



**FJELL-LJOM.. (MOUNTAIN ECHOES).. BLÅFJELL LODGE 3-646
October 2019**

President: Sharon Rohrback 540-774-0006
Vice President: Joann Barfield 540-380-2926
Secretary: Kathy Clark 540-977-2349
Treasurer: Cheri Johnson 540-989-6330
Editor: vacant (Sharon Rohrback, acting)

Blåfjell's website: sonsofnorwayblafjell.org
 Facebook group: <http://www.facebook.com/SonsOfNorwayBlaFjell>

Mission Statement:

The mission of the Sons of Norway is to preserve and cherish a lasting appreciation of the heritage and culture of Norway and the other Nordic countries.

Regularly scheduled meetings:

Fourth Saturday of each month, **1:00 PM**,
 College Lutheran Church, 210 South College Avenue, Salem
 (Except for special events)

NEXT MEETING --- SAVE THE DATE!!!

October 19, 2019 Time: 1-3 pm
BLA FJELL LODGE 23RD ANNIVERSARY
At THE GLEBE RETIREMENT COMMUNITY
200 GLEBE ROAD, DALEVILLE, VA.
RSVP BY OCTOBER 8 -- required.

Cost for each member will be determined when all RSVPs are in.

BLÅFJELL lodge received two Visa debit cards from SON District 3 for work done well: Robin Lambert's quality newsletters and meeting our goal in increasing membership. These are to be used as a thank you award for all members (in a special event; not to pay bills). BLÅFJELL is paying \$300.00 of the Glebe cost; final amount due from each member will be known when all reservations are in.

INDEX:

Local Lodge Section

- Page 1: Newsletter title, Officer contact info, Mission Statement, Next Meeting date, Index
Page 2: Mark Your Calendars, Member News, Lodge President Message
Page 3-4: Vice-President Message, Minutes of Previous meeting, Cultural Director Message.
Page 4-5: What You Missed at Sept NORDIC mtg.
Page 6-7: Pictures of Visit to Joe and Betty Lindsoe
Page 8: Book Suggestions from Kathy Clark, Other Cultural Items
SON Third District and International Section
Page 9: SON District 3 Presidents Message
Page 10: List of Third District upcoming events, Links to Third District/Zone7/International News

MARK YOUR CALENDARS FOR UPCOMING MEETINGS AND EVENTS

Oct. 9 LEIF ERIKSON DAY event at adopted school. Prog by Cheri only (not open to public)
 Oct. 19 **BlaFjell Lodge 23rd ANNIVERSARY 1-3 pm.** At the Glebe in Daleville.
 Nov. 8 VIKING DAY event at adopted school. Program by 8 members. (not open to public)
 Nov. 16 MEETING:1-3 pm, College Lutheran Church. Prog by Lucy.
 Dec. 14 **JULEFEST, 1-3 pm**, at College Lutheran Church. Bring dessert, fingertip sandwiches
 or open face Danish sandwiches.

THIRD DISTRICT AND/OR ZONE 7 LODGE EVENTS

Nov. 2, 2019: Hampton Roads Lodge Christmas Bazaar.

YEAR 2020: June 5-8, 2020: D-3 Convention in Jacksonville, Florida.

BlaFjell Lodge will have to determine if we will be sending a convention representative.

MEMBER NEWS

Gratuler Med Dagen - October birthdays.

Ronald W. Nelson, Jr. 10/3

Karen-Solvi Smiley 10/20

Visit with Joe and Betty Lindsoe: Sharon Rohrback, Joann Barfield, Kathy Clark and Bob Rohrback recently made a road trip to Lynchburg to visit charter members Joe (President Emeritus) and Betty Lindsoe, who now reside in a retirement community and no longer drive. We enjoyed a wonderful visit at their beautiful new home, renewed many old memories, and heard about the celebration of Joe's 90th birthday in NORWAY! See pictures on pages 6-7.

LODGE PRESIDENT MESSAGE

This newsletter is being sent earlier than usual because of the tight deadline to get reservation replies (due Oct. 8) for our Oct. 19 BlaFjell lodge 23 Anniversary dinner.

On October 19 (the third Saturday), 1-3pm, we celebrate our 23rd anniversary. Reservations are required by October 8: Contact Sharon Rohrback (540) 774-0006 or email slrohrback@aol.com.

An e-mail with the final per-person cost, and directions to the Glebe, will be sent after all RSVPs are in.

