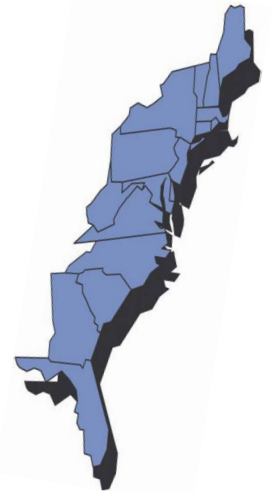




# SONS OF NORWAY

## 3D



## Third District Today

### 2020 Volume 3

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

Fra Presidenten, Kathy Dollymore

### December 2020 and more!!



Elections should be over and Lodge officers are organizing their boards for the new year for their role in supporting their lodge and the SON organization as a whole. With new boards many lodges write goals to precisely define their desired results. Goals help to focus energies on a number of achievement areas. Adopting this practice is an effective and crucial tool for your board.

If you are feeling like me, you may be experiencing a sense of relief that 2020 is nearly over. The amount of uncertainty we all have been facing throughout 2020 is really taking a toll on us. We have been facing a lot of doubt and have been eyeing 2021 with hopes that it will be a better year than the one we have just gone through, understandable that everyone wants to see a return to normal. But I will say that one of the few good things that's come out of this year is that we're interacting in new ways that seem to be working. Zoom (or other virtual online sites) for many of our lodges is working nicely. Members who have not been able to attend a meeting, be it that it necessitates driving at night or being that they live too far away have now been visiting with other lodge members virtually and we're spending less time needlessly traveling. I'm hopeful that some of these trends will continue in the future.

Some lodges are making the decision to cancel their Juletreffs for this year with the intentions of looking forward to a bigger gathering in 2021. Some lodges are offering a "Jul By Zoom." There are lodges that are able to hold a Julefest and are adhering to CDC guidelines. Each lodge will decide what works best for them. You may be celebrating by yourselves for safety sake but I hope you know you are thought of today and all this season.

A traditional Norwegian Christmas Tree decoration are small paper baskets called 'Julekurver' which are made in the shape of a heart. It's said that the writer Hans Christian Andersen might have invented them in the 1860s. Why don't you try your hand at making some of the baskets for your tree and don't forget to put a cookie in one for Santa! Instructions on how to make the Julekurver are on the website <http://www.stavanger-web.com/baskets.php>

But no matter how you or your lodge decide to celebrate this holiday season I want to send a special thanks to all of you who have devoted time and effort into the success of this organization. Warm wishes to every member in our Tremendous Third District.

God Jul og Godt Nyttår til alle. Ta være på hverandre. (Merry Christmas and Happy New Year to all. Take care of each other)

Stay healthy, be safe, and be kind! Kathy

## November 2020 and more!!

The last six months have been challenging to say the least, I've been impressed by the exciting new ideas developed for elections and holding meetings. Innovation is more important now than ever before. From fraternal acts of kindness, supporting our members, thinking of practical ways to make a positive impact during the pandemic, hosting different kind of lodge meetings, to tracking important data, the last few weeks and months have shone a light on the power of human creativity and collaboration. There is more work to do, but the tenacity and dedication of Sons of Norway members have brought us much closer to a model of what we will call New Normal.

Nominations and elections for our lodges have taken place and I congratulate the lodges for thinking of the new ways to carry on with leadership So, this is a special THANK YOU for those who have accepted a position whether a returning officer or new officers- Please support the officers that take on the challenge of leadership, specifically.... support their new ideas! Some will be a refreshing change and others might be a learning experience. Remember that change can be good! Getting out of your comfort zone is never easy. In this ever-changing world things must change to grow and survive. However, let's move forward without forgetting the significance of our long-standing traditions and ceremonies

Our gatherings for Thanksgiving may be different this year. Even Macy's Thanksgiving Day Parade will be a virtual event this year. Thanksgiving is a time when many families travel long distances to celebrate together. Staying home may be the best way to protect yourself and others. If you must travel, be informed of the [risks involved](#). Even with all the challenges we are up against, we will find a way to celebrate and give Thanks in a way that celebrates our families, SON communities, country, and all we have to be thankful for.

And.... there is light at the end of the tunnel. In the meantime, this is your Lodge, your Sons of Norway. If we want our lodges to continue to grow, we must recognize what our members expect from our lodges. So, let's speak up and let's also listen. Some of our lodges are still having nice enough Autumn weather to pick a day and get out and breath some fresh Fall air and see the changing of the leaves, see the geese flying south, maybe group with some other lodge members for a ramble. Don't forget to use the walk for your sports medal, take care of yourself and take care of others.

