

3D



SONS OF NORWAY



Shared values. A simple promise.

Third District Today "Light"

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

PRESIDENT'S MESSAGE

President Mary Andersen uses [a technological metaphor](#) to discuss leadership changes in lodges across the district and how important it is for everyone in the lodge to consider being a part of those changes!

CULTURAL DIRECTOR'S REPORT

Gail Martinsen's [January cultural report](#) is, as always, full of fascinating information! There's more Norse mythology, a review of a novel about Iceland, everything you'd want to know about the gyrfalcon, a biographical review of 19th century prominent Norwegian-American journalist and author Peer Stromme, and some delicious-looking recipes!

3D 2018 FITBIT CHALLENGE

Stay active and enjoy a friendly competition between lodges, our Third District officers, and perhaps even other SON districts! [Sports and Recreation Director Andy Martinsen](#) fills us in on the competition particulars.

JANUARY LODGE PHOTOS

We heard from a few 3D Lodges about their holiday activities and have included [a few great Juletefest photos](#)!

NEW FROM GATEWAY TO FLORIDA

We would like to highlight an article from the recent Gateway to Florida Lodge newsletter announcing details of the [upcoming Zone 5 Regatta](#) near Jacksonville. Interested?