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WILLY'S PRODUCTS

1601 NW 38th Ave. Fort Lauderdale, FL 33311

office: (954) 316-1350

Fax: (954) 316-1375

Mobile: (954) 461-3985



Zone 5 Memorial Service, Sunday Jan., 29th at 2 PM at Prince of Peace Lutheran Church at 455 Missouri Ave., in Largo. Please bring a dish to share. This year we have several members to honor.

Crew's Lake Park Picnic is on March 31st from 11 AM to 3 PM (set-up at 10 AM). Lodge will supply hot dogs, hamburgers, buns, coffee, charcoal, condiments & utensils. Members bring a dish to share, tablecloths, etc.

**SUN VIKING LODGE # 607
2008 LODGE OF THE YEAR**

SAVE

FLYGEBLADET

**Ron Martinsen – Editor/PD
18544 Water Lily Lane
Hudson, FL 34667**

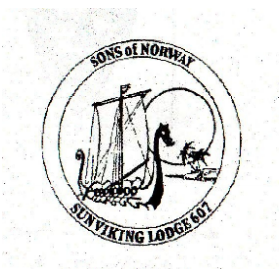
Email – romar8402@aol.com

**HAPPY ANNIVERSARY
HAPPY VALENTINE'S DAY**

STAMPS

for

TUBFRIM





Sons of Norway
Sun Viking Lodge # 3-607
Spring Hill, Florida
2008 Lodge of the Year

February 2012

President	Nellie Larson	727-846-1584
Vice President	Elsie Zuckerman	352-666-2220
Counselor/Cultural Dir.	Gail Martinsen	727-863-3145
Secretary	Randi Haverstrom	352-796-7016
Treasurer	Sallie Nordskog	352-686-9506
Financial Secretary	Clair Eriksen	352-596-2171
Social Director	Gladys Balzarano	727-868-6302
Social Director	Jan Link	352-686-6538
Editor/PD	Ron Martinsen	727-863-3145
Youth Director	Katarina Welsh	352-200-8693

CONVENTION INFORMATION

3rd District Website

<http://3dsofn.org/home.html>

Volume 25 # 2

Monthly Lodge meeting at the Holy Cross Lutheran Church, 6193 Spring Hill Drive (corner of Airmont and Spring Hill Dr.) **on the 2nd Friday of each month at 6:30 PM. Newsletter deadline date 20th of the month.**

Fra Presidenten,

First of all, I want to thank you for your confidence in me by reelecting me your President for 2012. It's an honor & pleasure to serve such a willing, active & joyful membership. The Installation Ceremony was beautifully conducted by Zone 5 Director, our own Gail Martinsen, assisted by Clair Eriksen & Olivia Haaland as Marshalls who stepped in at the last minute because Carol & Phil were unable to come due to illness. Harry Oyangan provided the music on his accordian. The following committee chairpersons were appointed: Sunshine, Clair Eriksen, Membership, Elsie Zuckerman, Scholarship, Sally Nordskog, Adopt-A-School, Jan Link, Tubfrim, Walter Eriksen. Future Chairs will be appointed as required. I understand that we had the pleasure of visitors from many other lodges.

Sun Viking is very fortunate indeed to have so many members interested in Scandinavian Cultural. We have participated in Knitting, Rosemaling, Literature, Hardangar Tatting, Genealogy, Crafts, Exercise & Sports activities encouraged by Sons of Norway. All the Cultural Groups will begin their monthly meetings. Find details in this newsletter.

Now that Christmas & New Years are behind us, we need to look forward to a successful new lodge year. At our January 25th, Board meeting we'll catch up with our Committee reports and upcoming events. I need to remind members that the Zone 5 Memorial Service is January 29, 2012 @ 2:PM @ Prince of Peace Lutheran Church, Largo. Sun Viking has unfortunately lost four of its members last year so it would be nice if we had a large delegation to pay our respect to those departed Sons of Norway members. Please bring a dish to share. At our February 10th meeting we need to elect Delegates to represent Sun Viking at the District Convention in June & we must have any Law or Resolutions proposals submitted to the District Secretary by deadline February 24, 2012. If you wish to be a delegate, do not hesitate to run. Please be thoughtful about your nominations & choose the best candidates to represent Sun Viking lodge.

I reserved Crews Lake Park, Pavilion 2, for our annual Picnic on Saturday, March 31st, 2012 from 10:00 AM to 4:00 PM. So we can discuss & go on with our usual plans for this fun day with family & friends.

