



North Carolina Vikings

OCTOBER 2011

<http://www.northcarolinavikings.org>



Sons of Norway

Vol. 5, No. 7

NC Vikings Lodge 3-675

PRESIDENT'S MESSAGE

Lodge Officers 2011-2012

President

Mike Tilder
mmtilder@bellsouth.net
(919) 460-9214

**Vice President and
Secretary**

Norman Miller
storminnrmiller@aol.com
(919) 554-0747

Treasurer

Kjell Ottesen
imnorsk@hotmail.com
(919) 848-9152

Cultural Director

Open – we're looking for
someone to fill this
position

Social Director

Kari Crenshaw
karicren@yahoo.com
(919) 781-0302

Membership Secretary

Frank Bell
fbell@nc.rr.com
(919) 787-7063

Newsletter Editor

Cory Quammen
cquammen@gmail.com
(919) 308-1306

Jeg håper virkelig at du nyter den herlige høst været!!

We had a great turnout for September's potluck dinner and everyone really enjoyed the food and the entertainment. Many thanks to Signe Marwede for filling in for Kari and organizing the dinner tables and layout and to Erin Nickelson for teaching us about the Norwegian board game known as Hnefatafl which literally translates into English as 'king's table' and is a chess-like game played by Vikings from around 400 AD.

Our October lodge meeting will feature Meryl Valnes (Sandra Valnes Quammen's father) who will present Norwegian wood carving to us. Meryl has been involved with this Norwegian craft for some time and is looking forward to sharing this craft with us. It will be an enjoyable evening - so come, relax, and listen to Meryl.

Since we will be electing lodge officers in our November meeting, we are seeking members who would like to serve in leadership positions for the Lodge. A nominating committee will be working to develop a set of nominees who will run the NC Vikings lodge over the next few years. We need to still designate a President, Vice President, Secretary, Treasurer, Cultural Director, Social Director and Newsletter Editor for the upcoming year. Yes, current officers can be re-elected! Are you able to help our NC Vikings Lodge be viable in the coming years? If so, please let me or one of the other officers know of your interest.

The Sons of Norway is about all of us - being able to give while sharing it with others. We can continue to be a prosperous lodge as long as we continue to have your participation. So please, step up and get involved.

Fraternally,

Mike Tilder, President
North Carolina Vikings Lodge 3-675

UPCOMING VIKINGS LODGE PROGRAMS AND EVENTS

Lodge Meetings are held in Underwood Hall at Good Shepherd Lutheran Church.

October 27 Norwegian wood carving presentation by Meryl Valnes
November 17 Lodge officer election & genealogy presentation
December 15 Jultre event

CHILDRENS PROGRAM BEGINNING IN OCTOBER

Beginning in October, Erin Nickelson will run some children's programs during the lodge meetings – initially set up for both young and older children. If you are interested in having your children participate in the program, please contact Erin at erik@nickelson.org

GRATULERER MED DAGEN!

October Birthday
10/15 Patricia M Dickerson



HELP PLAN A MEETING

Can you invite a professional or line up an expert or even fun person to help us with cultural programs at our monthly lodge meeting? Call President Mike Tilder at 919-460-9214 to pick a month or activity you can line up for the lodge!

FRIZEN'S FINANCIAL FINDINGS

Case study



Marge's husband Sven passed and left her in good financial standing. She was 70 years old and asked me to stop by so we could do a financial review for her. She told me she had cashed out several CD's and now had \$75,000 in a savings account that she did not need. This was non-qualified money. In other words taxes had already been paid on this money and the small interest it earned each year. Her goal was to leave it to her son and daughter. Both were grown and married with careers. She asked me for some options.

After reviewing her financial situation and confirming that she would be able to leave this entire amount to her children and knowing she was in good health, I asked if she would be interested in turning this \$75,000 into \$140,000 without adding anything else to it. She said yes, of course!!!

We talked about that if she left the \$75,000 to her 2 children they would each receive \$37,500. Then depending on their situations that may be considered as taxable inheritance income, thus lowering what each would receive even more.

Then I showed her how she could take out a Single Premium Whole Life insurance policy from the Sons of Norway for that same \$75,000 with a policy face value of \$140,000.

That way, each of her 2 children would receive \$70,000 and that would be TAX FREE!! She almost doubled what she would leave to her children!! Needless to say, she said let's do it!

The Sons of Norway offers our members several types of Life Insurance. Term Life, Whole Life, and Universal Life. Give me a call so we can discover how the safe and sound financial products the Sons of Norway may be a help to you.

Bruce Frizen
Sons of Norway
Financial Benefits Counselor
704-243-6369 Office
704-578-2592 Cell
bfrizen@horizonbene.com

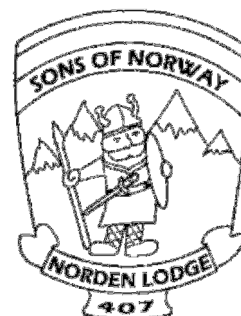
SPECIAL EVENTS AT **BLAFJELL LODGE IN OCTOBER**

Blafjell Lodge, Salem, Virginia is having two special events in October. Put these dates on your calendars. If you have questions, contact Sharon Rohrback, President of Blafjell Lodge at (540) 774-0006.