Fraternally, Kathy

## October 2020

Here's a great quote concerning a new skill: "Do one thing every day that scares you." Quotation often assigned to Eleanor Roosevelt

Lodges are gearing up with their nominating committees for officer elections coming up and maybe that can be a little scary, *"can I do it, will I get help, what if I make a mistake. I'm not ready"*

With National Baseball taking place,( *yea, Phillies*) even if it isn't the way we had hoped to see it, these are thoughts for you: Don't hide from the fear--lean into it, take a swing, or let it hit you and take your free base. We're all here cheering you on and waiting for our turn to step up to the plate! Meaning try a position in your lodge as an officer or part of a committee. We'll get back to our lodges, our meetings, our programs, our friends in the new normal but we won't hide from the fear but will take on the new day. Sons of Norway members are resilient and we are all in this together and we will persevere. So, when asked to step up to the plate, think about that quote.

I am learning to use my Zoom, something I never thought was on my agenda. And yes, a little scary but still trying to learn more each day.

Some of our lodges have started meeting with a safe-distancing-mask-in-person meeting and some lodges have done virtual meetings with members who have been unable to attend in a while but through the virtual world here they are with the group. So, we will find ways to get together. Programs shared from other lodges and members of other lodges visiting in the virtual world makes this something we had not envisioned, but it's something that's working.

October is also the month we recognize as FOUNDATION MONTH. A donation to the Sons of Norway Foundation is a contribution to the positive impact we make through community, youth, educational, and cultural projects. With every contribution, there is an impact. The Sons of Norway Foundation is proud to announce the brand-new Helping Hands to Members Medical Relief Grant. This grant assists current members with unreimbursed medical claims resulting from extreme illness or injury. Awards of up to \$5,000 are available to help members who are uninsured, underinsured or denied coverage for major medical expenses. Grants are made from the Foundation's Humanitarian Fund.

Everything the Sons of Norway Foundation accomplishes is the result of the support of our donors: the people who contribute time, talent and resources to further our mission in member communities. Every contribution matters and you can be sure that we're using your donations responsibly and effectively. Our 3D Foundation Director, Dirk Hansen, has information on how the Foundation can work for **YOUR** lodge. [hansenoaks@lowcountry.com](mailto:hansenoaks@lowcountry.com)

Fraternally, Kathy Dollymore, 3D President



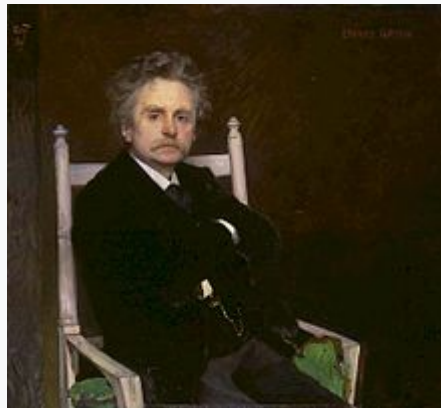
## A little Culture *by 3D Cultural Director Andy Mathisen*

**Edvard Hagerup Grieg** (Norwegian; 15 June 1843 – 4 September 1907) was a Norwegian [composer](#) and [pianist](#). He is widely considered one of the leading [Romantic era](#) composers, and his music is part of the standard classical repertoire worldwide. His use and development of [Norwegian folk music](#) in his own compositions brought the music of Norway to international consciousness, as well as helping to develop a [national identity](#), much as [Jean Sibelius](#) did in [Finland](#) and [Bedřich Smetana](#) did in [Bohemia](#).<sup>[1]</sup>

Grieg is the most celebrated person from the city of [Bergen](#), with numerous statues depicting his image, and many cultural entities named after him: the city's largest concert building ([Grieg Hall](#)), its most advanced music school ([Grieg Academy](#)) and its professional choir (Edvard Grieg Kor). The Edvard Grieg Museum at Grieg's former home, [Troidhaugen](#), is dedicated to his legacy.