I wish you all a happy & prosperous New Year.

Venlig Hilsen, Nellie Larson

February 2012 Third District Today

The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

Fra Presidenten Ralph Peterson

Hei alle sammen! Most of us have put our Christmas decorations away and hopefully we can remember which box we put them in so next year's decorating will be easier.

While some lodges have held installations there still are several more that will happen shortly. I hope that we have large turnouts for these most important events.

While our overall membership has shrunk over the past year, the number of allotted local lodge delegates only dropped by 6. While the total number has dropped we expect a larger delegate turnout at the upcoming convention due to commitments by several lodges who have not attended previous conventions to attend this convention.

The number of visitors to our web site <http://www.3dsofn.org/home.html> continues to grow. In December of 2011 we had 7,889 visitors compared to 5,865 in December 2010. That is a daily average of 258. The same sections continue to draw large crowds i.e. 3D today, the blog, LOV and the schedule of events. We need your help in providing new material to the site. We especially want your local lodge and Zone events to be posted.

The District board could use a little help. If any of you are working with or are familiar with "cloud" storage of files would you please contact me. With one hundred years of files we are having a problem finding a home for all our District documents.

Speaking of being 100 years old there are over thirty 3D members listed as being over 100 years old. We may have a couple members in that group but not this many. If each lodge would check their lodge on the SON web site and correct these obvious errors it would help us out.

But one group that is 100 years old, District Three, is still going strong. We have added more information to the Convention section of the web site <http://www.3dsofn.org/convention/index.html>. In addition to the clothing currently on sale, your lodge should have received several of the convention pins that are for sale at the customary SON rate of \$5. I have to admit that they are among the nicer pins we have seen in a long time so look for them. I am wearing mine today. If you can't find the pin contact the convention chair.

We did make a slight comeback in membership the last quarter of 2011 as did the rest of the SON but we still need to see much more growth. Please take it upon yourself to sign up a member this year and sooner rather than later.

I will be looking forward to meeting you this spring on my travels through the District.

Fraternally, Ralph Peterson, President, District Three, Sons of Norway

BOOSTER CLUB Remember to renew your \$10.00 Booster Membership (per year/family) to help offset publication and distribution expenses. Also, you can have a \$10.00 Booster in Memoriam. Make checks payable to Sun Viking 607 and forward to the editor.

Sonny & Lillian Andersen	10/12	Ron & Gail Martinsen	09/12
George & Gladys Balzarano	09/12	Millie Monaghan	12/11 *
Sylvia Brunette	03/12	Carroll & Connie Moore	11/12
Ann Marie Burkwist	12/12	Vivian Nilsen	03/12
Turid Centineo	01/13	David & Sallie Nordskog	02/13
Walter & Clair Eriksen	04/12	Harry & Joyce Olsen	07/12
Carol Eriksson	01/13	Karl & Eleanor Olsen	10/12
Lorraine Folland	03/12	Lottie Petrucci	02/12
Leo & Grethe Gundersen	02/12	Odd Pedersen	09/13
Karl Hanson	09/12	Ann Schwandt	07/13
Olivia Haaland	03/12	Carlo & Grace Simonelli	04/12
Randi Haverstrom	03/12	Finn & Chrissie Solberg	02/13
Dorothy Helle	03/12	Solveig & Eugene Spuhler	04/12
John & Aud-Helen Hlivyak	11/12	Beverly Sturges	10/12
Lois Jensen	03/12	Rei-Ann Suehring	11/12
Nellie Larson	06/12	Greta Vigre	02/12
Marian Martinsen	10/12	Elsie Zuckerman	03/12

In Memoriam

Howard & Violet Bergesen		Torgeir Lygren	
By Ron & Gail Martinsen	10/12	By Randi Haverstrom	04/12
Arthur & Molly Eriksen		Martin Martinsen	
By Solveig & Eugene Spuhler	05/12	By Ron & Gail Martinsen	10/12
John Lowell Larson		Linda Pedersen By Odd Pedersen	10/13
By Nellie Larson	06/12	Jim Schwandt By Ann Schwandt	07/13
Joe Zuckerman		Gyda & Casper Odegard	
By Elsie Zuckerman	03/12	By Elsie Zuckerman	03/12
Reidar & Astrid Nielsen		Ray Helle By Dorothy Helle	03/12
By Rei-Ann Suehring	11/12	David Burkwist	
		By Annmarie Burkwist	05/12

