

2010 Third District Convention Committee Suggests  
**EXPLORE YOUR HERITAGE**



**PLAY**

Lancaster and Hershey Park just moments away.

Check <http://www.3dsofn.org> for any additional information. To be held June 9-13, 2010.

We hope you will enjoy the amenities of the convention hotel, the Harrisburg Holiday Inn Hotel and Conference Center, a friendly full-service hotel located just 5 minutes south of Harrisburg in the suburb of New Cumberland. The hotel has easy access to Interstate 83 and Interstate 76 (PA Turnpike). Just 11 miles from Harrisburg International Airport.

Along the shores of the Susquehanna River, Harrisburg has grown from a modest ferry outpost to a picturesque capital city. A burgeoning center for the region's arts and culture, the community offers all the pleasures of an urban metropolis with the warmth and caring associated with Pennsylvania.

**GOLF**



**CULTURE**



*PRIDE OF THE SUSQUEHANNA*

Come catch a summer's breeze on a 45 minute cruise. Enjoy the beautiful, air-conditioned main salon. Grab a root beer or an ice cold beer at the galley and take it topside to the partially covered deck. Listen to the recorded program telling about the history of the area, or just sit and enjoy the sun and breeze as you check out the beautiful Harrisburg Skyline or our majestic Susquehanna River.

**RELAX**



Come together with others who promote and preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to its members

## Free Things To See & Do!

*Budgets. Not always the most welcome word when planning time away, But just because your funds may be limited, doesn't mean your fun has to be! The greater Hershey-Harrisburg area offers an abundance of activities at a price everyone can afford. Here are some picks for free!*

\*\*For a bit of history in the making take a trip to the [Capitol](#) itself Free guided tours of this striking facility showcase architecture inspired by St. Peter's Basilica and the Paris Opera House as well as an up-close look at state government. If you would like to take a free tour of Pennsylvania's Capitol building, call or write the General Assembly's Office Of Capitol Visitor Services at 1-800-TOUR-N-PA (800-868-7672). You will want to reserve your tour as far in advance as possible. Allow 40 minutes for a tour.

\*\*Compared to the **Carlisle Barracks**, Harrisburg's Capitol Complex barely scratches the surface of history. Chosen by George Washington in 1757 to house the country's first arsenal, it's now the nation's second oldest active military post. Tour the 1777 Hessian Guard House (Memorial Day - Labor Day), the Omar N. Bradley Museum (year 'round) and the grounds of the Carlisle Barracks

\*\*Thrill to the excitement of thoroughbred and harness racing every Monday through Saturday afternoon at **Penn National Race Course**. Fans enjoy full card simulcasts from across the country in the comfortable surroundings of the fourth floor clubhouse. Free admission and parking for afternoon simulcast cards.

\*\*Harrisburg's center city shopping complex also attracts crowds with a regular schedule of free entertainment in its atrium.

\*\* You don't have to be an athlete to take on this hike -- just have an appreciation for stunning views. Check out **Peter's Mountain**, north of Harrisburg, near Rt. 147. Miles of the Appalachian Trail await.



\*\*Take a walking tour of the city's impressive mansions and restored townhouses. **Front Street** parallels the Susquehanna's Riverfront Park and architecturally makes the city proud. **Shipoke** is nestled at the very beginning of Front Street and tends to remind visitors of narrow, European style streets with detail and historic accuracy evident in its restorations. Visit the City Government Center, One Market Square, for a brochure.

\*\*Sway to the beat of reggae, soak in sounds of jazz or country's latest hits. Harrisburg's free summer music festivals at **Reservoir Park** offer great musical entertainment, as well as an excuse to walk the grounds of a city park

\*\*The two-block stretch of Harrisburg's Riverfront Park from Emerald Street to Maclay Street is a sanctuary dedicated to the pursuit of peace and the preservation of the Earth. Known as the **Peace Garden**, it features bronze plaques with quotes about peace by renowned statesmen and other dignitaries. Three wrought-iron sculptures by Dr. Frederick Franck are also there.

\*\*To see one of the country's largest collections of Civil War memorabilia, as well as peek into the Commonwealth's past, tour the three floors of the **State Museum of Pennsylvania** in Harrisburg (Third and Forester streets)

*EXPLORE YOUR HERITAGE*