Edvard Grieg statue by [Ingebrigt Vik](#) in Bergen



Edvard Grieg (1891), portrait by [Eilif Peterssen](#)

Edvard Hagerup Grieg was born in [Bergen](#), Norway (then part of [Sweden–Norway](#)). His parents were Alexander Grieg (1806–1875), a merchant and vice-consul in Bergen; and Gesine Judithe Hagerup (1814–1875), a music teacher and daughter of solicitor and politician [Edvard Hagerup](#). The family name, originally spelled [Greig](#), is associated with the [Scottish Clann Ghriogair \(Clan Gregor\)](#). After the [Battle of Culloden](#) in 1746, Grieg's great-grandfather, Alexander

Greig, travelled widely, settling in Norway about 1770, and establishing business interests in Bergen. Grieg's first cousin, twice removed, was Canadian pianist [Glenn Gould](#), whose mother was a Grieg.

Edvard Grieg was raised in a musical family. His mother was his first piano teacher and taught him to play at the age of six. Grieg studied in several schools, including [Tanks Upper Secondary School](#).

In the summer of 1858, Grieg met the eminent Norwegian violinist [Ole Bull](#), who was a family friend; Bull's brother was married to Grieg's aunt. Bull recognized the 15-year-old boy's talent and persuaded his parents to send him to the [Leipzig Conservatory](#), the piano department of which was directed by [Ignaz Moscheles](#).

Grieg enrolled in the [conservatory](#), concentrating on the piano, and enjoyed the many concerts and recitals given in [Leipzig](#). He disliked the discipline of the conservatory course of study. An exception was the [organ](#), which was mandatory for piano students. About his study in the conservatory, he wrote to his biographer, [Aimar Grønvold](#), in 1881: "I must admit, unlike [Svendson](#), that I left Leipzig Conservatory just as stupid as I entered it. Naturally, I did learn something there, but my individuality was still a closed book to me."

In the spring of 1860, he survived two life-threatening [lung diseases](#), [pleurisy](#) and [tuberculosis](#). Throughout his life, Grieg's health was impaired by a destroyed left lung and considerable deformity of his thoracic spine. He suffered from numerous respiratory infections, and ultimately developed combined lung and heart failure. Grieg was admitted many times to spas and [sanatoria](#) both in Norway and abroad. Several of his doctors became his friends.

In 1861, Grieg made his debut as a concert pianist in [Karlshamn](#), Sweden. In 1862, he finished his studies in Leipzig and held his first concert in his home town, where his programme included [Beethoven's](#) [Pathétique](#) sonata.



Edvard Grieg and [Nina Hagerup](#) (Grieg's wife and first cousin) in 1899

In 1863, Grieg went to [Copenhagen](#), Denmark, and stayed there for three years. He met the Danish composers [J. P. E. Hartmann](#) and [Niels Gade](#). He also met his fellow Norwegian composer [Rikard Nordraak](#) (composer of the [Norwegian national anthem](#)), who became a good friend and source of inspiration. Nordraak died in 1866, and Grieg composed a [funeral march](#) in his honor.

On 11 June 1867, Grieg married his first cousin, [Nina Hagerup](#) (1845–1935), a lyric soprano. The next year, their only child, Alexandra, was born. Alexandra died in 1869 from [meningitis](#). In the summer of 1868, Grieg wrote his [Piano Concerto in A minor](#) while on holiday in Denmark. [Edmund Neupert](#) gave the concerto its premiere performance on



3 April 1869 in the Casino Theatre in Copenhagen. Grieg himself was unable to be there due to conducting commitments in [Christiania](#) (now Oslo).