Menu: preset at each table: Garden Salad with rolls and Ranch or Vinaigrette dressing. Buffet of Salmon, Herb Baked Chicken, Red Roasted Potatoes, Carrots, Steamed Broccoli; Water/Tea Service, Decaf Coffee and sheet cake for dessert.

Thank you to everyone who donated time and items for the September mtg Viking Silent Auction, the yard sale and the bake sale. Thank you, Helen Hinlicky, for a wonderful array of crackers, cheese, grapes and a bar. Thank you, Cheri, for the unusual Swedish dessert (picture shown later in newsletter). Our goal was \$230.00. Cheri said we made \$289.25 (\$200 from auction; \$89.25 from yard sale/bake sale. But mainly, thank you for your presence and the fun we

October is the month we recognize as FOUNDATION MONTH. Our 3D Foundation Director, Dirk Hansen, has information on how the Foundation can work for YOUR lodge. hansenoaks@lowcountry.com. See 3D Presidents Message for more detail.

Sharon Rohrback, Bla Fjell President

VICE PRESIDENT/MEMBERSHIP SECRETARY MESSAGE

The Good News of the Day is that we welcomed two prospective new members at our September 28 meeting; Scott and Karen Rice are friends of mine and fellow members of College Lutheran Church and have attended several of our events previously. They brought their friends, Randy and Judy Rosengren, visiting here from Illinois, and Judy gave some interesting details on their Nordic heritage. They enjoyed our Nordic Auction and Yard/Bake Sale. In addition to the usual good time, we made some good money by buying and selling to each other

Our next good time together will be the celebration of our 23rd anniversary, to which you have already received your invitation .. we would remind you that we need your RSVP by **October 8** .. and this is a good opportunity to invite family and friends to join us!

Joann Barfield, Vice President/Membership Director

MINUTES OF PREVIOUS MEETING

The September meeting was held at College Lutheran in Salem. Sharon welcomed 5 visitors and 12 members in attendance. We sang the Norwegian, Canadian and USA National Anthems. Our next event is our 23rd anniversary dinner at the Glebe in Daleville. Invitations were mailed out and we need RSVP's by Oct 8th. This event is the 3rd Sat. instead of our usual 4th Sat. The cost will be determined when all RSVP's are in because of the \$300.00 the lodge received from Sons of Norway. Cheri J. gave the treasurer's report. Judy and Randy Rosengren from Illinois gave a report on their recent trip to Norway and Sweden. Refreshments were served by Ellen Hinlicky and Cheri Johnson. Following the meeting we enjoyed the Nordic auction, yard sale and bake sale.

Kathy Clark, secretary

CULTURAL DIRECTOR MESSAGE

Nordic Auction and Yard Sale/Baked Goods Sale.

The Nordic function is always a lot of fun! We bring our discarded items, our used Nordic treasures, and our baked goods to raise money for our lodge. Our goal was \$230.00, and we surpassed it! On the auction we made \$200.00 and on the yard sale/bake sale \$89.50. So at our board meeting in January, I will recommend we continue this fun activity.

LEIF ERIKSSON DAY, October 9, 2019, at Faith Christian School, Roanoke, VA.

Leif Eriksson, the son of Erik the Red, is believed to have been the first European to land in North America. He established a Norse settlement in the northern tip of Newfoundland, Canada around the year 1000 AD. This settlement is called L'Anse aux Meadows today. In 1960, proof has been found there of its existence, and a reproduction of the site exists there today as a tourist attraction. Leif was young, in his early 20's, when he made this discovery, and only stayed there less than a year. The settlement became a basecamp to future exploration. In 1964, the United States Congress declared October 9, Leif Eriksson Day in honor of this historical Viking.

At Faith Christian School, Leif is remembered for other reasons.

1) Leif became a Christian under King Olaf Tryggvason of Norway in 999. The King knew Leif's father started a colony in Greenland and sent Leif back there to Christianize the settlement. Leif's mother was baptized and converted to Christianity, and the first Christian church in North America was built for Leif's mother.

CULTURAL MESSAGE: LEIF ERIKSSON DAY continued.

2) On Leif's return from Newfoundland, he rescued an Icelandic castaway and the crew. In this crew was a young woman, Gudrid, who later married Leif's brother. After this brother died of a sickness, Gudrid married Thorfinn Karlsefni, an Icelandic merchant. In 1006 AD, they with a crew went to Leif's basecamp and the first child, named Snorri was born in North America. Gudrid was also a Christian and on her return trip to Greenland/Iceland, she continued to spread Christianity to those around her. Her children and grandchildren remained Christians and became Bishops in the church.