Gratuler Med Dagen

Katarina Welsh	2/1	Gia DeSena	2/16
Lois Jensen	2/2	Jean-Ann Swenson	2/16
Chrissie Solberg	2/2	Leighan Hoyt	2/18
Hannah Mathieson	2/9	Randi Haverstrom	2/19
Ruth Athorn	2/13	Alvar Swahn	2/22
		Lottie Petrucci	2/28



Rosemaling Group



The next meeting will be on Friday, March 16th, 10:00 A.M. at Lois Jensen's house. We will be rosemaling on pins. Anyone interested is welcome. Any questions call me @ (352) 382-5357

Solveig

Hardanger - Craft's



There will be a meeting on Friday, February 17th, 10:00 A.M. at Lois's home. We will be making Easter baskets for the residents at Consulate Nursing Home and Rehab. Any questions call Lois @ (727) 856-3903.

Social Committee



Our next meeting will be Friday, March 16th @ 1:00 P.M. @ Lois Jensen's house. We will be working on plans for our Syttende Mai Smorgasbord. Any question's call Gladys (727) 868-6302 or Jan (352) 686-6538.

God Bedring



Ed Link is now in Consulate Rehab. in Hudson. Please, remember him with cards and your prayers. Glad to see Chrissie Solberg back after her knee operation. Dorothy Helle is laid up with a sore leg. Notify Clair @ (352) 596-2171 if you know of anyone else who is not well.

Literature & Genealogy Group -



Our next meeting will be Thursday, February 16th @ 1:00 P.M. @ my house. We will be working on genealogy. Any questions call Gail @ (727) 863-3145.

Happy Valentine's Day!



St. Patrick's Day Celebration Friday, March 9th @ 6:30 PM



Corned Beef & Cabbage Dinner

Potatoes, Carrots, Bread, Butter & Ice Cream

Irish Dancing performed by Erin Link

Adults \$15. - Children 13 to 16 \$6. – Children 12 & Under Free

Call Jan 352 686-6538 or Gladys 727 862-6302 by March 6th for

RESERVATIONS



Fastelavn (Shrovetide) 2/19/12



The Sunday before Ash Wednesday is Fastelavn. The Norwegian children eagerly wait for this holiday! They wake up at the crack of dawn on this day and arm themselves with decorated birch branches (fastelavnsris) and go throughout the house switching every "lazy" person they find still in bed. This custom originated in the ancient pagan rite bringing spring's fruitfulness into the villages.

The fastelavnsris are made with great imagination and art. Often the children tie the branches together and use tinsel or red, orange, yellow or green paper streamers to decorate. Other decorations could be a tiny doll tied to the tallest branch or the branches decorated with colored paper flowers.

For every "lazy" person the children "spank" with the fastelavnsris they receive a yummy hot cross bun! Many grownups wake up very slowly, but, they always have a delicious hot cross bun for the children. So, the children always go off happily looking forward to another conquest.



Valentine's Day in Norway - 2/14/12

Valentine's Day in Norwegian is Valentinsdagen. In Norway they celebrate February 14th in the same tradition as the British and Scots. The celebration on Valentine's Day honors the great Saint Valentine and expresses the love. Norwegians celebrate the day with enthusiasm and joy. Like the Americans, the Norwegian's most popular Valentine gifts are flowers, chocolates and cards. Valentine's Day is more popular with the younger generations in Norway. Many people go snowboarding and skiing on this day for a romantic adventure. The hotels and resorts offer special deals for lovers to go skiing up in the breathtakingly beautiful Norwegian mountains. Red roses are still one of the most popular Valentine gifts in Norway. Norwegian women, like American women would love to be treated special on this day! For example, they would love to be served breakfast in bed or have a romantic dinner for two!!



Ha en fin Valentinsdag!



Elling Eielsen - 9/19/1804 - 1/10/1883



Elling Eielsen was born in Voss, Norway on the Sunve Farm. He was raised in the religious training of Hans Nielsen Hauge. He had a religious awakening at 25 years of age and moved to Bergen. There he was an apprentice to a carpenter and a blacksmith and he enlisted in the army. During his time in the army, he became a spiritual leader of his fellow soldiers. In the army, he had his first mission as a lay preacher in 1832. He traveled all over Norway and parts of Denmark for many years as a lay preacher. He was arrested in Denmark and spent a short time in prison.