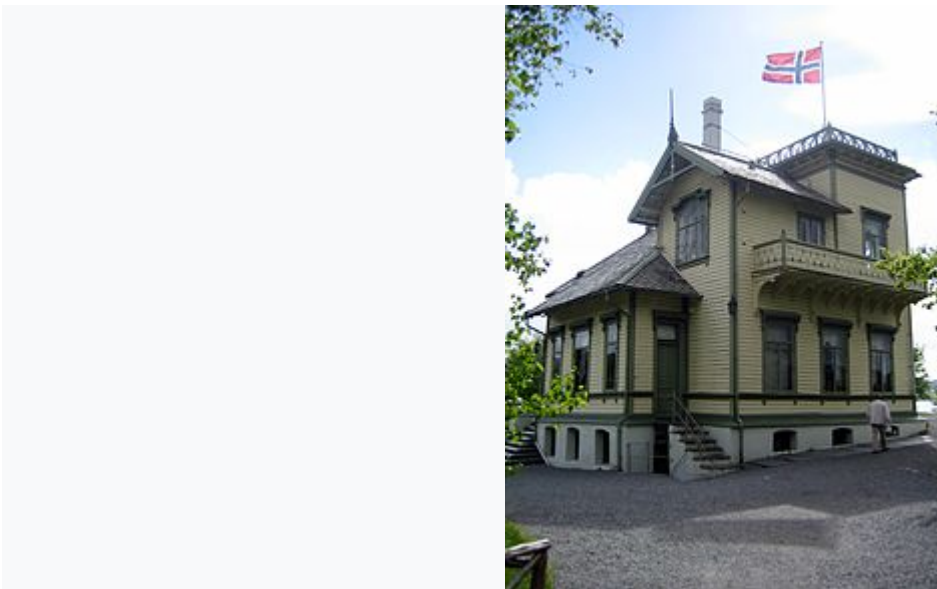
In 1868, [Franz Liszt](#), who had not yet met Grieg, wrote a testimonial for him to the Norwegian Ministry of Education, which led to Grieg's obtaining a travel grant. The two men met in [Rome](#) in 1870. On Grieg's first visit, they went over Grieg's Violin Sonata No. 1, which pleased Liszt greatly. On his second visit in April, Grieg brought with him the manuscript of his Piano Concerto, which Liszt proceeded to sightread (including the orchestral arrangement). Liszt's rendition greatly impressed his audience, although Grieg gently pointed out to him that he played the first movement too quickly. Liszt also gave Grieg some advice on [orchestration](#) (for example, to give the melody of the second theme in the first movement to a solo trumpet).

In 1874–76, Grieg composed [incidental music](#) for the premiere of [Henrik Ibsen](#)'s play [Peer Gynt](#), at the request of the author.

Grieg had close ties with the [Bergen Philharmonic Orchestra](#) (Harmonien), and later became Music Director of the orchestra from 1880 to 1882. In 1888, Grieg met [Tchaikovsky](#) in Leipzig. Grieg was struck by the greatness of Tchaikovsky. Tchaikovsky thought very highly of Grieg's music, praising its beauty, originality and warmth.

On 6 December 1897, Grieg and his wife performed some of his music at a [private concert](#) at [Windsor Castle](#) for [Queen Victoria](#) and her court.

Grieg was awarded two honorary doctorates, first by the [University of Cambridge](#) in 1894 and the next from the [University of Oxford](#) in 1906.



Edvard Grieg Museum in [Trolldhaugen](#)

The Norwegian government provided Grieg with a pension as he reached retirement age. In the spring of 1903, Grieg made nine 78-rpm [gramophone recordings](#) of his piano music in Paris. All of these discs have been reissued on both LPs and CDs, despite limited fidelity. Grieg recorded [player piano](#) music rolls for the Hupfeld Phonola piano-player system and [Welte-Mignon](#) reproducing system, all of which survive and can be heard today. He also worked with the [Aeolian Company](#) for its 'Autograph Metrostyle' piano roll series wherein he indicated the tempo mapping for many of his pieces.

In 1899, Grieg cancelled his concerts in France in protest of the [Dreyfus Affair](#), an anti-semitic scandal that was then roiling French politics. Regarding this scandal, Grieg had written that he hoped that the French might, "Soon return to the spirit of 1789, when the French republic declared that it would defend basic human rights." As a result of his position on the affair, he became the target of much French [hate mail](#) of that day.

In 1906, he met the composer and pianist [Percy Grainger](#) in London. Grainger was a great admirer of Grieg's music and a strong empathy was quickly established. In a 1907 interview, Grieg stated: "I have written Norwegian Peasant Dances that no one in my country can play, and here comes this Australian who plays them as they ought to be played! He is a genius that we Scandinavians cannot do other than love."

Edvard Grieg died at the Municipal Hospital in Bergen, Norway, on 4 September 1907 at age 64 from [heart failure](#). He had suffered a long period of illness. His last words were "Well, if it must be so."

The funeral drew between 30,000 and 40,000 people to the streets of his home town to honor him. Following his wish, his own [Funeral March in Memory of Rikard Nordraak](#) was played with orchestration by his friend [Johan Halvorsen](#), who had married Grieg's niece. In addition, the *Funeral March* movement from [Chopin's Piano Sonata No. 2](#) was played. Grieg was [cremated](#), and his ashes were entombed in a mountain crypt near his house, [Troldhaugen](#). After the death of his wife, her ashes were placed alongside his.

Edvard Grieg and his wife were [Unitarians](#) and Nina attended the Unitarian church in Copenhagen after his death.