3) Sheep and horses were brought from Norway to Iceland and then to Greenland. Horses were used for transportation and sheep for wool, milk and meat. Without these animals, these settlements would not have survived. The animals were transported on the Viking Knarr boats and still exist in these countries today.

Submitted by Cheri Johnson, Cultural Director

WHAT YOU MISSED AT OUR SEPT. 2019 NORDIC FUNCTION.



Kathy Clark giving the Lodge a sneak peak into the Anniversary dinner scheduled for October 19th.



Guests Judy and Randy Rosengren all the way From Ottawa Illinois sharing about their trips to Norway and Sweden.



Members Walter and Carolyn Sandberg At Baked Goods for sale
Yard Sale items





Yard Sale items



Nordic Silent Auction items



Nordic Silent Auction items



These are a gift from Joe Lindsoe. They will be appraised by Vesterheim, The National Norwegian-American Museum & Heritage Center in Decorah, Iowa.



Hats off to my new Sons of Norway friend, Sally Abrahamson, in Portland, Maine who shared her recipe of Swedish Sandwich Cake with me!! Today I made it for our Lodge here in Salem, and everyone loved it! It's a sandwich loaf with smoked salmon, shrimp, ham, havarti cheese, eggs, cucumbers and radishes. Fresh dill and parsley compliment the cream cheese/sour cream frosting.

Submitted by Cheri Johnson, Blåfjell Lodge Cultural Director

Smorgastorta - SWEDISH SANDWICH Cake - Kravings Food Adventures

<https://kravingsfoodadventures.com/smorgastorta-swedish-sandwich-cake/>

VISIT TO JOE AND BETTY LINDSOE, CHARTER MEMBERS

From left Joann Barfield, Joe Lindsoe, Kathy Clark.
Not pictured: Betty Lindsoe, Bob Rohrback, and Sharon Rohrback.

Joe's sister in Norway sent these items to him in a wonderfully rosemalled wooden chest.



Carved Bellows in Joe's father's Norway home since 1901.

Wooden spoon wall hanging carved by Joe's uncle in Norway in 2009.



**Wooden mangle carved by Joe's uncle in Norway in 1990.
Included the wooden roller not shown in this picture.**



BOOK SUGGESTIONS from Kathy Clark

1. Norwegian Folk Tales: (35 Norske Folkeeventyr) collected by Peter Asbornsen and Jorgen Moe. Asbjørnsen, a teacher, and Moe, a minister, had been friends for about 15 years when in 1843 they published the first volume of folktales. In 1874, the first illustrated version came out in 1879 with drawings by Erik Werenskiold, and in 1879 the second edition with drawings also by Theodor Kittelson. Translated by Pat Shaw and Carl Norman. A quote from the introduction: "Near the middle of the nineteenth century scholars began discovering rich native tradition that had lain fallow and almost forgotten during the years of foreign cultural influence." Among the Norwegian scholars, Asbornsen and Moe had the most extensive collection.

2. The Wonderful Adventure of Nils and Further Adventure of NILS: A translated Swedish unabridged copy of the two NILS stories by Selma Lagerlöf. She is best known in America and worldwide for her masterpiece children's' stories: NILS: The Wonderful Adventures of Nils and The Further Adventures of Nils Holgersson. Originally commissioned by the Swedish National Teachers' Society to teach introductory geography to young Swedish schoolchildren, these adventures, first published in 1906–1907, take flight when Nils, a Swedish imp, is magically reduced to elfin size, gets astride a gander who joins a flock of wild geese that fly a route covering the significant geographical and historical sites of all of Sweden. Along the way, they encounter the consequential elements of survival, both socially and environmentally: predator and victim, friend and foe, the land and its users. Told in a series of narratives. Because of his experiences flying over Sweden he learns so much about life and becomes a much better person.

OTHER CULTURAL ITEMS

OCTOBER HOLIDAYS AND OBSERVANCES IN NORWAY

Oct 24	Thursday	United Nations Day	Observance
Oct 27	Sunday	Daylight Saving Time ends	Clock change/Daylight Saving Time
Oct 31	Thursday	Halloween	Observance

Sons of Norway District 3 October President Letter 2019



October takes us back to the immigration of our forefathers. Since 1964, when Congress unanimously authorized and requested the [President](#) to create the observance of Leif Erikson Day through an annual [proclamation](#), October 9 was chosen because the ship [Restauration](#) arrived in [New York Harbor](#) on October 9, 1825, beginning a wave of immigration from Norway to America. In July of that year, a group of six dissenting families, seeking a haven from the official Norwegian state church, set sail from Stavanger in an undersized sloop, the *Restaurationen*. When it arrived in New York harbor after an arduous 14-week journey, the *Restaurationen* caused a

sensation, and the local press marveled at the bravery of these Norwegian pilgrims. Local Quakers helped the destitute emigrants, who eventually established a community in upstate New York. Today, their descendants are still known as "sloopers".

