norway. You will receive camp materials including health forms after May 15.

Camp tuition is \$250 tax included for the one week session. The \$225 balance is to be sent to **Evelyn Karpack at the above address NO LATER than June 28**. Deposits are non-refundable if a cancellation is made after June 25. Any camper not related (child or grandchild) to a Sons of Norway member will pay a tuition rate of \$300. Non-members will be registered when members have been placed.

The SON Third District offers a limited quantity of partial camperships to those who qualify. To apply for this campership, the camper must write a full page essay stating why s/he wants to attend our camp. Completed essays must be submitted to the District 3 Youth Director, Mrs. Evelyn Karpack, PO Box 318, Hibernia, NJ 07842 no later than June 1, 2011.



# SONS OF NORWAY

# 3D

## WHO WE ARE AND WHAT WE DO

**PRIVACY NOTICE:** This information is for official Sons of Norway business use only. Use of this information for solicitation or commercial purposes is a violation of the Sons of Norway privacy policy and is strictly prohibited



Gerd & Frank Bolstad with the Norwegian Consul General in New York; Sissel Breie. International President Dan Rudd and Vice President Marit Kristiansen celebrating at Færder Lodge 100th anniversary



Presenting Zone 3 Scholarship to the Oslo International Summer School at NorBu Lodge Anniversary Dinner. Norman Dye, father of recipient Sarah Dye and Scholarship Chairperson, Peg Gerding.



Fredriksten Lodge 3-125 Past Presidents Charlie Nilsen, told about the early days at the Lodge



# SONS OF NORWAY

# 3D



DE NORSKE SANGFUGLER (The Norwegian Songbirds) from SON Hampton Roads were asked to participate in the Virginia Beach Cherry Blossom Festival. The Festival is an annual event and this year they also had a relief effort for Japan. The Festival celebrates the Sister City of Miyazaki, Japan. Moss, Norway is also a Virginia Beach Sister City.



The Gulfstream Lodge Ladies Team won First Place at the Springfest Regatta hosted by Sarasota Lodge



Gulfstream Lodge 3D Bowling



Joint 4 Lodge Picnic at Crews Lake Park: April Birthdays – Carlo Simonelli (Sun Viking), Helen Skodge (Suncoast), Dean Brown (Suncoast), Olivia Haaland (Sun Viking), Sallie Nordskog

Third District Today



Winners of the Easter Bonnet Parade  
Gloria Shipman, Lois Jensen, Scott Link & Gail Martinsen