A century after his death, Grieg's legacy extends beyond the field of music. There is a large statue of Grieg in [Seattle](#), while one of the largest hotels in Bergen (his hometown) is named Quality Hotel Edvard Grieg (with over 370 rooms), and a large crater on the planet [Mercury](#) is named after Grieg.

Some of Grieg's early works include a [symphony](#) (which he later suppressed) and a [piano sonata](#). He also wrote three [violin sonatas](#) and a [cello sonata](#).

Grieg also composed the incidental music for [Henrik Ibsen's](#) play [Peer Gynt](#), which includes the famous excerpt titled, "[In the Hall of the Mountain King](#)". In this piece of music, the adventures of the anti-hero, Peer Gynt, are related, including the episode in which he steals a bride at her wedding. The angry guests chase him, and Peer falls, hitting his head on a rock. He wakes up in a mountain surrounded by trolls. The music of "In the Hall of the Mountain King" represents the angry trolls taunting Peer and gets louder each time the theme repeats. The music ends with Peer escaping from the mountain.

In an 1874 letter to his friend [Frants Beyer](#), Grieg expressed his unhappiness with Dance of the Mountain King's Daughter, one of the movements he composed for *Peer Gynt*, writing "I have also written something for the scene in the hall of the mountain King – something that I literally can't bear listening to because it absolutely reeks of cow-pies, exaggerated Norwegian nationalism, and trollish self-satisfaction! But I have a hunch that the irony will be discernible."

Grieg's [Holberg Suite](#) was originally written for the piano, and later arranged by the composer for [string](#) orchestra. Grieg wrote songs in which he set lyrics by poets [Heinrich Heine](#), [Johann Wolfgang von Goethe](#), Henrik Ibsen, [Hans Christian Andersen](#), [Rudyard Kipling](#) and others. Russian composer [Nikolai Myaskovsky](#) used a theme by Grieg for the variations with which he closed his Third String Quartet. Norwegian pianist [Eva Knardahl](#) recorded the composer's complete piano music on 13 LPs for [BIS Records](#) from 1977 to 1980. The recordings were reissued in 2006 on 12 compact discs, also on [BIS Records](#). Grieg himself recorded many of these piano works before his death in 1907.

#### [List of compositions by Edvard Grieg](#)

- [Piano Sonata in E minor](#), Op. 7
- [Violin Sonata No. 1 in F major](#), Op. 8
- Concert [Overture In Autumn](#), Op. 11
- [Violin Sonata No. 2 in G major](#), Op. 13
- [Piano Concerto in A minor](#), Op. 16
- [Incidental music to Bjørnstjerne Bjørnson's play Sigurd Jorsalfar](#), Op. 22
- [Incidental music to Henrik Ibsen's play Peer Gynt](#), Op. 23
- [Ballade in the Form of Variations on a Norwegian Folk Song](#) in G minor, Op. 24

- [String Quartet in G minor](#), Op. 27
- [Two Elegiac Melodies](#) for strings or piano, Op. 34
- Four *Norwegian Dances* for piano four hands, Op. 35 (better known in orchestrations by [Hans Sitt](#) and others)
- [Cello Sonata in A minor](#), Op. 36
- [Holberg Suite](#) for piano, later arr. for string orchestra, Op. 40
- [Violin Sonata No. 3 in C minor](#), Op. 45
- [Peer Gynt Suite](#) No. 1, Op. 46
- [Lyric Suite](#) for orchestra, Op. 54 (orchestration of four [Lyric Pieces](#))
- [Peer Gynt Suite](#) No. 2, Op. 55
- Four [Symphonic Dances](#) for piano, later arr. for orchestra, Op. 64
- [Haugtussa](#) Song Cycle after [Arne Garborg](#), Op. 67
- Sixty-six [Lyric Pieces](#) for piano in ten books, Opp. 12, 38, 43, 47, 54, 57, 62, 65, 68 and 71, including: *Arietta*, *To the Spring*, *Little Bird*, *Butterfly*, *Notturmo*, [Wedding Day at Troldhaugen](#), *At Your Feet*, *Longing For Home*, *March of the Dwarfs*, *Poème erotique* and *Gone*.



## SofN News

**Governance update excerpted from International Vice-President Mark Agerter's message in the D2 Fall newsletter:**

### ***Current Legislation Update:***

As chair of the Corporate Matters and Governance Committee I want to report that we have been very busy for the past couple of months. Our primary emphasis has been on enacting new policies that will allow our local lodges to transact business during these difficult times.