Friday, October 21, 11:00 am to 1:30 pm: Roanoke's Taste of Culture features Norway this month, at Roanoke's Market in the Square. Reservations not required and the event is free. But we will serve a lunch plate (\$5.00) of lapskaus (stew) or lutefisk; bread or lefse, and cookies. Baked goods will also be for sale.

Saturday, October 22, 3:00-6:00pm: Help us celebrate our Fifteenth Anniversary. Dinner starts 3:30; program starts 4:30. At College Lutheran Church, Salem, VA. Cost \$16.00/\$8.00 for age 12 and under. **Reservations required with payment** by Monday, October 17. Checks payable to Sons of Norway, Blafjell Lodge; sent to Sharon Rohrback, 4420 Belford St SW, Roanoke, VA 24018. Catered salmon dinner by Dining by Dene. Nordic dancing by Meg and Bill from Vikings of the Smokies in Knoxville, TN.

Join our fun!



*On Sunday
April 22, 2012
Norden Lodge 3-407
will be celebrating our
75th Anniversary*

Dinner/Dance at the Huntington Hiltons' Beautiful Savory Room
Route 110 - South off the LIE - North off the Southern State Pkwy.

Featuring the Accomplished Norbert Ludewig Orchestra

Tickets are \$55 per person (\$45 for Norden Members)

Come One, Come All and Celebrate With Us

Cocktail Hour will start at 1PM
Dinner, Entertainment and Festivities 2 to 6 PM

Please make your reservations as soon as possible.
Seating is limited, therefore requiring seating on a first come first serve.

Our Deadline is April 1, 2012

Please make checks payable to: "Norden lodge 407"

Please send checks to Tore Omholt

69 Hazard Avenue

Huntington Station, NY 11746

Any Questions: call Karen Olsen-Helmold at 516-935-0751



MESSAGE FROM THE DISTRICT 3 PRESIDENT

Fra Presidenten Ralph Peterson –

Hei alle sammen. I hope that you had a great summer and were not affected by Irene (Hurricane Irene that is) or any of the other nasty storms that we have so far experienced this season. Hopefully that type of weather is gone for a while.

Following up on my last letter we did see some moose before we left Newfoundland and they were not in the road or my headlights. They were huge and seemed to be as interested in us as we were with them.

As I said before, the trips on Hurtigruten and to L'Anse Aux Meadows, Newfoundland have to be two of the greatest trips that I have made.



The planning for our convention and centennial celebration continues. Thus far only 30 lodges have submitted lodge histories to our Centennial Editor, Asbjorn Lageraaen. For the remaining lodges, please make every effort to send your lodge history to Asbjorn so we have a book with all lodge histories in our centennial book.

By the time you get this letter we should have a “convention /centennial page” on the web site. We will shortly send you (those with email address listed on the SON web site) a note via our new “constant contact” program with more info on the events as well. Over the past month we lost over 100 members but our list of members with email addresses grew by 50. That means that many of you heard my plea and listed your address on the SON web site. Tusen takk. Please continue to do so. Call 1-800-945-8851, ask for membership and they will get your information on the site.

Our web site hit a daily all-time high in early September with 487 visitors logging on. Our August 2011 average was over 230 daily visitors and another 4,800 visitors were on the site compared to August 2010. Please list your lodge events on the web site events calendar. People are looking for events to attend and this will help them and your event. Check here for information on SON travel benefits. <http://www.3dsofn.org/home.html>

Membership loss is a continued concern for the entire order. District 3 has only 10 lodges with positive growth this year. Fredheim with a 19.7 growth factor leads the way. The fall is when we normally grow but this year we must step on the pedal. We need membership tables at every event we can fit into. More and better communications will help keep our members and having a welcome and friendly atmosphere at our meetings will encourage our visitors to join. My challenge remains the same: sign up a new member before the end of the year and I will do the same.

As the time for local lodge elections draws near, I encourage all members to consider running for office. As one member, who is a minister, told her lodge, "If you are asked to serve, say yes." We need enthusiastic and determined leaders and supporters of all ages willing to share their talents.

"Are you taking advantage of the SON travel benefits which include discounted hotels in Norway????"

The SON has negotiated several travel discounts that are yours for the asking. Information on these benefits, which includes promotion codes, is found on the SON web site.

<http://www.sofn.com/members/showPage.jsp?document=memberbenefits/travel.html>

The benefits include the following:

1. 13% Discount at Country Inn and Suites
2. 5% discount with Burtons Travel
3. 10% discount with Icelandic air
4. Up to a 15% discount with Best Western including some Norwegian locations.
5. Up to 20% with Avis and Budget.

There are about 30 Best Western locations in Norway and they are listed on the Best Western web site <http://www.bestwestern.com/reservations/hotels.asp?country=no> Take advantage of these benefits and you will get your dues back and more in just a short time. You can use these benefits as an incentive when you are recruiting new members. A couple nights in a discounted Norwegian Hotel and their dues will be paid for and more.

Fraternally,

Ralph Peterson
President
District Three
Sons of Norway