Elling came to America in 1839 and became an ordained Lutheran minister in 1843. He came to America to train the Fox River settlers and preached his first sermon in Chicago. Under his leadership, a Norwegian Lutheran Church was built at Fox River near Norway, Illinois. Above is a picture of this church with the sanctuary on the second floor and living quarters on the first. He married Sigrid Nilsen Tufte in 1843. 1846 to 1872, Elling Eielsen was pastor at the Jefferson Prairie Settlement in Wisconsin. The Evangelical Lutheran Church in America was founded here in 1846. The Eielsing Synod bears his name. He stayed for the next 30 years with this synod and continued as pastor-at-large throughout the Norwegian/American communities in Wisconsin, Minnesota, South Dakota and Texas. He was a leader in the Haugean state church reform movement. This movement encouraged evangelism and dedicated lay leadership. His piety and support of lay leadership was a dominating influence for a lot of the Upper-Midwest Lutheranism. In 1876, his synod had 24 pastors, 59 congregations and 7,500 members. The synod opposed ritualism, formal worship, clerical vestments and clerical authority. In 2007, there were 2 active churches still affiliated with Eielsen Synod.

Sun Viking Lodge Calendar for 2012 (tentative) **All Lodge Meetings Now 6:30 PM**

Jan. 29 – Zone 5 Memorial Service. 2 PM @ Prince of Peace Lutheran Church at 455 Missouri Ave., Largo.

Bring a dish to share. This year we have several members to honor.

Feb. 10 – Valentines Day – 24th Lodge Anniversary. **Members bring hors d'oeuvres.** Lodge will supply cake.

March 9 – St. Patrick's Day Celebration. Corned beef & cabbage dinner. Adults \$15.00 – Ages 13 to 16 \$6.00 – Children 12 & under free. Irish dancing will be performed by Erin Link.

March 31 – Crew's Lake Park picnic. Pav. 2. Set-up 10 AM. Picnic 11 AM to 3 PM. See cover page of this NL.

April 13 – Easter Celebration. Members bring hot cross buns. There will be an Easter Bonnet Decorating Contest with prizes. Members donate Easter baskets for residents of Consulate Nursing Home.

May 11 – Syttende Mai Celebration. Smorgasbord.

June 15 – Sankthan's Celebration. Indoor hot dog picnic.

July & Aug. – No meetings scheduled.

Sept. 14 – Not decided yet.

Oct. 12 – Cultural Night. Lapskaus dinner.

Oct. ? – Linda Pedersen Picnic.

Nov.3 – Scandinavian Cultural Fair

Nov. 9 – Election of Officer's. Soup dinner.

Dec. 14 – Juletefest.

Jan. 11, 2013 – Installation of Officer's. Members bring open face sandwiches.

Changes, refinements & prices will be added to this calendar as the year progresses.

Board Meetings for 2012 – Wednesday's

1/25 2/22 3/28 4/25 5/23 6/27 9/26

10/24 11/28 **Perkin's 12 noon**



From Ann Krause – Financial Benefits Counselor

Sons of Norway celebrates 117 years

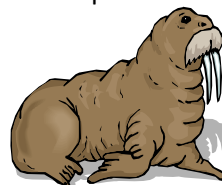
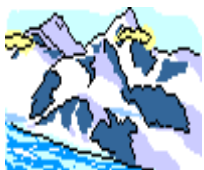
Did your lodge celebrate Sons of Norway Founders Day Jan 16th? It may have passed by unnoticed to many. It is pretty amazing when you think about what was started way back then as a way to help out fellow immigrants and how it has evolved to what we know and enjoy today. Those founding fathers would probably be amazed at the way we provide financial security to our members with sound life insurance products and stable annuities. They might be impressed at our cultural programs keeping alive customs of the old country. The foundation would really help them appreciate how we help our children with education and members dealing with natural disaster. It would be interesting if they were looking in on a social and saw how many women were there and how terrific the food is.

To keep us going and growing strong for another 117 years, we rely on you, our members to support Sons of Norway with your membership and purchase of our financial products. Happy Birthday

Fraternally, Ann Krause, FIC, LUTCF, Financial Benefits Counselor, Sons of Norway, Minot, ND, Sarasota, FL
701-852-5508, 701-720-2755, Email- boat@srt.com

Svalbard

Included in Norway is Svalbard, the arctic islands between 74 & 81 degrees N lat. These islands equal 1/5th of continental Norway. Spitsbergen is the largest of these islands. Spitsbergen's known for its absolutely beautiful views of wild peaks and glaciers. Svalbard has approximately 3,000 people living in both Norwegian and Russian mining communities. During the winter there are approximately 1,000 people still living there. About 400,000 tons of coal are mined every year by the coal mining company in the Longyearby. Polar bears, polar foxes, assorted seal species and walrus can be found on these arctic islands. Polar bears and walrus are protected on these islands.