Passed so far are:

1 - The referendum to Constitution Chapter 10 paragraph 4.10.3., that will allow local lodges to hold referendums on important issues that their members may want to take up, has passed. When you discuss this with your members please be sure to emphasize that "any bylaw amendments created with this process and passed by referendum, or any other means, may not be put into effect until approval is secured as outlined in the Policy & Procedures (P&P) Section 4, Local Lodge, Chapter 10, paragraph 4.10.1."

2 – A second resolution passed that amended the P&P to allow local lodges "to hold meetings (P&P par. 4.9.2.) and elections (P&P par. 4.11.5.) utilizing mail, electronic communications, teleconferences, other methods of electronic or internet-based communication or any combination thereof" when they are not able to meet in person. Specific procedures will need to be followed and will be outlined in the official notification to all lodges that should be out by the time you read this.

3 – Our next goal, currently under review, is a resolution that will amend the P&P to require background checks for any leaders, such as youth directors, group leaders and camp staff, that will Page 20 | 24 have direct access to children. This will be organization-wide and loosely patterned after the background check requirements as implemented by D2 for camp-related staff and visitors.

4 – Additionally, we have created an updated bylaws template that should be available for lodge use soon. Two



significant changes are the addition of compliance and dissolution clauses. It is recommended that all lodges make sure that these two clauses are in their bylaws or update as needed. If you have items that need addressing, relating to the Constitution or Policy & Procedures, please do not hesitate to contact me or any other member of the CMGC and bring it to our attention.

Lastly, I would like to mention that the turnout for the latest referendum was far less than it should have been. I am sure that there is a bit of what I call “referendum fatigue”, but there is ongoing business that needs to be transacted and we do not have the luxury of waiting until the 2022 International Convention. All delegates need to be well aware of the fact that, as a delegate, you are required to remain active, as needed, until the next delegates and alternates are elected in 2022. See C&C 2.6.3. Normally this would be for a two-year period, but this time around, due to COVID, it is a 4-year commitment. There is nothing we can do about this extended service requirement. Those delegates that did not participate in the referendum or have opted out or unsubscribed need to be reminded of this requirement and the extent of their ongoing obligation.

***Home office news: •***

- As of the time of this writing we now have in excess of 1300 agents selling our financial products. This is a huge milestone and far above the goal of 750 set for the biennium.
- Recent educational webinars have been held with over 160 sales agents in attendance. The home office is currently in the contracting process with many more potential new agents. More agents translates directly into more sales of our financial products and increased financial health for the entire organization.
- New sales and marketing materials are being developed. Look for “Who are Sons of Norway”, “Longevity Risk”, “Pre-retirement Checklist” and “Leaving a Legacy”. These publications will help with the recruitment of new members, provide information about us, and help assist members with difficult financial decisions.
- There is focus on making sure that all lodges have access to an Insurance Professional, formerly FBCs. If your lodge has not been covered in the past, please contact the head office to request that an agent is assigned to assist your members.
- The move into the new headquarters building went very well with no major disruptions.
- Due to COVID-19 restrictions most employees are back in the office in shifts for roughly 50% of the week. The balance of time is spent working from home.
- The \$200 new member dinner funds have been received and donated to local food banks and organizations by 30 lodges so far. If your lodge has not participated in this program, please contact the home office for details.
- For those lodges that own property, the D64 form, in editable PDF format, is now available online. This new form is used to report the officers of your building associations and is a different form from the D63 that is used to report officers of the lodge each year. Well that is it for now. I wish you all the best as our lodges are hopefully able to reopen sometime in the unpredictable future and we are able to resume some sense of normalcy.

Stay healthy!

**From the Home Office:**

The COVID-19 crisis has stymied many lodges’ efforts to carry out their business, as they are not able to meet in person to vote on important matters as they usually do. In light of this problem, the delegates to the Sons of Norway Convention, the supreme governing body of Sons of Norway, voted to approve a new referendum. This new referendum will give local lodges the ability to hold referendums via electronic vote or postal mail. This gives lodges the ability to move forward with important business in the face of this unprecedented global health crisis.

In addition to having this option to vote electronically or by post, lodges may also opt to keep their current slate of officers in place for another year if they would like to avoid holding an election this year altogether.

You can find the text of the approved referendum [here](#).

If you have any questions about what this new referendum means for your lodge, please don't hesitate to reach out to with questions.

