

# 3D



# SONS OF NORWAY



*Shared values. A simple promise.*

## Third District Today "Light"

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

### President's Message

Third District President Mary Andersen updates our members on member growth over the summer! Mary also shares some information about how the new dues structure beginning in 2018 will affect lodges.

### Vice President's Letter

3D Vice President Kathy Dollymore shares news of the effort within the Third District to assist lodges that are having difficulty sustaining their membership.

### Hurricane Relief Effort

Kathy Dollymore also acts as our district Foundation Director and shares a way for Third District members to donate money towards helping fellow Sons of Norway members affected by Hurricane Harvey. *Please note: as this newsletter goes to press, there are other SON members who have been affected by wildfires in the Western US, and it is unknown as yet about what effect Hurricane Irma will have on Florida and other parts of the Southeast. Any donations our members wish to make to assist SON members coping with other disasters can also be made via the link provided in this month's TDT.*

### Culture

Cultural Director Gail Martinsen reports on plenty of fascinating stuff in September for SON members! There's another lesson on Norse mythology, as well as another great life story - this time, Norwegian physician Ludvig Hektoen, who rose to fame as a medical examiner in Chicago in the early 20th century. Also, Gail reviews a novel about Viking romance and battles titled "Swords of Good Men" by Icelandic native-turned-Norwegian author Snorri Kristjansson as well as the latest Harry Hole crime novel by Jo Nesbo called "The Thirst." There's also a quick explanation of the blue ling and of course more great Norwegian recipes!

## **Financial Benefits News**

This month's article discusses the popularity of GoFundMe, which is often used to raise money for funeral expenses, and how the right kind of financial planning makes it unnecessary to have to ask for help from others at such a difficult time for any family.

## **LOV News**

Among the many activities that happened over the summer at Land of the Vikings was the 2017 edition of Sports For Health!

## **Sports Activities Update**

Third District Sports and Recreation Director Andy Mathisen updates us on his Fitbit challenge between 3D officers and several lodges in the district. Who knew staying fit could be so much fun?

## **New District Lodge Installation Policy**

Third District has initiated a new policy regarding the installation of lodge officers. Our 3D secretary Karen Olsen-Helmold shares a letter written to all lodge leaders about the policy for your information!

## **Lodge Photos!**

For all the activities that were going on around our Third District lodges this summer, you'd think there would be hundreds of photos! It must mean our members were just too busy having fun! A few lodges did share some pictures from over the summer for all of us to enjoy.

Join us on social media! FacebookPinterestTwitter