Solskinnkake (Sunshine Cake)

from "The Complete Scandinavian Cookbook" By Alice B. Johnson

6 eggs, separated	1 1/4 cups sugar
pinch of salt	2 tsp. lemon juice or 1 tsp. lemon extract
grated rind of 1/2 lemon	1 tsp. cream of tartar
1 cup cake flour or 3/4 cup flour	
& 1/4 cup potato flour or cornstarch	

Beat egg whites until frothy & add salt & cream of tartar. Continue beating until stiff. Beat egg yolks until thick & light. To the egg whites add the sugar, all at once, folding it in slowly and carefully. Fold in the beaten yolks, the lemon juice and grated lemon rind. Lastly fold in the flour, which has been sifted 4 times. When well blended, pour into ungreased form or tube pan. Bake in a moderately slow oven (325 to 350) for about 1 hour. When cool, remove from pan over a serving plate and gently shaking until cake is released.

Ice with an icing made of cream, lemon juice, grated lemon rind and enough confectioner's sugar for the required consistency. 8 or more servings.

♥ Sma Vikingar Barnklubben Nyhett! ♥

Hejsan alla! For our February meeting, we will be making Valentine's Day cards with a Scandinavian twist. So, please come prepared to cut, paste, color, and draw and have lots of fun! Don't forget to wear your lodge t-shirt and please practice your words and phrases.

If you have any questions, I can be contacted at (352) 200-8693.

Vi ses snart, Katarina & Carol

😊 Learn Norwegian (You will get a piece of candy for every phrase you can say at our February Barnklubben meeting.)

1. "Vill Du vaere min?" : Will you be mine?
2. "Jeg elsker deg" (Norwegian) : I love you
3. "Kyss" (Norwegian)
4. "Kram" or "klem" : Hug/squeeze



MATROSUPPE (Sailor's Soup)

From "The Complete Scandinavian Cookbook" by Alice B. Johnson

1/2 lb. beef, diced	1/2 cup shredded cabbage
4 small potatoes	1 carrot
1 parsnip	1 stalk celery
1 leek	salt
2 qts. bouillon or water	pepper

Add beef to bouillon or water. If water is used, bouillon cubes may be added before serving. Add shredded cabbage to beef and broth and cook for 1 hour. Add potatoes, carrot and parsnip, diced. Slice celery and leek and add to soup. Cook until vegetables are tender. 6 or more servings.



An interesting fact: In a conversation, the question was asked what did John Huntsman's father do to earn all of his money? By checking, I found that he invented something that made him a **billionaire**. You could never guess what it was! He invented the styrofoam clam shell containers that McDonald's uses for their Big Macs!! I guess any of us, if we put our minds and innovation to it, can come up with a big moneymaker!



Sun Viking's officers repeating their oath.



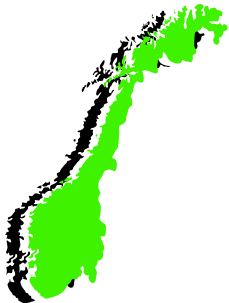
The Support Directors being installed.



The Program Directors being installed.



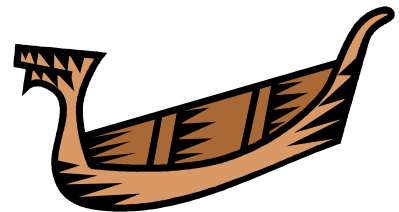
The installation of the Executive Officers.



President Nellie Larson taking the helm after being installed by Zone 5 Director Gail Martinsen.

Due to the price and scarcity of lamb for lamb stew, the menu for the February 10th meeting has been changed to **members bring hors d'oeuvres**. This is Valentine's Day and our lodge's 24th Anniversary. The lodge will supply the cake.

From the 3rd century AD, the Vikings wrote in the form of the runes. While the Vikings had dealings with the Romans they learned the Roman alphabet. This knowledge helped them to develop their runic alphabet further. The characters of the runic alphabet were made with straight lines because they were easier to carve in the wood. Most of the runic writing discovered today are carved in stone. They are eulogies and were built to memorialize their loved ones.



100 Years – A Viking Voyage

Save the Date!!! 20 – 23 June 2012

District 3 Convention & Centennial Celebration – Virginia Beach Convention Center

Virginia Beach, VA

Come Early & Stay Late!

Happy 24th Anniversary Sun Viking Lodge!!!