Fraternally,  
David Crabb



### D63 Officer Updates for 2021

Your lodge's Officer Roster for 2021 should be reported on [sofn.com](https://sofn.com) through a current lodge officer's profile page. These changes are typically registered by the Lodge Secretary. Please indicate your 2021 officers, even if there have been no changes.

#### To notify Sons of Norway headquarters of your 2021 officers:

- Sign on to [com](https://sofn.com) with your username and password.
- As a lodge officer, you will immediately land on your Profile Page.
- Click "Lodge Officer Updates" from the menu to the left of your name.
- To register your 2021 Officer Roster, click on the light gray "Officers" button.
  - To indicate a **change in officer**, delete the member number of the outgoing officer and type in the member number of the incoming officer. (The names will NOT change on the screen at this point.)
  - Adding a completely **new officer position** in 2021? Click "Add a new position" and then enter the title and member number of the person filling the office. Hit Submit. Then hit "Save the Changes."
  - If your lodge is **eliminating a position** in 2021, click the "Remove this position" button for that entry.
  - **No changes?** Click the gray "No Changes for Upcoming Year" button at the top of the page.
- Once you have made ALL your changes, click the "SUBMIT CHANGES" button at the bottom of the page.
- You will see a list of your changes. If they are correct, click "Save the Changes."
- Your 2021 roster of offices has been recorded! **Please note that changes will not be live on the website until 1/15/2021.**

Even though not all lodges will be holding elections this November due to social distancing restrictions, all lodges should affirm or change their lodge officer rosters by December 31, 2020.

**There will be no paper D63 Lodge Officer update forms mailed out this year.**

Please contact Sherry Gorse at 612-821-4643 or [fraternal@sofn.com](mailto:fraternal@sofn.com) with any questions.

## Third District Charitable Trust

### The Charitable Trust—Taking care of our own

#### 2021 marks the 50th Anniversary of The 3rd District Charitable Trust

Unique to our District 3 is the Charitable Trust. Its existence parallels the origins of the Sons of Norway whose purposes and goals were to protect members of Sons of Norway and their families from the financial hardships experienced during times of sickness or death in the family. As reported in the Spring 1971 Sons of Norway Bulletin, a motion made at the 1936 District Convention to start an old age fund became a reality in 1938. Over time, the old age fund became known as the Benevolent Fund. New York, and Brooklyn in particular, was the destination for many Norwegian immigrants. Our Norwegian brethren came with little but the clothes on the back, hearts filled with hope and strong backs ready to work. The newly arrived Norwegians, learning of the Sons of Norway, were drawn to the familiar sounds, tastes and companionship in the Third District lodges. It became apparent that some of the new immigrants needed help over the rough spots and the Benevolent Fund was the mechanism.

Eventually the Benevolent Fund was formalized in 1971 as the Charitable Trust. For over 40 years, the Charitable Trust has provided modest support to District 3 members with subsistence support critical to their physical, social and psychological well-being. The fraternal chain, a symbol of everlasting friendship, is exemplified by the work of the Charitable Trust which provides assistance to our fraternal brothers and sisters in time of need. The need could be as simple as helping with the very high cost of prescription drugs or it could be help getting back on your feet from a devastating loss. A member may need assistance only for a few months or a little longer.

It is comforting to know that the Charitable Trust has assisted members for almost over 540 years. To qualify, a recipient must be a District 3 SON member at least five years, be recommended for a helping hand by a member and complete the application. The selection process and results are confidential. These criteria are then reviewed by the Trustees which include the District Counselor, Financial Administrator and three members at large. The Counselor (Pete Hanson of Norrumbega Lodge) manages the day-to-day business of administering the Charitable Trust and communicates monthly with the beneficiaries who continuously express their gratitude and heartfelt appreciation.

## Celebrate a Merry Norwegian *Jul*!

Christmas, known as *jul* in Norway, is a festive time. Norwegians enjoy getting into the spirit of Christmas, or *julestemning*, with loved ones.

As Norwegian immigrants came to North America in waves during the 19th and early 20th centuries, they continued to celebrate with familiar Christmas customs. Foods and traditions “from home” were passed down through generations in the new land, even as Christmas customs in Norway continued to evolve.

Today in Norway, you’ll hear holiday greetings of *God jul* or *Gledelig jul*. And it’s common to get together and share a friendly dinner called a *julebord* with friends or coworkers prior to the holiday. Most years, many local Sons of Norway lodges in Norway and North America enjoy celebrating with an annual *julebord*.