As Eva Britt Kornfeldt of the Oslo Visitors and Convention Bureau said: "Swedes, they do as they are told. Norwegians? We are a stubborn, self-reliant, impulsive, inventive and independent people. But above all, we're curious." Norwegians have always been brave explorers. From the early Vikings, then onto the first to cross Greenland by land, a Norwegian was first to the South Pole, the voyage of the *Kon-Tiki*, and then history's longest solo and un-resupplied ski journey, 3,000 miles across the South Pole region. Explorers! So many of us have heard the stories of our own family's emigration. Make sure to write these stories down for future generations, who can be proud of their heritage.

October is also the month we recognize as FOUNDATION MONTH. A donation to the Sons of Norway Foundation is a contribution to the positive impact we make through community, youth, educational, and cultural projects. With every contribution, there is an impact.

Everything the Sons of Norway Foundation accomplishes is the result of the support of our donors: the people who contribute time, talent and resources to further our mission in member communities. Every contribution matters and you can be sure that we're using your donations responsibly and effectively. Our 3D Foundation Director, Dirk Hansen, has information on how the Foundation can work for YOUR lodge. hansenoaks@lowcountry.com

In closing, remember, this is your Lodge, your Sons of Norway. We need members to come to the Lodge and assist in carrying out the business. All your officers ask is to give the Lodge at least one night a month. We also need your support in finding new members. Why not ask a friend to join in on all the good things we have in our lodge to share?

Fraternally, Kathy Dollymore, 3D President

Links to THIRD DISTRICT, 3D ZONE7 LODGES and INTERNATIONAL NEWS:

For 3D President's letter, see the Third District Events Calendar:
www.3dsofn.org/newsletter/index.html

For District 3 events: www.3dsofn.org/calendar

For Land of Viking (LOV) camp and conference center in Pennsylvania: www.3dsofn.org/lov
 or www.Landofthevikings.org

For Sons of Norway E-Post: sonsofnorway@sofn.com

Zone 7 Lodges (this section newly added)

Bla Fjell Lodge 3-646 meets in Salem, VA: Website www.sonsofnorwayblafjell.org
 or Facebook www.facebook.com/SonsOfNorwayBlaFjell

Hampton Roads Lodge 3-522 meets in Virginia Beach, VA: Website www.hrson.org
 or Facebook www.Facebook.com/hrsons

Norsk Carolina Lodge 3-679 meets in Charlotte, NC: Website www.norskcarolina.org
 or Facebook www.Facebook.com/NorskCarolina

Norskevenner Lodge 3-678 meets in Roswell, GA: email sofnvennekretsen@gmail.com
 or Facebook www.facebook.com/Sons-of-Norway-Roswell-Georgia-NorskeVenner-Lodge-3-678

North Carolina Vikings Lodge 3-675 meets in Raleigh, NC:
 Website www.northcarolinavikings.org. There is no Facebook site.

Southern Star Lodge 3-360 meets in Myrtle Beach, SC: Website www.southernstar.org;
 or Facebook www.Facebook.com/SouthernStar

INTERNATIONAL NEWS links:

For Royal Norwegian Embassy in Washington: emb.washington@mfa.no

For Nordic News from the Icelandic Embassy: <http://www.iceland.is/us>

For NEWEST NEWS: New newspaper ... Welcome to Norway Today: www.norwaytoday.info

For FULL LISTING OF EVENTS around the U.S.: www.norway.org/calendar

TRAVEL INFORMATION FOR NORDIC COUNTRIES: (until about three years ago, we used to be able to contact a country's embassy and would receive a few free travel informational packets to hand out at Local Colors festival. Now the information is online. Thank you, Larry, for the link names. I verified I could successfully open the below links. Once open, each link had its own method to get at the various information. Sharon Rohrback

www.visitdenmark.com

www.visitfinland.com

www.inspiredbyiceland.com

www.visitnorway.com

www.visitsweden.com

***SONS OF NORWAY BLAFJELL LODGE MEETS ON THE FOURTH SATURDAY OF EACH MONTH!
 PLAN TO ATTEND EACH AND EVERY LODGE MEETING AND ACTIVITY!***

For the Love of Norway!!