To learn more about unique Norwegian Christmas traditions to enjoy, Sons of Norway members can read our newest members-only pdf [publication \*Christmas Traditions of Norway\*](#). It includes interesting customs, recipes, and fun activities for your family. You can download the fully interactive pdf version with video and links or simply read online. Accessed through the *Member Resources* area, you may log in and go to the cultural programming page or use the link above to learn more. We are trying something new with this interactive publication--because it is a large pdf file download may take a while, depending on your internet service.



## Christmas Traditions of Norway

How to add festive Nordic fun  
to your family celebration

- Learn about the unique Christmas customs of Norway
- Discover sweet and savory dishes you can make for Christmas



## Third District in the time of quarantine *by Mary Andersen, Bondelandet Lodge, past 3D President*

I borrowed the following from District 2 Zone 5 Director Darrin Lee

" Uansett hvor mye faller på oss, fortsetter vi å pløye fremover. Det er den eneste måten å holde veiene klare på" ("No matter how much falls on us, we keep plowing ahead. That's the only way to keep the roads clear.") — Greg Kincaid

Covid or not, you can't keep a Norwegian from the water.



Gateway to Florida

Ok, all together now, row, row, row, row da boat



There were activities for our land lovers too!



Henrik Ibsen chowing down

*No, we are not going to look at the camera, can't you see we are eating?*



Faerder - two very happy people

*Hmm, what is really in the glasses that is making them sooo happy! Here's to you two too!!! Skål!*



*Hmm, do the faces behind the masks match the pumpkin faces – happy Restauration faces*





*Hudson Valley after  
a lapskaus dinner!*

*Hmm, is that a can  
of fiskeboller I see?*



*Finally, back together  
again!! Look closely  
and you can see them  
smiling behind the  
masks!*

*Troll Lodge*





Bondelandet picnic

*I see winners in the front row! Svein, don't laugh at Rannveig's hat, it is yours after all!*



*On a positive note, the mask means less cookies for me and more for you!!*

Washington Lodge Christmas Event over three weekends











*I'm really not checking on them, I'm working on my abs.*

*Sure, whatever you say*



*Ha ha ha, little do they know that I am making a list and counting it twice*



*Quick, put them out while they are working on their abs, Ja sure.*





*Hhhmmmmmmmm, looks delish*



It's that lutefisk time of year!

To The Tune of *O Christmas Tree*

Original Words: [O Tannenbaum](#), Ernst Gebhard Anschutz, 1824

Adaptation by Red Stangeland



O Lutefisk, O Lutefisk, how fragrant your aroma,  
O Lutefisk, O Lutefisk, you put me in a coma.  
You smell so strong, you look like glue,  
You taste just like an overshoe,  
But lutefisk, come Saturday,  
I tink I eat you anyway

O Lutefisk, O lutefisk, I put you in the doorway.  
I wanted you to ripen up just like they do in Norway.  
A dog came by and sprinkled you.  
I hit him with my overshoe.  
O lutefisk, now I suppose  
I'll eat you while I hold my nose.

O Lutefisk, O lutefisk, how well I do remember.  
On Christmas Eve how we'd receive our big treat of December.  
It wasn't turkey or fried ham.  
It wasn't even pickled Spam.  
My mother knew there was no risk  
In serving buttered lutefisk.

O Lutefisk, O lutefisk, now everyone discovers  
That lutefisk and lefse make Norwegians better lovers.  
Now all the world can have a ball.  
You're better than that Yeritol.  
O lutefisk, with brennevin [Norwegian brandy]  
You make me feel like Errol Flynn.

O Lutefisk, O lutefisk, you have a special flavor.  
O Lutefisk, O lutefisk, all good Norwegians savor.  
That slimy slab we know so well  
Identified by ghastly smell.  
O Lutefisk, O lutefisk,  
Our loyalty won't waver.

Finally, if you are at loss for cultural programs, check out District 5's Nordic News Virtual [http://www.sonsofnorway5.com/programs/speakers\\_bureau.php](http://www.sonsofnorway5.com/programs/speakers_bureau.php). I attended the Nordic News program about Ole Bull along with Norrona President Karre Hansen. D5 Treasurer Mike Palecek graciously extended an offer for us to download their programs. Thanks Mike and District 5, you guys have such great ideas!

Stay Safe Everyone and keep in touch!!!



Erna Gunhild Nelson Collection - 1915

God jul og godt nyttår!